

TRINITY COLLEGE FOR WOMEN, NAMAKKAL
DEPARTMENT OF NUTRITION AND DIETETICS
DEPARTMENTAL ACTIVITIES
2025-26

INTERNAL ACTIVITIES

S.NO	DATE	NAME OF THE PROGRAMME	TITLE OF THE PROGRAMME	PROGRAMME DETAILS
1	07.06.2025	WEBINAR	FOOD SAFETY: SCIENCE IN ACTION	Ms.P.SRIRENUGADEVI,AP/N&D, TRINITY COLLEGE FORWOMEN,NAMAKKAL
2	14.07.2025 to 23.07.2025	FOOD EXHIBITION CUM SALE	FOOD MELA	Mrs.ARUNA SELVARAJ, EXECUTIVE DIRECTOR, TRINITY COLLEGE FORWOMEN,NAMAKKAL
3	08.08.2025	OBSERVATION OF WORLD BREAST FEEDING WEEK	PRIORITIZE BREASTFEEDING: CREATE SUSTAINABLE SUPPORT SYSTEMS	Dr. M. MALLIGA KULANDAIVEL, ADVISOR, FINE ARTS STANDING COMMITTEE, INDIAN MEDICAL ASSOCIATION, STATE BOARD & GYNECOLOGIST, THANGAM HOSPITALS AND CANCER CENTRE, NAMAKKAL
4	12.08.2025	SEMINAR	DIGITAL CONNECTIVITY IN RURAL INDIA	Mrs. C. KIRUTHIKA, ALUMNUS (2022- 2025 – B.SC., NUTRITION AND DIETETICS, TRINITY COLLEGE FOR WOMEN, NAMAKKAL) & INCHARGE OF INITIATIVE OF E-GOVERNANCE IN RURAL AREAS, KODIYUR, AKKAMANAHALLI POST, KUPPUR, PAPPIREDDIPATTI ASSEMBLY CONSTITUENCY, DHARMAPURI DISTRICT
5	30.09.2025	WORKSHOP	TECHNIQUES USED IN THE PREPARATION OF BAKERY AND CONFECTIONERY PRODUCTS	Mr. D. RAJKUMAR, PASTRY CHEF, METTUPALAYAM, MUSIRI TALUK, TRICHY DISTRICT AND Mr. D. KALAIYARASAN, PASTRY CHEF, SRM BAKERY, PERUNDURAI, ERODE DISTRICT
6	27.10.2025	SEMINAR	ENTREPRENEURSHIP & INNOVATION AS A CAREER OPPORTUNITY	Ms. K.P. THEEPIKA, WOMEN ENTREPRENEUR & STARTUP FOUNDER, WEAR & LOVELY EMBROIDERY SHOP, VALAYAPATTI ROAD, MOHANUR, NAMAKKAL
7	09.01.2026	EXHIBITION	INAUGURATION OF TRINI DIET CLINIC	Mrs. D. SOPHIADAYANA, SENIOR DIETICIAN, EXPERT IN DIET CONSULTATION, THANGAM HOSPITALS AND CANCER CENTRE, NAMAKKAL

8	19.01.2026	SEMINAR	MEDICAL CODING WORKSHOP ON USAGE OF ARTIFICIAL INTELLIGENCE	Mr.LOGESHWARAN.P, GENERAL MANAGER & TRAINER, THOUGHTFLOWS MEDICAL CODING ACADEMY, MAMANGAM, SALEM-636302. Ms.SUBIKSHA.M, HR EXECUTIVE THOUGHTFLOWS MEDICAL CODING ACADEMY, MAMANGAM,SALEM-636302
9	22.01.2026	SEMINAR	WORKSHOP ON DESIGN THINKING, CRITICAL THINKING & INNOVATION DESIGN (IN FOOD PRODUCT DEVELOPMENT)	Mrs.YAMUNA ANAND, CO- FOUNDER IN ANANDTRONICS & ULAVARANAND, 11B, SELLANDIAMMAN KOVIL STREET, THILLAIPURAM, NAMAKKAL-637001.



TRINITY COLLEGE FOR WOMEN, NAMAKKAL -637002
(PERMANENTLY AFFILIATED TO PERIYAR UNIVERSITY, SALEM.
2f & 12b STATUS GRANTED BY UGC NEW DELHI
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OBSERVANCE OF WORLD FOOD SAFETY DAY-2025

IIC , IQAC & UBA CELL
IN SUPPORT OF THE
DEPARTMENT OF NUTRITION AND DIETETICS

CONDUCT A WEBINAR ON

"FOOD SAFETY : SCIENCE IN ACTION"

RESOURCE PERSON



Ms.P.SRIRENUGADEVI,
ASSISTANT PROFESSOR,
DEPARTMENT OF NUTRITION AND DIETETICS ,
TRINITY COLLEGE FOR WOMEN,
NAMAKKAL-637 002

DATE:07.06.2025

TIME: 11:00 AM

VENUE: GOOGLE MEET

BEST WISHES FROM
Er.K.NALLUSAMY, CHAIRMAN
Er.S SELVARAJ, SECRETARY
Mrs.ARUNA SELVARAJ, EXECUTIVE DIRECTOR
Dr M.R.LAKSHIMINARAYANAN, PRINCIPAL
Mr.N.S.SENTHIL KUMAR,ADMINISTRATIVE OFFICER

WITH REGARDS
IIC, IQAC, UBA CELL
CO-ORDINATORS & MEMBERS
FACULTY MEMBERS AND
STUDENTS OF N&D

Food Safety Day

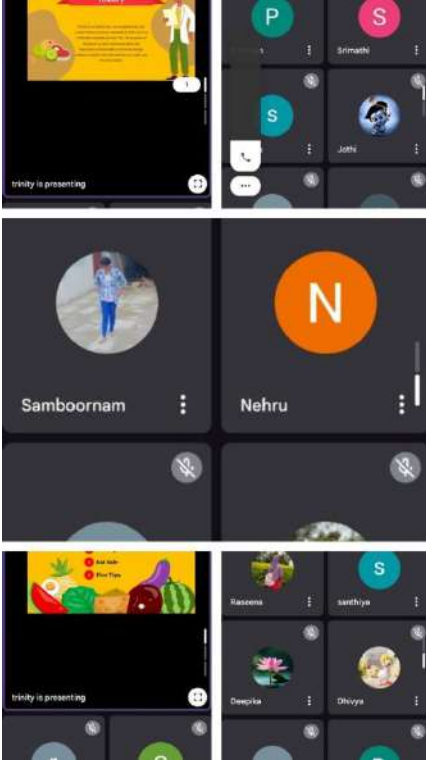
REPORT SUMMARY

CELEBRATIONS OF WORLD FOOD DAY

The Institutions Innovation Council, Internal Quality Assurance Cell & Unnat Bharat Abhiyan Cell, in support of the department of Nutrition and Dietetics, Trinity College for Women, Namakkal, observed an international food day on 07th June 2025.

Ms. P. Sri Renugadevi, Assistant Professor in Nutrition & Dietetics, Trinity College for Women, Namakkal, delivered the topic titled “Food Safety – Science in Action”. It was held through the platform of Google Meet.

Millions of people around the world cannot afford healthy food. It is essential for good health and nutrition, she said. Also, she emphasized the significance of the consumption of fruits, vegetables and millet for a healthy life. Nearly 100 students from the various departments took part.



உலக உணவு பாதுகாப்பு தினத்தை முன்னிட்டு நாமக்கல் - டிரினிடி மகளிர் கலை மற்றும் அறிவியல் கல்லூரியின் நியூட்ரிசன் & டயட்டீசன் துறையானது, உள் தர உறுதி மையம், கல்லூரி புத்தாக்க மையம் மற்றும் உள்ளத பாரத் அபியான் அமைப்பு ஆகியவற்றுடன் இணைத்து "உணவுப் பாதுகாப்பு - அறிவியல் செயலாக்கம்" என்ற தலைப்பிலான இணைய வுழி நிகழ்ச்சியினை தீன்று (07/06/25) நடத்தியது.

நிகழ்ச்சியில் கல்லூரியின் நியூட்ரிசன் & டயட்டீசன் துறையின் உதவிப் பேராசிரியை பி. ஸ்ரீ ரேணுகாதேவி பேசினார்.

ககாதாரமற்ற உணவால் நம் உடலுக்கு ஏற்படும் பாதிப்புகள், சிறு நாளியங்கள், பழங்கள் மற்றும் காய்கறிகள் போன்றவைகளை நாம் உட்கொள்வதால் நமது உடலுக்கு கிடைக்கும் நன்மைகள், மருந்தே உணவாக இல்லாமல் உணவையே மருந்தாக நாம் உண்பதால் உடலுக்கு

NKL TRI NEWS- Namakkal News - 07/06/2025

கிடைக்கும் நோய் எதிர்ப்பு சக்திகள் போன்றவை குறித்து பேசினார். நிகழ்ச்சியில் பல்வேறு துறைகளில் இருந்து ஏறத்தாழ 100 மாணவிகள் கலந்து கொண்டனர்.



உலக உணவு பாதுகாப்பு தினத்தை முன்னிட்டு நாமக்கல் - டிரினிடி மகளிர் கலை மற்றும் அறிவியல் கல்லூரியின் நியூட்ரிசன் & டயட்டீசன் துறையானது, உள் தர உறுதி மையம், கல்லூரி புத்தாக்க மையம் மற்றும் உள்ளத பாரத் அபியான் அமைப்பு ஆகியவற்றுடன் இணைத்து "உணவுப் பாதுகாப்பு - அறிவியல் செயலாக்கம்" என்று தலைப்பிலான இணைய வுழி நிகழ்ச்சியினை தீன்று (07/06/25) நடத்தியது.

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TRY TIMES NKL
Namakkal News
07/06/2025



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DEPARTMENT OF NUTRITION AND DIETETICS
IN ASSOCIATION WITH THE
ENTREPRENEURSHIP DEVELOPMENT CELL &
INSTITUTION'S INNOVATION COUNCIL

ORGANIZES

FOOD MELA
(FOOD EXHIBITION CUM SALE)

DATE:14.07.2025 to 23.07.2025

WITH REGARDS

Er.K.NALLUSAMY, CHAIRMAN
Er.S SELVARAJ, SECRETARY
Mrs.ARUNA SELVARAJ, EXECUTIVE DIRECTOR
Dr M.R.LAKSHIMINARAYANAN, PRINCIPAL
Mr.N.S.SENTHILKUMAR,ADMINISTRATIVE OFFICER

Mrs.R.RUPA-AP/HOD- N&D
Mrs.G.NITHYA-EDC CO-ORDINATOR
Dr.A.VIJAYASARATHI- IIC CO-ORDINATOR
Ms.P.SRIENUGADEVI-AP-N&D
Mrs.S.BHARATHI-AP-N&D
Ms.A.NANDHINI- LAB ASSISTANT - N&D
STUDENTS OF N&D

REPORT SUMMARY

FOOD MELA

The Department of Nutrition and Dietetics, in association with the Institution's Innovation Council, Trinity College for Women organized a Food Exhibition cum Sale on 14.07.2025, 15.07.2025, 16.07.2025, 17.07.2025, 18.07.2025, 21.07.2025, 22.07.2025 & 23.07.2025. Students of this department prepared food in their houses. The various food items, Soya chilli, Pani Pouri, Lemon Juice, Rava Laddu, Masala Sundal, Thattai Vadai, Cauliflower Chilli, Arisi Urundai, Momos, Sweet Poli, French Fries, Badam Milk, Bajji, Onion Chilli, Rose Milk Cool Drinks, Masala Pori, Soya 65, Pineapple, Soya Kola Urundai, and Gulab Jamun were exhibited. Students from different streams of the college actively purchased these food items.

Dr. M.R. Lakshiminarayanan, Principal of the College inaugurated the food mela. The faculty members of Nutrition and Dietetics, Mrs. R. Rupa, Ms. P. Sri Renugadevi, Mrs. S. Bharathi and Ms. A. Nandhini also took part.



TRINITY COLLEGE FOR WOMEN

DEPARTMENT OF NUTRITION AND DIETETICS

STALL PROFIT/LOSS DETAILS

S.No	Date	Name of the student	Class	Recipe	Investment in Rs.	Sales in Rs.	Income in Rs.	Profit / Loss	Sign
1	14.07.2025	R.Lavanya	III N&D	Soya chilli	90	170	80	Profit	<i>[Signature]</i>
2	14.07.2025	M.Jothibharathi, N.Varshini	III N&D	Pani poori	265	300	35	Profit	<i>N. Varshini</i> <i>M. Jothibharathi</i>
3	14.07.2025	G.Srisabitha	II N&D	Rava Laddu	115	215	95	Profit	<i>Sabitha</i>
4	14.07.2025	T.Santhiya	II N&D	Sundal	100	150	50	Profit	<i>Santhiya</i>
5	15.07.2025	S.DhivyaSri, D.Manju, M.Raseena be, M.Kaviya	III N&D	Pani poori	300	500	200	Profit	<i>S. Dhivya Sri</i> <i>D. Manju</i> <i>M. Raseena</i> <i>M. Kaviya</i>
6	15.07.2025	M.Jothibharathi, N.Varshini, J.Jessy	III N&D	Masala Sundal	140	310	170	Profit	<i>N. Varshini</i> <i>M. Jothibharathi</i> <i>J. Jessy</i>
7	15.07.2025	G.Srisabitha	II N&D	French Fries	70	120	50	Profit	<i>Sabitha</i>
8	15.07.2025	T.Santhiya	II N&D	Lemon Juice	80	130	50	Profit	<i>Santhiya</i>
9	15.07.2025	S.Libika	II N&D	Sweet Polf	140	310	170	Profit	<i>Libika</i>
10	16.07.2025	A.Nindhu, T.Santhiya	II N&D	Pani poori	200	480	280	Profit	<i>A. Nindhu</i> <i>Santhiya</i>
11	16.07.2025	A.Nindhu	II N&D	Bajji	40	70	30	Profit	<i>A. Nindhu</i>
12	16.07.2025	T.Santhiya	II N&D	Arisi Urundai	50	100	50	Profit	<i>Santhiya</i>
13	16.07.2025	A.Dharani	II N&D	Cauliflower Chilli	140	200	60	Profit	<i>Dharani</i>
14	16.07.2025	G.Srisabitha	II N&D	Momos	75	135	60	Profit	<i>Sabitha</i>

15	16.07.2025	S.Libika	II N&D	Soya chilli	70	150	80	Profit	Libika
16	16.07.2025	S.Libika	II N&D	Tea	40	110	70	Profit	Libika
17	17.07.2025	T.Gobika, P.Subarthini	I N&D	Thattu Vadai	100	145	45	Profit	T.Gobika P.
18	17.07.2025	M.Jothibharathi, N.Varshini, J.Jessy	III N&D	Masala Puri	165	300	135	Profit	M.Jothibharathi N.Varshini J.Jessy
19	17.07.2025	S.DhivyaSri, D.Manju, M.Raseena be, M.Kaviya	III N&D	Pani poori	50	100	50	Profit	S.DhivyaSri D.Manju M.Raseena be M.Kaviya
20	18.07.2025	T.Gobika, P.Subarthini	I N&D	Thattu Vadai	100	300	200	Profit	T.Gobika P.
21	18.07.2025	T.Santhiya	II N&D	Masala Sundal	60	130	70	Profit	Santhiya
22	18.07.2025	M.Jothibharathi, N.Varshini, J.Jessy	III N&D	Kuli Paniyaram	60	100	40	Profit	M.Jothibharathi N.Varshini J.Jessy
23	18.07.2025	S.DhivyaSri, D.Manju, M.Raseena be	III N&D	Tea, Lemon Juice	150	200	50	Profit	S.DhivyaSri D.Manju M.Raseena be
24	18.07.2025	R.Lavanya	III N&D	Masala Sundal	200	160	-40	Loss	R.Lavanya
25	18.07.2025	M.Jothibharathi, N.Varshini, J.Jessy	III N&D	Soya chilli	165	300	135	Profit	M.Jothibharathi N.Varshini J.Jessy
26	21.07.2025	M.Jothibharathi	III N&D	Pine Apple	30	70	40	Profit	M.Jothibharathi
27	21.07.2025	S.Kaviya, K.S.Jegathambigai A.N.Hasin Mehmuda, S.Libika, M.Mahalakshimi	II N&D	Soya chilli	270	320	50	Profit	S.Kaviya K.S.Jegathambigai A.N.Hasin Mehmuda S.Libika M.Mahalakshimi

28	21.07.2025	T.Santhiya, K.Sri Ishwerya Lakshimi, S.Srimathi, G.SriSabitha, G.Yuvarani	II N&D	Lemon Juice	70	190	120	Profit	Santhiya Srimathi Sabitha Yuvarani
29	21.07.2025	P.Brindha, S.R.Dharani, A.Dharani, M.Divya, S.Fahimitha Banu	II N&D	Cauliflower Chilli	190	250	120	Profit	P.Bij S.R.Dharani A.Dharani M.Divya S.Fahimitha Banu
30	21.07.2025	M.Manoranjini, A.Nindhu, R.Nivitha, M.Preethisha, K.V. Rakshasri	II N&D	Soya Kola Urundhai	110	150	40	Profit	M.Manoranjini A.Nindhu R.Nivitha K.V.Rakshasri
31	22.07.2025	T.Santhiya, K.Sri Ishwerya Lakshimi, S.Srimathi, G.SriSabitha, G.Yuvarani	II N&D	Sundal	75	140	65	Profit	Santhiya Srimathi Sabitha Yuvarani
32	22.07.2025	P.Brindha, S.R.Dharani, A.Dharani, M.Divya, S.Fahimitha Banu	II N&D	Bajji	70	205	135	Profit	P.Bij S.R.Dharani A.Dharani M.Divya S.Fahimitha Banu
33	22.07.2025	S.Kaviya, K.S.Jegathambigai A.N.Hasin Mehmuda, S.Libika, M.Mahalakshimi	II N&D	Rose Milk	120	200	80	Profit	Kaviya Jegathambigai Hasin Libika Maha
34	22.07.2025	Common	III N&D	Lemon Juice	60	100	40	Profit	P.Bij
				Soya chilli	240	390	150	Profit	S.R.Dharani
				Masala Sundal	180	230	50	Profit	R.Lad
35	23.07.2025	P.Brindha, S.R.Dharani, A.Dharani, M.Divya S.Fahimitha Banu	II N&D	Bajji	90	260	170	Profit	P.Bij S.R.Dharani A.Dharani M.Divya S.Fahimitha Banu

36	23.07.2025	S.Kavika, K.S.Jegathambigai A.N.Hasin Mehmuda, S.Libika, M.Mahalakshimi	II N&D	Soya chilli	200	350	150	Profit	Kariya Seyi Hain Libika Maha
37	23.07.2025	T.Santhiya, K.Sri Ishwerya Lakshmi, S.Srimathi, G.SriSabitha, G.Yuvarani	II N&D	Rava Laddu	110	140	30	Profit	Santhiya Srimathi Sabitha Yuvarani
38	23.07.2025	K.V.Rakshasri, R.Nivitha	II N&D	Badam Milk	110	160	50	Profit	R.Nivitha KV.Rakshasri
39	23.07.2025	P.Brindha, S.R.Dharani, A.Dharani, M.Divya S.Fahimitha Banu	II N&D	Sundal	70	140	70	Profit	P.Brindha S.R.Dharani A.Dharani S.Fahimitha Banu
40	23.07.2025	A.Nindhu, M.Manoranjini, M.Preethisha	II N&D	Pani poori	180	390	210	Profit	A.Nindhu M.Manoranjini M.Preethisha


 31-7-25
 Principal,
 Trinity College for Women (Arts & Science),
 Namakkal - 637 002.



TRINITY COLLEGE FOR WOMEN
(Arts and Science),
NAMAKKAL – 637 002, TN state, India.

www.trinitycollegenkl.edu.in

OBSERVATION OF WORLD BREAST FEEDING WEEK (1ST August to 07th August)

The theme for World Breastfeeding Week 2025 -
"Prioritize Breastfeeding: Create Sustainable Support Systems"

Date – 08/08/2025 (Friday) – 2 PM

Venue – Seminar Hall, Trinity College for Women, Namakkal
National Service Scheme, Youth Red Cross, Red Ribbon Club, Trinity
Women's Forum, Annat Bharat Abhiyan Cell,
in support of the department of Nutrition and Dietetics,
Trinity College for Women,

Together with

M/s. Thangam Hospitals and Cancer Centre, Namakkal, Indian Medical
Association, Namakkal – Women's Wing & Inner Wheel Club, Namakkal

Conduct an

**"Awareness program cum Cooking Competition & Poster
Presentation Competition"**



REPORT SUMMARY

OBSERVATION OF WORLD BREAST FEEDING WEEK (1ST August to 07th August)

On account of the observation of World Breastfeeding Week, National Service Scheme, Youth Red Cross, Red Ribbon Club, Trinity Women's Forum, Unnat Bharat Abhiyan Cell, in support of the department of Nutrition and Dietetics, Trinity College for Women, together with M/s. Thangam Hospitals and Cancer Centre, Namakkal, Indian Medical Association, Namakkal – Women's Wing & Inner Wheel Club, Namakkal conducted an "Awareness programme & cooking and paper presentation competitions" on 08th August 2025 on the college campus.

The theme for World Breastfeeding Week 2025 -	"Prioritize Breastfeeding: Create Sustainable Support Systems".
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The title of the cooking competition – Nutritious recipe for breastfeeding mother

The topic of the poster presentation – Importance of Breastfeeding

Dr. M.R. Lakshiminarayanan, Principal, Trinity College for Women, Namakkal, presided over the programme. Dr. M. Malliga Kulandaivel, Advisor, Fine Arts Standing Committee, Indian Medical Association, State Board & Gynecologist, Thangam Hospitals and Cancer Centre, Namakkal, was the special invitee.

Mrs. E.S. Divya, Yagna Pregnancy Centre, Lactation Consultant, Namakkal, emphasized the significance of breastfeeding. Breast milk provides essential nutrients for physical growth and brain development, she also added.

Mrs. D. Sophidayana, Nutritionist, Thangam Hospitals and Cancer Centre, Namakkal was the judge of the cooking event. Mrs. Vithya Manikandan, President, Mrs. Anugraha Shayileash, Secretary, Mrs. B. Laavanya, Badrinathan, Treasurer, Mrs. Selvi Chinnasamy, Member, Inner Wheel Club of Namakkal were the referees for the poster presentation.

23 students of Trinity College for Women took part in the cooking competition and 21 students participated in the breastfeeding poster presentation competition.

Prize winners of Breastfeeding competitions

Name of the Competition	Details of Prize	Details of Prize winners
Cooking	First Prize	Ms. A. Shalini, Second year B.Sc., Computer Science , Trinity College for Women, Namakkal
Cooking	Second Prize	Ms. H. Raseena Bee, Third Year B.Sc., Nutrition and Dietetics , Trinity College for Women, Namakkal
Cooking	Third Prize	Ms. S. Vaishali, Third Year B.Sc., Costume Design and Fashion, Trinity College for Women, Namakkal
Cooking	Fourth Prize	Ms. S. Kavipriya, First Year BCA Trinity College for Women, Namakkal
Cooking	Fifth Prize	Ms. A. Archana, First Year BCA Trinity College for Women, Namakkal

Name of the Competition	Details of Prize	Details of Prize winners
Poster Presentation	First Prize	Ms. D. Manju, Third Year B.Sc., Nutrition and Dietetics, Trinity College for Women, Namakkal
Poster Presentation	Second Prize	Ms. S.Deepika, Third Year B.Sc., Nutrition and Dietetics, Trinity College for Women, Namakkal
Poster Presentation	Third Prize	Ms. M. Jothibharathi, Third Year B.Sc., Nutrition and Dietetics, Trinity College for Women, Namakkal
Poster Presentation	Fourth Prize	Ms. R. Mohana Sri, First Year B.Sc., Physics, Trinity College for Women, Namakkal
Poster Presentation	Fifth Prize	Ms. J. Jessey, Third Year B.Sc., Nutrition and Dietetics, Trinity College for Women, Namakkal

Around 100 students actively took part in that programme and gained valuable information about the significance of breastfeeding and its advantages.

TRINITY COLLEGE FOR WOMEN, NAMAKKAL

Date – 29th July 2025

CIRCULAR FOR THE STUDENTS

Due to observation of World Breastfeeding Week, the National Service Scheme, Youth Red Cross, Red Ribbon Club, Trinity Women's Forum, Unnat Bharat Abhiyan Cell, in support of the Department of Nutrition and Dietetics, Trinity College for Women, Namakkal, together with the M/s. Thangam Hospitals and Cancer Centre, Namakkal, Inner Wheel Club, Namakkal and Namakkal Indian Medical Association - Women's Wing are going to jointly celebrate the world breastfeeding week programme on 08th August 2025 (Friday) @ 10 AM.

The theme for World Breastfeeding Week 2025 is "Prioritize Breastfeeding: Create Sustainable Support Systems".

In this regard, a cooking competition and poster presentation competitions will be held on that date (08.08.2025) in our College premises.

Interested students are asked to enroll your name either Mrs. R. Rupa, Assistant Professor and Head, or Ms. P. Sri Renugadevi, Assistant Professor of Nutrition and Dietetics of our College.

Rules and Regulations of Cooking competition	Poster Presentation
1. Single participation will be allowed	1. Participants have to bring all the necessary items on their own.
2. Participants have to bring all the ingredients required to prepare any one recipe (Snacks/Main Course/Dessert/others).	Participants have to complete the poster presentation in the given timeframe (one hour) based on the theme "Prioritize Breastfeeding: Create Sustainable Support Systems".
3. Participants have to prepare one nutrition recipe for lactating (breastfeeding) women.	2. Participants must take a poster from scratch.
4. Only a stove and water for cooking will be provided.	3. Single display for every participant
5. No preparation is allowed, and they have to prepare in a food science laboratory (Room No 8).	4. Judgement will be based on presentation, theme and catch slogans.
6. Judgement will be based on nutritive value, presentation, display and explanation.	

Last date for Registration – 01st August 2025.

- First, second and third prizes will be given to the best presenters.

[Signature] 29/7/25
Principal,
Trinity College for Women (Arts & Science),
Namakkal - 637 002.







உலகத் தாய்ப்பால் வாரத்தை முன்னிட்டு நாமக்கல் - டிரினிடி மகளிர் கலை மற்றும் அறிவியல் கல்லூரியில் தாய்ப்பால் விநியோகத்துக்கு ஊட்டச்சத்து உணவு தயாரித்தல் மற்றும் சத்துணவு தொடர்பான கவனமூட்டி போட்டிகள் 08/08/25 அன்று நடைபெற்றது.

திகழ்ச்சிக்கு கலந்துறி முதல்வர் எம். ஆர். வி.வந்தராயன் தலைமை தாங்கினார்.

NKL TRI NEWS Namakkal News

இந்திய மருத்துவக் கழகம் - தமிழ்நாடு பிரிவின் துணைத் தலைவர் குழு ஆலோசகரும், நாமக்கல் - தங்கம் மருத்துவமனையின் மலர்மேறு மருத்துவமனை மலர்மேறு குழந்தைமேல் சிறப்பு அமைப்பாளர் கலந்து கொண்டார்.

நாமக்கல் - பாக்கள கருத்தரிப்பு மைய ஆலோசகர் எ. எஸ். திவ்யா, தாய்ப்பால் முக்கியத்துவம் மற்றும் பிறந்த குழந்தை ஆரோக்கியமானதாக, அறிவுகூர்மையுடன் திகழ இதன் அவசியத்தையும் எடுத்துரைத்தார்.

திகழ்ச்சியில் பங்குபெற்ற தாய்ப்பாலைக் குறித்து உணவு தலைவியான உணவு தயாரித்தல் போட்டியும், ஊட்டச்சத்து குறித்த கவனமூட்டி போட்டிகளும் நடைபெற்றன. இந்த உணவு தயாரித்தல் போட்டிக்கு நடுவராக நாமக்கல் - தங்கம் மருத்துவமனையின் ஊட்டச்சத்து நிபுணர் டி. ரோயியா பங்காளரும், கவனமூட்டி போட்டிகளுக்கு நடுவர்களாக நாமக்கல் - இவ்வழியில் சந்திதின் தலைவர் விஜயா மாணிக்கன், செபைர் அலுவலர் ஸாபேஷ், பொருளாளர் ஸாவண்யா மதீராநாதன், அதன் உறுப்பினர் செல்வி சின்னைய்யும் பங்கேற்றனர்.

இதில் 23 மாணவிகள் உணவு தயாரித்தல் போட்டியில் பங்கு கொண்டன. இதில் முதல் ஐந்து இடங்களை ஏ. ஏன்யாவி, டி. ரீஷா பி, எஸ். சைலாவி, எஸ். கவிதா மற்றும் ஏ. அர்ச்சன ஆகியோர் பெற்றனர்.

கவனமூட்டி போட்டிகளில் 21 மாணவிகள் கலந்து கொண்டதில் முதல் ஐந்து இடங்களை டி. மஞ்சு, எஸ். திவ்யா, எம். ஜெதிராஜ் ஆர். மோகனாஜி மற்றும் ஜே. ஜெகதி ஆகியோர் பெற்றனர்.

திகழ்ச்சியில் தாய்ப்பால் துறையின் உதவிப் பேராளியைப் போட்டு ரூபா, பி. கு. ஜெனாஜேவி, எஸ். பாதி, ஏ. நந்தினி, கல்யாணம், யசின் துறையின் உதவிப் பேராளியைப் போட்டு பவித்ரா, ஆர். விஜயலிங்கா, எஸ். சைலாவி, எஸ். பிந்திதா, என்.எஸ்.எஸ். அருண்வர், டி. கோவின, ஆர்.ஆர். அருண்வர் எஸ். கலைவாணி, உன்னத பாரத் அபிபாஸ் அமைப்பின் ஒருங்கிணைப்பாளர் எஸ். ஜேமயதா உட்பட 100-க்கும் மேற்பட்ட மாணவிகள் கலந்து கொண்டன.

11/08/25

On account of the observation of world breastweek (Aug 1-7), Trinity College for Women, Namakkal conducted an awareness programme of "Cooking and Paper Presentation Competitions" held in the college premises on 8th August 2025.

The title of the cooking competition - Nutrition Recipe for Breastfeeding Mothers.

The topic of the paper presentation - Importance of Breastfeeding.

Dr. M. R. Lakshminarayana, Principal, Trinity College for Women, Namakkal presided over the programme.

Dr. M. Malliga Kulandaivel, Advisor, Fine Arts Standing Committee, Indian Medical Association, State Board & Chief Medical Practitioner, Thangam Hospitals and Cancer Centre, Namakkal, was the special invitee.

Mrs. E. S. Divya, Yagna Pregnancy Centre, Lactational Consultant, Namakkal, emphasised the significance of breastfeeding. Breast milk provides required nutrients for physical growth and brain development, she also added.

Mrs. D. Soghidayana, Nutritionist, Thangam Hospitals and Cancer Centre, Namakkal was the judge of the cooking event. Mrs. Vithya Manikandan, President, Mrs. Anuragha Shylash, Secretary, Mrs. Lavanya Badrinathan, Treasurer, Mrs. Seki Chinmayi, Member, Inner Wheel Club of Namakkal were the referees.

23 students actively took part in the cooking competition. The top five winners were Ms. A. Shalini, Ms. H. Raseena Bee, Ms. S. Vaishali, Ms. S. Kavipriya, Mrs. A. Archana.

Prizes given by the special invitees.

The faculty members of Nutrition and Dietetics, Mrs. R. Rupa, Ms. P. Sri Renukadevi, Mrs. S. Bharathi, Ms. A. Nandini, the faculty members of Costume Design and Fashion, Mrs. A. P. Pavithra, Ms. R. Vijaya Prathiba, Ms. S. Vaisnavi, Ms. S. Prathibha, the NSS Programme Officer, Mrs. V. Golela, The Programme Officer of IRC, Dr. S. Kalavani, the Coordinator of IBA Cell, Mrs. S. Hemalatha along with 100 students participated in that prize distribution function.



TRY TIMES NKL
Namakkal News
11/08/25

Reply

TRINITY COLLEGE FOR WOMEN, NAMAKKAL
OBSERVATION OF WORLD BREASTFEEDING WEEK-2025

POSTER PRESENTATION

S.No	NAME	CLASS & DEPARTMENT	LOT NO	SIGNATURE
1	GOWSHIGA.D	III BA ENGLISH	14	D. Gowshiga
2	MOGANA SRLR	I B.Sc PHYSICS	11	D. Mogana Sri
3	MONISHA.M	III B.Sc CHEMISTRY	12	M. Monisha
4	SANDHIYA.M	I M.Sc CS	19	M. Santhya
5	MANGAIKARASI.S	III B.Com (CA)	3	S. Mangai
6	MOHANAPRIYA.G	III B.Com (CA)	4	G. Mohanapriya
7	GOBIKA.T	I B.Sc N&D	8	T. Gobika
8	HASIN MEHMUDA.A.N	II B.Sc N&D	10	H. Hasin
9	DEEPIKA.S	III B.Sc N&D	21	S. Deepika
10	JESSY.J	III B.Sc N&D	7	J. Jessy
11	JOTHIBHARATHI.M	III B.Sc N&D	15	M. Jothibharathi
12	LAVANYA.R	III B.Sc N&D	16	R. Lavanya
13	MANJU.D	III B.Sc N&D	20	D. Manju
14	NISHA.A	III B.Sc N&D	18	A. Nisha
15	SHARUMATHI.K	III B.Sc N&D	17	K. Sharumathi
16	SHARMILADEVI.K	I B.Sc CDF	2	K. Sharmiladevi
17	SAMARSHINI.A	I B.Sc CDF	13	A. Samarthini
18	SANJEETHA.J	II B.Sc CDF	6	J. Sanjeetha
19	SAMEEHA.S	II B.Sc CDF	5	S. Sameeha
20	DHEETCHIKAA.S	II B.Sc CDF	9	S. Dheethika
21	KARTHIKA.B	II B.Sc CDF	1	B. Kartika



Principal,
Trinity College for Women (Arts & Science),
Namakkal - 637 002.

TRINITY COLLEGE FOR WOMEN, NAMAKKAL
OBSERVATION OF WORLD BREASTFEEDING WEEK-2025
COOKING COMPETITION

S.No	NAME	CLASS & DEPARTMENT	LOT NO	SIGNATURE
1	ABINAYA.S	I BA TAMIL	4.	S. Abinaya
2	MITHRA.V	I BA TAMIL	23	V. Mithra
3	SUNDARAPRIYA.M	III BA ENGLISH	1	M. S. Priya
4	MUZAYYINE BEGUM.A	II M.Sc MATHS.	16	A. Mumf
5	SRIJA.R	III B.Sc CHEMISTRY	11	R. Srija
6	RITHIKA.S	III B.Sc CS	9	S. Rithika
7	NEENA.P	III B.Sc CS	3	P. Neena
8	SALINI.A	II B.Sc CS	7	Sb. Salini
9	ZUVARIYA THAASIN.S	I BCA	5	S. Zuvaryapathy
10	KAVIPRIYA.S	I BCA	17	S. KAVIPRIYA
11	NISHA.E	I BCA	6	Nishig. E
12	ARCHANA.A	I BCA	20	A. Archana
13	SUBARTHINI.P	I B.Sc N&D	19	P. Sub
14	DEEPIKA.S.L	I B.Sc N&D	10	Deepto S. I
15	SRI SABITHA.G	II B.Sc N&D	21	G. Sri Sabitha
16	LIBIKA.S	II B.Sc N&D	22	S. Libika
17	NIDHU.A	II B.Sc N&D	2	A. Nidhu
18	RAKSHASRI.K.V	II B.Sc N&D	13	K.V. Rakshasi
19	DHIVYA SRI.S	III B.Sc N&D	8	S. Dhivya
20	KAVIYA.M	III B.Sc N&D	12	M. K. V
21	RASEENA BE.M	III B.Sc N&D	18	M. Raseena
22	NARTHIKA.B	I B.Sc CDF	14	B. Nanthika
23	VAISHALI.S	II B.Sc CDF	15	S. Vaishali


Principal,
 Trinity College for Women (Arts & Science),
 Namakkal - 637 002.

TRINITY COLLEGE FOR WOMEN, NAMAKKAL
OBSERVATION OF WORLD BREASTFEEDING WEEK-2025
POSTER PRESENTATION
WINNERS LIST

S.No	NAME & YEAR OF THE STUDENT	PLACE
1	Manju . D III B.sc N2D	I
2	Deepika . S III B.sc N2D	II
3	Jothi Bharathi . M III B.sc N2D	III

4. Mogana Sni . R
2 B.sc Physics IV

5. Jessy . J
III B-sc N2D V

SIGNATURE OF JUDGES

Handwritten signatures of judges



TRINITY COLLEGE FOR WOMEN, NAMAKKAL -637002
(PERMANENTLY AFFILIATED TO PERIYAR UNIVERSITY, SALEM)
2(f) & 12(b) STATUS GRANTED BY UGC NEW DELHI
AND NAAC ACCREDITED BY A+ GRADE

DEPARTMENT OF NUTRITION AND DIETETICS

IN SUPPORT OF

TRINITY COLLEGE ALUMNI ASSOCIATION,
INTERNAL QUALITY ASSURANCE CELL,
INSTITUTION'S INNOVATION COUNCIL,
TRINITY COLLEGE FOR WOMEN

CONDUCTS A PROGRAMME ON

DIGITAL CONNECTIVITY IN RURAL INDIA



Mrs.C.KIRUTHIKA
(ALUMNUS 2022-2025 - B.Sc N&D)
TRINITY COLLEGE FOR WOMEN, NAMAKKAL
&
INCHARGE FOR INITIATIVE OF
E-GOVERNANCE IN RURAL AREAS
4/268, KODIYUR, AKKAMANAHALLI POST,
KUPPUR-636-704
PAPPIREDDIPATTI ASSEMBLY CONSTITUENCY
DHARMAPURI DISTRICT

DATE:12.08.2025

VENUE: Room Number -7

IN THE BLESSINGS OF

Er.K.NALLUSAMY, CHAIRMAN
Er.S SELVARAJ, SECRETARY
Mrs.ARUNA SELVARAJ, EXECUTIVE DIRECTOR
Dr.M.R.LAKSHIMINARAYANAN, PRINCIPAL
Mr.N.S.SENTHIL KUMAR, ADMINISTRATIVE OFFICER

WITH REGARDS

Mrs R.RUPA , AP&HOD/N&D
Ms.P.SRIRENUGADEVI, AP/N&D
Mrs.S.BHARATHI, AP/N&D
Ms.A.NANDHINI-LAB ASSISTANT &
ALONG WITH
CO-ORDINATOR &
REPRESENTATIVES OF IQAC, IIC

REPORT SUMMARY

PROGRAMME ON DIGITAL INDIA

The Department of Nutrition and Dietetics, in support of Trinity College Alumni Association, Internal Quality Assurance Cell and Institutions' Innovation Council, Trinity College for Women, Namakkal conducted a programme entitled "Digital connectivity in rural India" on 12th August 2025 in the College campus.

Mrs. C. Kiruthika, Alumnus (2022-2025 – B.Sc., Nutrition and Dietetics, Trinity College for Women, Namakkal) & Incharge of Initiative of E-Governance in Rural Areas, Kodyur, Akkamanahalli Post, Kuppur, Pappireddipatti Assembly Constituency, Dharmapuri District was the special invitee.

Nearly 70 percent of Indians live in rural India. But, digital India is not fully covered in all the places properly. Now, for the past few years, technology has been rapidly developed in villages. Sensor drones and GPS systems are very helpful to farmers. Electronic Services like E-Governance, high speed internet services, digital literacy programme, etc., are needed by the people of villages, she said. The faculty members of Nutrition and Dietetics, Mrs. R. Rupa, Ms. P. Sri Renugadevi, Mrs. S. Bharathi and Ms. A. Nandhini made arrangements.

2(f) & 12(b) STATUS GRANTED BY UGC NEW DELHI
AND NAAC ACCREDITED BY A+ GRADE

DEPARTMENT OF NUTRITION AND DIETETICS

IN SUPPORT OF
TRINITY COLLEGE ALUMNI ASSOCIATION,
INTERNAL QUALITY ASSURANCE CELL,
INSTITUTION'S INNOVATION COUNCIL,
TRINITY COLLEGE FOR WOMEN
CONDUCTS A PROGRAMME ON
DIGITAL CONNECTIVITY IN RURAL INDIA



Mrs. E. KIRUTHIKA
(ALUMNUS 2023-2025)
B.Sc NUTRITION AND DIETETICS
TRINITY COLLEGE FOR WOMEN, NAMAKKAL
&
INCHARGE FOR INITIATIVE OF
E-GOVERNANCE IN RURAL AREAS,
4/266, KODIYUR, AKKAMANAHALLI POST,
KUPPUR-636 704,
PAPPIREDDIPATTI ASSEMBLY CONSTITUENCY,
DHARMAPUR DISTRICT.

DATE: 12.08.2025
VENUE: Room Number -7 (Main Block)

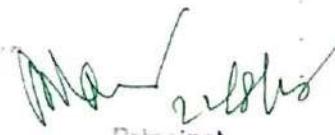
WITH THE BLESSINGS OF
Dr. R. NALLURAMY, CHAIRMAN
Dr. S. SELVARAJ, SECRETARY

WITH REGARDS
Mrs. R. EUPA, APOHOD/ND
Ms. P. SRINIVASDEVI, AP/ND
Ms. S. BHARATHI, AP/ND



TRINITY COLLEGE FOR WOMEN, NAMAKKAL
DEPARTMENT OF NUTRITION AND DIETETICS
DIGITAL CONNECTIVITY IN RURAL INDIA

S.No	NAME	SIGNATURE
1	DEEPIKA S.L	Deepika S.L.
2	GOBIKA.T	T. Gobi
3	RAJESWARL.J	J. Rajeswar
4	SUBARTHINI.P	P. Subar
5	BRINDHA.P	P. Brindha
6	DHARANI.A	A. Dharani
7	DHARANI.S.R	S.R. Dharani
8	DIVYA.M	M. Divya
9	FAHIMITHA BANU.S	S. Fahimitha
10	HASIN MEHMUDA.A.N	N. Hasin
11	JEGATHAMBIGAI.K.S	S. Jegathambigai
12	KAVIYA.S	S. Kaviya
13	MAHALAKSHMI.S	S. Mahalakshmi
14	MANORANJANI.M	M. Manoranjani
15	NINDHU.A	A. Nindhu
16	NIVITHA.R	R. Nivitha
17	PREETHISHA.M	M. Preethisha
18	SANTHIYA.T	T. Santhiya
19	SHRE ISHWERYA LAKSHMI.K	K. Shre Ishwerya
20	SRIMATHI.S	S. Srimathi
21	SRISABITHA.G	G. Srisabitha
22	DEEPIKA.S	S. Deepika
23	DHIVYA SRI.S	S. Dhivya Sri
24	JESSY.J	J. Jessy
25	JOTHIBHARATHI.M	M. Jothibharathi
26	KAVIYA.M	M. Kaviya
27	LAVANYA.R	R. Lavanya
28	MANJU.D	D. Manju
29	NISHA.A	A. Nisha
30	RASEENA BE.M	M. Raseena Be
31	SHARUMATHI.K	K. Sharumathi
32	VARSHINI.N	N. Varshini


Principal,
Trinity College for Women (Arts & Science),
Namakkal - 637 002.

TRINITY COLLEGE FOR WOMEN, NAMAKKAL
DEPARTMENT OF COSTUME DESIGN NAD FASHION
DIGITAL CONNECTIVITY IN RURAL INDIA

S.No	NAME	SIGNATURE
1	AASHA K	Aashf
2	DHAESHINI D	dhaeshini
3	DHEETCHIKAA S	S.Dhief
4	KSRTHIKA B	B. Kal.
5	KAVYA D	Kavves
6	LAVANYA D	V. Lav.
7	SAJITHA S	Sajitha
8	SAMEEHA S	Self
9	SANDHYA K	Sandhya
10	SANJEETHA J	Sanjeetha
11	SANMATHI JEYSIHA N	Sanmathi
12	THANISHKA T	T. Thanishka
13	VAISHLI S	Shy.


Principal,
Trinity College for Women (Arts & Science),
Namakkal - 637 002.



TRINITY COLLEGE FOR WOMEN, NAMAKKAL -637002
(PERMANENTLY AFFILIATED TO PERIYAR UNIVERSITY, SALEM.
2f & 12b STATUS GRANTED BY UGC NEW DELHI
AND NAAC ACCREDITED BY A+)

DEPARTMENT OF NUTRITION AND DIETETICS
IN ASSOCIATION WITH THE NUTRI BAKES CLUB
CONDUCTS A WORKSHOP ON

**“ TECHNIQUES USED IN THE PREPARATION OF BAKERY
AND CONFECTIONERY PRODUCTS”**



Mr. D. RAJKUMAR
PASTRY CHEF,
METTUPALAYAM,
MUSIRI (TK),
TRICHY(DT) - 621210



Mr.D. KALAIYARASAN
PASTRY CHEF,
SRM BAKERY, PERUNDURAI,
ERODE (DT)- 638052

DATE:30.09.2025

VENUE: FOOD AND NUTRITION LAB
ROOM NUMBER: 8

IN THE PRESENCE OF
Er.K.NALLUSAMY, CHAIRMAN
Er.S.SELVARAJ, SECRETARY
Mrs.ARUNA SELVARAJ, EXECUTIVE DIRECTOR
Dr M.R.LAKSHIMINARAYANAN, PRINCIPAL
Mr.N.S.SENTHIL KUMAR,ADMINISTRATIVE OFFICER

WITH REGARDS
FACULTY MEMBERS AND
NUTRI BAKES CLUB CO-ORDINATORS
STUDENTS OF N&D

REPORT SUMMARY

WORKSHOP ON PREPARATION OF BAKERY AND CONFECTIONARY PRODUCTS

The Department of Nutrition and Dietetics, in association with the Nutri Bakes Club, Trinity College for Women, Namakkal, conducted a one-day workshop entitled “Techniques used in the preparation of Bakery and Confectionery Products” on 30th September 2025 in the Nut. & Diet. Laboratory.

Mr. D. Rajkumar, Pastry Chef, Mettupalayam, Musiri Taluk, Trichy District and Mr. D. Kalaiyarasan, Pastry Chef, SRM Bakery, Perundurai, Erode District were the special invitees.

They explained the role of bakery ingredients, quality parameters of raw materials, equipment used for production, packaging techniques, testing of finished products, etc. Also, they demonstrated the production of bakery products such as cakes, icing techniques, puffs and breads and its evaluation.

Mrs. R. Rupa, Assistant Professor and Head, the faculty members of Nutrition and Dietetics, Ms. P. Sri Renugadevi, Mrs. S. Bharathi and Ms. A. Nandhini, along with the students of this department took part.



Trinity College for Women
Department of Nutrition and Dietetics

Workshop on preparation of bakery and confectionary products

S. No	Name	Class	Signature
1	BHAKYALAKSHMI.B	I B.Sc N&D	B. Bhakyalakshmi
2	DEEPIKA S.L	I B.Sc N&D	Deepika S.L.
3	GOBIKA.T	I B.Sc N&D	G. Gobi
4	RAJESWARI.J	I B.Sc N&D	J. Rajeswari
5	SUBARTHINI.P	I B.Sc N&D	P. Subarthini
6	BRINDHA.P	II B.Sc N&D	P. Brindha
7	DHARANI.A	II B.Sc N&D	A. Dhara
8	FAHIMITHA BANUS	II B.Sc N&D	F. Fahimitha
9	HASIN MEHMUDA.A.N	II B.Sc N&D	Hasin Mehmuda A.N.
10	JEGATHAMBIGAI.K.S	II B.Sc N&D	K.S. Jegathambigai
11	KAVIYA.S	II B.Sc N&D	S. Kaviya
12	LIBIKA.S	II B.Sc N&D	S. Libika
13	MAHALAKSHMI.S	II B.Sc N&D	S. Mahalakshmi
14	MANORANJANI.M	II B.Sc N&D	M. Manoranjani
15	NINDHU.A	II B.Sc N&D	A. Nindhu
16	NIVITHA.R	II B.Sc N&D	R. Nivitha
17	PREETHISHA.M	II B.Sc N&D	M. Preethisha
18	RAKSHASRI.K.V	II B.Sc N&D	V. Rakshasri
19	SANTHIYA.T	II B.Sc N&D	T. Santhiya
20	SHRE ISHWERYA LAKSHMI.K	II B.Sc N&D	K. Shre Ishwerya
21	SRIMATHI.S	II B.Sc N&D	S. Srimalathi
22	SRISABITHA.G	II B.Sc N&D	G. Srisabitha
23	YUVARANI.G	II B.Sc N&D	G. Yuvarani
24	DEEPIKA.S	III B.Sc N&D	S. Deepika
25	JOTHIBHARATHI.M	III B.Sc N&D	M. Jothibharathi
26	NISHA.A	III B.Sc N&D	A. Nisha
27	SHARUMATHI.K	III B.Sc N&D	K. Sharumathi
28	VARSHINI.N	III B.Sc N&D	N. Varshini

R.H.
30/9/25

Principal,
Trinity College for Women (Arts & Science),
Namakkal - 637 002.



TRINITY COLLEGE FOR WOMEN, NAMAKKAL -637002
(PERMANENTLY AFFILIATED TO PERIYAR UNIVERSITY, SALEM.
2f & 12b STATUS GRANTED BY UGC NEW DELHI
AND NAAC ACCREDITED BY A+)

IIC, IQAC AND EDC,
IN ASSOCIATION WITH THE
DEPARTMENT OF NUTRITION AND DIETETICS
&
DEPARTMENT OF COSTUME DESIGN AND FASHION
CONDUCT AN ENTREPRENEURIAL WORKSHOP ON
"ENTREPRENEURSHIP AND INNOVATION
AS A CAREER OPPORTUNITY"

SPECIAL INVITEE



Ms. K.P.THEEPIKA
WOMEN ENTREPRENEUR &
STARTUP FOUNDER
WEAR & LOVELY EMBROIDERY SHOP,
VALAYAPPATTI ROAD,
GANDHINAGAR, MOHANUR 637015,
NAMAKKAL(Dt)

DATE: 27.10.2023

TIME: 10:00 AM

VENUE: ROOM NO.11

ALL ARE CORDIALLY INVITED...

REPORT SUMMARY

Entrepreneurship Awareness Programme

The Institution Innovation Council, Internal Quality Assurance Cell and Entrepreneurship Development Cell, in association with the departments of Nutrition & Dietetics and Costume Design & Fashion, Trinity College for Women, Namakkal, conducted a one-day workshop titled “Entrepreneurship & Innovation as a Career Opportunity” on 27.10.2025 in the college campus.

Ms. K.P. Theepika, Women Entrepreneur & Startup Founder, Wear & Lovely Embroidery Shop, Valayapatti Road, Mohanur, Namakkal District was the subject expert.

She explained the various entrepreneurial activities, like how to plan a startup business, the process of conveying passion for business, choosing the areas for startup, strategies for attracting customers, how to face problems & struggles, use of social websites, like whatsapp, Instagram, facebook, YouTube, etc., for advertising and marketing the products, implementing the new innovative ideas, etc.,

The faculty members of Nutrition and Dietetics, Mrs. R. Rupa, Ms. P. Sri Renugadevi, Mrs. S. Bharathi and Ms. S. Nandhini, the faculty members of Costume Design and Fashion, Mrs. A. P. Pavithra, Ms. R. Vijayaprabha, Ms. S. Vaishnavi and Ms. S. Prathiska made arrangements.

All the students of Costume Design and Fashion actively took part.



TRINITY COLLEGE FOR WOMEN, NAMAKKAL
ENTREPRENEURSHIP AWARENESS PROGRAMME

S. No	NAME OF THE STUDENT	CLASS	SIGNATURE
1	GOPIKA S	I-B.Sc.CDF	S. Gopika
2	LATHIKA R	I-B.Sc.CDF	R. Lat
3	NARTHIKA B	I-B.Sc.CDF	B. Nartika
4	SAMARSHINI A	I-B.Sc.CDF	A. Samarthini
5	SWATHI T	I-B.Sc.CDF	T. Swathi
6	THOUFIYA S	I-B.Sc.CDF	Thoufiya S.
7	VISHALI K	I-B.Sc.CDF	K. Vishali
8	AASHA K	II-B.Sc.CDF	A. Asha
9	DHARSHINI D	II-B.Sc.CDF	D. Harshini
10	DHEETCHIKA S	II-B.Sc.CDF	S. Dheethika
11	KARTHIKA B	II-B.Sc.CDF	B. Kartika
12	KAVIYA D	II-B.Sc.CDF	D. Kaviya
13	LAVANYA V	II-B.Sc.CDF	V. Lavanya
14	PADMAVATHI K	II-B.Sc.CDF	K. Padma
15	SAJITHA S	II-B.Sc.CDF	S. Sajitha
16	SAMEEHA S	II-B.Sc.CDF	S. Sameeha
17	SANDHIYA K	II-B.Sc.CDF	K. Sandhya
18	SANJEETHA J	II-B.Sc.CDF	J. Sanjeetha
19	SANMATHI JEYSIHA N	II-B.Sc.CDF	N. Sanmathi Jeysih
20	SOUNDHARYA P	II-B.Sc.CDF	P. Soundharya
21	THANISHKA T	II-B.Sc.CDF	T. Thanisha
22	VAISHALI S	II-B.Sc.CDF	S. Vaishali
23	AKILA P	III-B.Sc.CDF	P. Akila
24	JANANI A	III-B.Sc.CDF	A. Janani
25	KALPANA S	III-B.Sc.CDF	S. Kalpana
26	KAVINMATHI G	III-B.Sc.CDF	G. Kavinthi
27	MITHUNA SRI G	III-B.Sc.CDF	G. Mithuna
28	RITHIKA S	III-B.Sc.CDF	S. Rithika
29	VINOTHINI K	III-B.Sc.CDF	K. Vinothini
30	DEEPIKA S.L	I B.Sc- N&D	S.L. Deepika
31	RAJESWARI J	I B.Sc- N&D	J. Rajeswari
32	RAMYA S	I B.Sc- N&D	S. Ramya

33	SUBARTHINI.P	I B.Sc- N&D	P. Sub
34	BRINDHA.P	II B.Sc- N&D	P. Brindha
35	DHARANI.A	II B.Sc- N&D	A. Dharani
36	DHARANI.S.R	II B.Sc- N&D	S.P. Dharani
37	DIVYA.M	II B.Sc- N&D	M. Divya
38	FAHIMITHA BANU.S	II B.Sc- N&D	Fahimitha
39	HASIN MEHMUDA.A.N	II B.Sc- N&D	Hasin
40	JEGATHAMBIGAI.K.S	II B.Sc- N&D	K.S. Jegathambigai
41	KAVIYA.S	II B.Sc- N&D	Kaviya
42	LIBIKA.S	II B.Sc- N&D	S. Libika
43	MAHALAKSHMI.S	II B.Sc- N&D	S. Mahalakshmi
44	MANORANJANI.M	II B.Sc- N&D	M. Manoranjan
45	NINDHU.A	II B.Sc- N&D	A. Nindhu
46	NIVITHA.R	II B.Sc- N&D	R. Nivitha
47	PREETHISHA.M	II B.Sc- N&D	M. Preethisha
48	RAKSHASRI.K.V	II B.Sc- N&D	K.V. Rakshasri
49	SANTHIYA.T	II B.Sc- N&D	T. Santhiya
50	SHRE ISHWERYA LAKSHMI.K	II B.Sc- N&D	K. Shre Ishwerya
51	SRIMATHI.S	II B.Sc- N&D	S. Srimathi
52	SRISABITHA.G	II B.Sc- N&D	G. Srisabitha
53	YUVARANI.G	II B.Sc- N&D	G. Yuvarani
54	DEEPIKA.S	III B.Sc- N&D	S. Deepika
55	DHIVYA SRI.S	III B.Sc- N&D	S. Dhivya
56	JESSY.J	III B.Sc- N&D	J. Jessy
57	JOTHIBHARATHI.M	III B.Sc- N&D	M. Jothibharathi
58	LAVANYA.R	III B.Sc- N&D	R. Lavanya
59	MANJU.D	III B.Sc- N&D	D. Manju
60	RASEENA BE.M	III B.Sc- N&D	M. Raseena
61	SHARUMATHI.K	III B.Sc- N&D	K. Sharumathi

R. N.
27/10/15

Principal,
Trinity College for Women (Arts & Science),
Namakkal - 637 002.



TRINITY COLLEGE FOR WOMEN, NAMAKKAL -637002
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OBSERVANCE OF NATIONAL DIETETICS DAY (10TH JANUARY)

INSTITUTION'S INNOVATION COUNCIL &
TRINITY WOMEN'S FORUM
IN ASSOCIATION WITH THE
DEPARTMENT OF NUTRITION AND DIETETICS

INAUGURATION OF TRINI DIET CLINIC
(AN AWARENESS EXHIBITION ON
LIFESTYLE DISORDERS IN WOMEN)

SPECIAL INVITEE

IN THE PRESENCE OF



Mrs. D. SOPHIDAYANA
SENIOR DIETITIAN,
EXPERT IN DIET CONSULTATION
THANGAM HOSPITALS &
CANCER CENTER
NAMAKKAL



Mrs. ARUNA SELVARAJ
EXECUTIVE DIRECTOR,
TRINITY COLLEGE FOR WOMEN,
NAMAKKAL

DATE:09.01.2026
(FRIDAY)

TIME: 11:00 AM

VENUE:MAIN BLOCK

ALL ARE CORDIALLY INVITED...

TRINI DIET CLINIC

CONSULTATION VENUE

ROOM NO:9

CONSULTATION TIME

- **10:30 am - 11:00 am**
- **02:25 pm - 02: 55 pm**

FACILITIES

- **NUTRITIONAL AWARENESS**
- **NUTRITIONAL DIAGNOSIS**
- **ANTHROPOMETRIC MEASUREMENTS**
(HEIGHT, WEIGHT, BMI, etc.,)
- **DIET COUNSELLING**
- **DIET SURVEYS**
- **TEMPERATURE AND BP MONITORING**
- **TELE COUNSELLING**

**"GET PERSONALIZED DIET PLAN
FROM UPCOMING DIETITIANS"**

REPORT SUMMARY

Observation of National Dietetics Day

On the occasion of National Dietetics Day (10th January), the Institution's Innovation Council and Trinity Women's Forum, in support of the Department of Nutrition and Dietetics, Trinity College for Women, Namakkal, inaugurated the Trini Diet Clinic and conducted an "Awareness Exhibition on Lifestyle Disorders in Women" on 09th January 2026 in the College premises.

Mrs. R. Rupa, Assistant Professor and Head, Department of Nutrition & Dietetics, Trinity College for Women, Namakkal welcomed the gathering. Dr. M.R. Lakshiminarayanan, Principal, presided over the programme.

The main aim of the event was to create awareness among young students and staff members about healthy lifestyle habits, intake of balanced diet and how to overcome the deficiency conditions.

Mrs. D. Sophiadayana, Senior Dietician, Expert in Diet Consultation, Thangam Hospitals and Cancer Centre, Namakkal was the special invitee.

The assessments such as Nutritional Diagnosis, Anthropometric Measurement (Height, Weight & Body Mass Index, etc.), Diet Counselling, Diet Surveys, Temperature & Blood Pressure Monitoring, etc., were conducted for the students and staff members of the College.

The faculty of Nutrition & Dietetics, Ms. P. Sri Renugadevi, Mrs. S Bharathi, Ms. A. Nandhini along with the students of the College took part in that programme.



Trinity College for Women
Department of Nutrition and Dietetics
INAUGURATION OF TRINI DIET CLINIC

S. No	Name	Class	Signature
1	BHAKYALAKSHMI.B	I B.Sc N&D	B. Bhakyalakshmi
2	DEEPIKA S.L		Deeplika S.L
3	GOBIKA.T		T. Gobi
4	RAJESWARI.J		J. Rajeswari
5	RAMYA.S		S. Ramya
6	SUBARTHINI.P		P. Subarthini
8	DHARANI.A	II B.Sc N&D	A. Dharamani
10	DIVYA.M		M. Divya
11	FAHIMITHA BANU.S		S. Fahimitha
13	JEGATHAMBIGAI.K.S		K.S. Jegathambigai
14	KAVIYA.S		S. Kaviya
15	LIBIKA.S		S. Libika
16	MAHALAKSHMI.S		S. Mahalakshmi
17	MANORANJANI.M		M. Manoranjani
18	NINDHU.A		A. Nindhya
19	NIVITHA.R		R. Nivitha
20	PREETHISHA.M		M. Preethisha
21	RAKSHASRI.K.V		K.V. Rakshasri
22	SANTHIYA.T		T. Santhiya
23	SHRE ISHWERYA LAKSHMI.K		K. Shre Ishwerya
24	SRIMATHI.S		S. Srimalathi
25	SRISABITHA.G		G. Srisabitha
26	YUVARANI.G		G. Yuvarani
27	KAVIYA.V		V. Kaviya
28	DEEPIKA.S	III B.Sc N&D	S. Deeplika
29	DHIVYA SRI.S		S. Dhivya
30	JESSY.J		J. Jessy
31	JOTHIBHARATHI.M		M. Jothibharathi
32	KAVIYA.M		M. Kaviya
33	LAVANYA.R		R. Lavanya
34	MANJU.D		D. Manju
35	NISHA.A		A. Nisha
36	PRIYADHARSHINI.S		S. Priyadharshini
37	RASEENA BE.M		M. Raseena
38	SHARUMATHI.K		K. Sharumathi
39	VARSHINI.N		N. Varshini

Nanvali/26

Principal;
Trinity College for Women (Arts & Science)
Namakkal - 637 002.

TRINITY COLLEGE FOR WOMEN, NAMAKKAL

STUDENTS BENEFICIARY LIST

S.NO	NAME	CLASS	SIGNATURE
1	GOBIGAA S	I-B.Sc. CDF	Gobiga S
2	GOPIKA S		Gopika S
3	HARIMITHRA S		Harimithra S
4	KAVITHRA R		Kavithra R
5	MALISHRI M		M. Malishri
6	NARTHIKA B		B. Nartika
7	NAVEENA SRI R		R. Naveena
8	SAMARSHINI A		A. Samarsini
9	SHARMILADEVI K		K. Sharmiladevi
10	SWATHI T		T. Swathi
11	VISHALI K	II-B.Sc. CDF	K. Vishali
12	AASHA K		K. Aasha
13	DHARSHINI D		D. Dharsini
14	DHEETCHIKA S		S. Dheetchika
15	KARTHIKA B		B. Kartika
16	LAVANYA V		V. Lavanya
17	SAJITHA S		S. Sajitha
18	SAMEEHA S		S. Sameeha
19	SANDHIYA K		K. Sandhya
20	SANJEETHA J		J. Sanjeetha
21	SANMATHI JEYSIHA N	III-B.Sc. CDF	N. Sanmathi Jeyshika
22	THANISHKA T		T. Thanisha
23	VAISHALI S		S. Vaishali
24	AKILA P		P. Akila
25	HARSHIKA R		R. Harshika
26	JANANI A		A. Janani
27	KALPANA S		S. Kalpana
28	MITHUNA SRI G		G. Mithuna
29	RITHIKA S		S. Rithika
30	VINOTHINI K		K. Vinothini

R. H. 09/01/26
HOD


PRINCIPAL

Principal,
Trinity College for Women (Arts & Science)
Namakkal - 637 001



TRINITY COLLEGE FOR WOMEN, NAMAKKAL -637002
(PERMANENTLY AFFILIATED TO PERIYAR UNIVERSITY, SALEM.
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AND NAAC ACCREDITED BY A+)

INSTITUTION'S INNOVATION COUNCIL
IN SUPPORT OF THE
DEPARTMENTS OF PHYSICS, CHEMISTRY & NUTRITION AND DIETETICS

CONDUCTS A

MEDICAL CODING WORKSHOP ON
USAGE OF ARTIFICIAL INTELLIGENCE

(EXPERT TALK ON TECHNOLOGY READINESS LEVEL (TRL), MRL,
IRL, IP COMMERCIALIZATION, TECH TRANSFER)

RESOURCE PERSONS



Mr. LOGESHWARAN.P
GENERAL MANAGER & TRAINER,
THOUGHTFLOWS
MEDICAL CODING ACADEMY,
MAMANGAM, SALEM-636302



Ms. SUBIKSHA.M
HR EXECUTIVE
THOUGHTFLOWS
MEDICAL CODING ACADEMY,
MAMANGAM, SALEM-636302

DATE: 19.01.2026

TIME: 10:30 AM

VENUE: SEMINAR HALL



REPORT SUMMARY

IIC Programme on “AI Medical Coding”

The Institution’s Innovation Council, in association with the departments of Physics, Chemistry and Nutrition & Dietetics, Trinity College for Women, Namakkal, organized a one-day Medical Coding Workshop on “Usage of Artificial Intelligence” on 19th January 2026 in the College campus.

Mr. P. Logeswaran, General Manager and Trainer & Ms. M. Subiksha, Human Resource Executive, Thoughflows, Medical Coding Academy, First Floor, S Square Towers, Omalur Main Road, Arthanari Nagar, Mamangam, Salem were the resource persons.

Artificial Intelligence can process vast amounts of data, recognize patterns and improve decision-making, thus enhancing the overall coding process. AI for medical coding is a transformational force that has increased efficiency, accuracy, and patient care in the health care sector, they pointed out.

The faculty of Physics, Chemistry and Nutrition & Dietetics along with the members of Institution’s Innovation Council & students of the College took part.



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sts (it eats
ck eggs in
Awareness
were also
hools.
es plying
villages also
ess posters,
led.

Sunday morning alerted
the Salem Town police. A
case has been registered.

The Hindu

ENGAGEMENTS

Namakkal
Trinity College for Women:
Workshop on 'Usage of Artificial
Intelligence', 10.30 a.m

19-1-2026
COIMBATORE
EDITION

organs give



TRINITY COLLEGE FOR WOMEN, NAMAKKAL

MEDICAL CODING WORKSHOP

S.NO	REG. NO.	NAME OF THE STUDENT	CLASS	SIGNATURE
1	C25UG117PHY001	DHARANI G.V	I-B.Sc -PHYSICS	G.V.Dharani
2	C25UG117PHY002	DHIVYADHARSHINI.P	I-B.Sc -PHYSICS	P.Dhivya
3	C25UG117PHY003	HARSHINI.S	I-B.Sc -PHYSICS	S.Harshini
4	C25UG117PHY004	MOGANASRI.R	I-B.Sc -PHYSICS	P.Moganasei
5	C25UG117PHY005	NITHYASRI V.S	I-B.Sc -PHYSICS	V.S.Nithya
6	C25UG117PHY007	SIRITHA.S	I-B.Sc -PHYSICS	S.Siritha
7	C24UG117PHY002	HARINI B	II-B.Sc -PHYSICS	B.Harini
8	C24UG117PHY003	LEGAASRI S.P	II-B.Sc -PHYSICS	S.P.Legasei
9	C24UG117PHY004	NIVETHA K	II-B.Sc -PHYSICS	K.Nivetha
10	C24UG117PHY005	SRIJAA M	II-B.Sc -PHYSICS	M.Srijaa
11	C24UG124PHY080	SANGAMITHRA.K	II-B.Sc -PHYSICS	K.Sangamithra
12	C23UG117PHY002	HARIPREETHA.T.M	III-B.Sc -PHYSICS	T.M.Haripreetha
13	C23UG117PHY003	HEAVIYA.K	III-B.Sc -PHYSICS	K.Heavitha
14	C23UG117PHY004	KANISHKA.S	III-B.Sc -PHYSICS	S.Kanishka
15	C23UG117PHY005	NIVETHA.B	III-B.Sc -PHYSICS	B.Nivetha
16	C23UG117PHY006	PRADHIKSHA.T	III-B.Sc -PHYSICS	T.Pradiksa
17	C23UG117PHY008	SOWMITHA.P	III-B.Sc -PHYSICS	P.Sowmitha
18	C23UG117PHY010	UMA.C	III-B.Sc -PHYSICS	C.Uma
19	C23UG117PHY011	YAMUNA.S	III-B.Sc -PHYSICS	S.Yamuna
20	C25PG117PHY001	INDHU K	I-M.Sc -PHYSICS	K.Indhu
21	C25PG117PHY002	NATHIYA K	I-M.Sc -PHYSICS	K.Nathiya
22	C25PG117PHY003	NIVETHA N	I-M.Sc -PHYSICS	N.Nivetha
23	C25PG117PHY004	VITHYARANI C	I-M.Sc -PHYSICS	C.Vithyaran
24	C24PG117PHY001	BIRUNDHA R	II-M.Sc -PHYSICS	R.Birundha
25	C24PG117PHY002	KARTHIKA S	II-M.Sc -PHYSICS	S.Karthika
26	C24PG117PHY003	KIRUBADEVI B	II-M.Sc -PHYSICS	B.Kirubadevi
27	C24PG117PHY004	KOWSHIKA S	II-M.Sc -PHYSICS	S.Kowshika
28	C24PG117PHY006	POOJA R	II-M.Sc -PHYSICS	R.Pooja
29	C24PG117PHY007	RANJITHA A	II-M.Sc -PHYSICS	A.Ranjitha
30	C24PG117PHY008	SANTHIYA S	II-M.Sc -PHYSICS	S.Santhiya
31	C24PG117PHY009	SARANYA K	II-M.Sc -PHYSICS	K.Saranya
31	C25UG117CHE002	BHARATHI R	I-B.Sc., CHEMISTRY	R.Bharathi
32	C25UG117CHE003	DHANUSHIYA. R	I-B.Sc., CHEMISTRY	R.Dhanushia
33	C25UG117CHE004	KALAIVANI. M	I-B.Sc., CHEMISTRY	M.Kalaivani
34	C25UG117CHE005	KAVIYA. P	I-B.Sc., CHEMISTRY	P.Kaviya
35	C25UG117CHE007	NESHIKA. R	I-B.Sc., CHEMISTRY	R.Neshika
36	C25UG117CHE011	SHUBHASHREE. K. R	I-B.Sc., CHEMISTRY	R.Shubhashree

37	C24UG117CHE002	BHUVANA.M	II-B.Sc., CHEMISTRY	Bhuvana.M
38	C24UG117CHE003	JANANITHA S R	II-B.Sc., CHEMISTRY	Jananitha.SR
39	C24UG117CHE005	KAVIPRIYA R	II-B.Sc., CHEMISTRY	Kavipriya.R
40	C24UG117CHE006	KAVIYARASI.M	II-B.Sc., CHEMISTRY	Kaviyarasi.M
41	C24UG117CHE008	PAVYADHARSINI S	II-B.Sc., CHEMISTRY	Pavya
42	C24UG117CHE009	SANDHIYA V	II-B.Sc., CHEMISTRY	Sandhiya.V
43	C24UG117CHE010	SUBASRI R	II-B.Sc., CHEMISTRY	Subasri.R
44	C25PG117CHE002	GAYATHRI.C	I-M.Sc., CHEMISTRY	Gayathri.C
45	C25PG117CHE004	SOWMIYA.M	I-M.Sc., CHEMISTRY	M. Sowmya
46	C24PG117CHE001	U.DEVAPRIYA	II - M.Sc., CHEMISTRY	U. Devapriya
47	C24PG117CHE002	S.GOWSIKA	II - M.Sc., CHEMISTRY	S. Gowrika
48	C24PG117CHE003	G.K.KOKILAVANI	II - M.Sc., CHEMISTRY	G.K.Kokilavani
49	C24PG117CHE004	M.NAVEENA	II - M.Sc., CHEMISTRY	M. Naveena
50	C24PG117CHE005	T.PREETHI	II - M.Sc., CHEMISTRY	T. Preethi
51	C24PG117CHE006	L.PRIYA	II - M.Sc., CHEMISTRY	L. Priya
52	C24PG117CHE007	R.THRISHA	II - M.Sc., CHEMISTRY	R. Thrisha
53	C24PG117CHE008	J.SOBIYA	II - M.Sc., CHEMISTRY	J. Sobiya
54	C25UG117NAD001	BHAKYALAKSHMI.B	I- B.Sc., N&D	B. Bhakyalakshmi
55	C25UG117NAD002	DEEPIKA S.L	I- B.Sc., N&D	Deeplika S.L
56	C25UG117NAD003	GOBIKA.T	I- B.Sc., N&D	T. Gobika
57	C25UG117NAD004	RAJESWARI.J	I- B.Sc., N&D	J. Rajeswari
58	C24UG117NAD001	BRINDHA.P	II- B.Sc., N&D	P. Brindha
59	C24UG117NAD002	DHARANI.A	II- B.Sc., N&D	A. Dharani
60	C24UG117NAD003	DHARANI.S.R	II- B.Sc., N&D	S.R. Dharani
61	C24UG117NAD004	DIVYA.M	II- B.Sc., N&D	M. Divya
62	C24UG117NAD005	FAHIMITHA BANUS	II- B.Sc., N&D	S. Fahimitha
63	C24UG117NAD006	HASIN MEHMUDA.A.N	II- B.Sc., N&D	Hasin
64	C24UG117NAD007	JEGATHAMBIGAI.K.S	II- B.Sc., N&D	K.S. Jegathambiga
65	C24UG117NAD008	KAVIYA.S	II- B.Sc., N&D	S. Kaviya
66	C24UG117NAD009	LIBIKA.S	II- B.Sc., N&D	S. Libika
67	C24UG117NAD010	MAHALAKSHMI.S	II- B.Sc., N&D	S. Mahalakshmi
68	C24UG117NAD011	MANORANJANI.M	II- B.Sc., N&D	M. Manoranjani
69	C24UG117NAD012	NINDHU.A	II- B.Sc., N&D	A. Nindhu
70	C24UG117NAD013	NIVITHA.R	II- B.Sc., N&D	R. Nivitha
71	C24UG117NAD014	PREETHISHA.M	II- B.Sc., N&D	M. Preethisha
72	C24UG117NAD015	RAKSHASRI.K.V	II- B.Sc., N&D	K.V. Rakshasri
73	C24UG117NAD016	SANTHIYA.T	II- B.Sc., N&D	T. Santhiya
74	C24UG117NAD017	SHRE ISHWERYA LAKSHMI.K	II- B.Sc., N&D	K. Ishwerya
75	C24UG117NAD018	SRIMATHI.S	II- B.Sc., N&D	S. Srimathi
76	C24UG117NAD019	SRISABITHA.G	II- B.Sc., N&D	G. Srisabitha
77	C24UG117NAD020	YUVARANI.G	II- B.Sc., N&D	G. Yuvarani
78	C23UG117NAD001	DEEPIKA.S	III- B.Sc., N&D	S. Deeplika
79	C23UG117NAD002	DHIVYA SRI.S	III- B.Sc., N&D	S. Dhivya

80	C23UG117NAD004	JOTHIBHARATHIM	III- B.Sc., N&D	M. Jothi
81	C23UG117NAD005	KAVIYA.M	III- B.Sc., N&D	M. Kaviya
82	C23UG117NAD007	MANJU.D	III- B.Sc., N&D	Manju.D
83	C23UG117NAD008	NISHA.A	III- B.Sc., N&D	A. Nisha
84	C23UG117NAD010	RASEENA BE.M	III- B.Sc., N&D	Raseena.M
85	C23UG117NAD012	SHARUMATHI.K	III- B.Sc., N&D	Sharumathi.K
86	C23UG117NAD013	VARSHINEN	III- B.Sc., N&D	N. Varshini

 15-1-20

PRINCIPAL
Principal,
Trinity College for Women (Arts & Science)
Namakkal - 637 002.



TRINITY COLLEGE FOR WOMEN, NAMAKKAL -637002
(PERMANENTLY AFFILIATED TO PERIYAR UNIVERSITY, SALEM.
2f & 12b STATUS GRANTED BY UGC NEW DELHI
AND NAAC ACCREDITED BY A+)

INSTITUTION'S INNOVATION COUNCIL,
TRINITY COLLEGE ALUMNI ASSOCIATION &
ENTREPRENEURSHIP DEVELOPMENT CELL
IN SUPPORT OF THE
DEPARTMENT OF NUTRITION AND DIETETICS

CONDUCT A PROGRAMME

WORKSHOP ON DESIGN THINKING,
CRITICAL THINKING & INNOVATION DESIGN
(IN FOOD PRODUCT DEVELOPMENT)

RESOURCE PERSON



Mrs. YAMUNA ANAND
ALUMNUS- B.Sc.,- COMPUTER SCIENCE
(2000-2003)

&

CO-FOUNDER IN ANANDTRONICS &
ULAVARANAND,
11B, SELLANDIAMMAN KOVIL STREET,
THILLAIPURAM,
NAMAKKAL-637001.

DATE: 22.01.2026

TIME: 10:00 AM

VENUE: SEMINAR
HALL



REPORT SUMMARY

WORKSHOP ON “DESIGN THINKING, CRITICAL THINKING & INNOVATION DESIGN”

The Institution's Innovation Council, Trinity College Alumni Association and Entrepreneurship Development Cell, in support of the department of Nutrition and Dietetics, organized an entrepreneurial workshop titled “Design Thinking, Critical Thinking & Innovation Design” (in food product development) on 22.01.2026 in the College premises.

The main objective of the programme is to give an outline of design thinking, critical thinking concepts, their importance and their interplay in promoting innovation and problem-solving.

Mrs. K. Yamuna Anand, (Alumnus, B.Sc., Computer Science – 2000-2003 Batch), Co-Founder of Anandtronics, Uzhavar Anand Organic, Thillaipuram, Namakkal was the subject expert.

The resource person, Mrs. K. Yamuna, delivered topics like design thinking skills, clarifying ideas, developing and implementing the psychological principles of resourcefulness and creativity, how to generate and identify the thinking out of the box, identifying the customer's requirements and how to satisfy the customer, creativity of break with tradition, developing prototyping, design for services, etc.,

Dr. R. Navamani, Vice-Principal of the College, presided over the programme. The faculty members of Nutrition & Dietetics, Ms. P. Sri Renugadevi, Mrs. S. Bharathi and Ms. A. Nandhini as well as students of the college took part.



நாமக்கல் - டிரினிடி மகளிர் கலை மற்றும் அறிவியல் கல்லூரியின் புத்தாக்க மையம், முன்னாள் மாணவியர் சங்கம் மற்றும் தொழில் முனைவோர் மேம்பாட்டு மையம் ஆகியவை இணைந்து, கல்லூரியின் நியூட்ரிசன் துறையின் பங்களிப்புடன் "சிந்தனைத் திறன், வடிவமைப்புத் திட்டம் & புதுமை செயலாக்கம் - தொழில் முனைவோர் மேற்கொள்ள வேண்டிய யுக்திகள்" என்ற தலைப்பிலான பயிற்சி முகாபினை 22/1/2026 அன்று கல்லூரி வளாகத்தில் நடத்தியது.

நிகழ்ச்சியில் கல்லூரி துணை முதல்வர் ஆர். நவமணி தலைமை தாங்கி சிறப்பு அழைப்பாளரை அறிமுகப்படுத்தினார்.

சிறப்பு அழைப்பாளராக நாமக்கல் - டிரினிடி மகளிர் கல்லூரியின் முன்னாள் மாணவியும், நாமக்கல் - தில்லைபுறம் - ஆனந்த்ராணிகல் இயற்கை முறை உணவு உற்பத்தி அமைப்பின் இணை இயக்குநருமான கே. யமுனா கலந்து கொண்டார்.

இந்திய நாட்டிற்கு வேலை தேடுபவர்களை விட, வேலையினை உருவாக்கும் தொழில் முனைவோர்கள் தான் அதிகம் தேவை. குறிப்பாக, மகளிர் தொழில்முனைவோராக உருவானால், சம்பந்தப்பட்ட பெண்ணின் குடும்பம் மட்டுமல்ல இந்த சமுதாயமே மேம்படும் என்றார்.

தொழில் முனைவோர் எதிர்கொள்ளும் சவால்கள், வாய்ப்புகள், பொருட்களை சந்தைப்படுத்தலில் உள்ள நுணுக்கங்கள், புதுமையினை புகுத்துதல் ஆகியவை குறித்து இந்த நிகழ்வில் அவர் பேசினார்.

நிகழ்ச்சியில் கல்லூரி நியூட்ரிசன் துறையின் உதவிப் பேராசிரியைகள் பி. ஸ்ரீரேணுகாதேவி, எஸ். பாரதி, ஆய்வுக் உதவியாளர் ஏ. நந்தினி உட்பட, இதர துறை மாணவிகள் கலந்து கொண்டனர்.

NKL TRI NEWS Namakkal News 23/01/2026



நாமக்கல் - டிரினிடி மகளிர் கலை மற்றும் அறிவியல் கல்லூரியின் புத்தாக்க மையம், முன்னாள் மாணவியர் சங்கம் மற்றும் தொழில் முனைவோர் மேம்பாட்டு மையம் ஆகியவை இணைந்து, கல்லூரியின் நியூட்ரிசன் துறையின் பங்களிப்புடன் "சிந்தனைத் திறன், வடிவமைப்புத் திட்டம் & புதுமை செயலாக்கம் - தொழில் முனைவோர் மேற்கொள்ள வேண்டிய யுக்திகள்" என்ற தலைப்பிலான பயிற்சி முகாபினை 22/1/2026 அன்று கல்லூரி வளாகத்தில் நடத்தியது.

நிகழ்ச்சியில் கல்லூரி துணை முதல்வர் ஆர். நவமணி தலைமை தாங்கி சிறப்பு அழைப்பாளரை அறிமுகப்படுத்தினார்.

சிறப்பு அழைப்பாளராக நாமக்கல் - டிரினிடி மகளிர் கல்லூரியின் முன்னாள் மாணவியும், நாமக்கல் - தில்லைபுறம் - ஆனந்த்ராணிகல் இயற்கை முறை உணவு உற்பத்தி அமைப்பின் இணை இயக்குநருமான கே. யமுனா கலந்து கொண்டார்.

இந்திய நாட்டிற்கு வேலை தேடுபவர்களை விட, வேலையினை உருவாக்கும் தொழில் முனைவோர்கள் தான் அதிகம் தேவை. குறிப்பாக, மகளிர் தொழில்முனைவோராக உருவானால், சம்பந்தப்பட்ட பெண்ணின் குடும்பம் மட்டுமல்ல இந்த சமுதாயமே மேம்படும் என்றார்.

தொழில் முனைவோர் எதிர்கொள்ளும் சவால்கள், வாய்ப்புகள், பொருட்களை சந்தைப்படுத்தலில் உள்ள நுணுக்கங்கள், புதுமையினை புகுத்துதல் ஆகியவை குறித்து இந்த நிகழ்வில் அவர் பேசினார்.

நிகழ்ச்சியில் கல்லூரி நியூட்ரிசன் துறையின் உதவிப் பேராசிரியைகள் பி. ஸ்ரீரேணுகாதேவி, எஸ். பாரதி, ஆய்வுக் உதவியாளர் ஏ. நந்தினி உட்பட, இத்துறை மாணவிகள் கலந்து கொண்டனர்.

TNY INFO NKL
Namakkal News

23/01/2026

Reply

நாமக்கல் - டிரினிடி மகளிர் கலை மற்றும் அறிவியல் கல்லூரியின் புத்தாக்க மையம், முன்னாள் மாணவியர் சங்கம் மற்றும் தொழில் முனைவோர் மேம்பாட்டு மையம் ஆகியவை இணைந்து, கல்லூரியின் நியூட்ரிசன் துறையின் பங்களிப்புடன் "சிந்தனைத் திறன், வடிவமைப்புத் திட்டம் & புதுமை செயலாக்கம் - தொழில் முனைவோர் மேற்கொள்ள வேண்டிய யுக்திகள்" என்ற தலைப்பிலான பயிற்சி முகாபினை 22/1/2026 அன்று கல்லூரி வளாகத்தில் நடத்தியது.

நிகழ்ச்சியில் கல்லூரி துணை முதல்வர் ஆர். நவமணி தலைமை தாங்கி சிறப்பு அழைப்பாளரை அறிமுகப்படுத்தினார்.

சிறப்பு அழைப்பாளராக நாமக்கல் - டிரினிடி மகளிர் கல்லூரியின் முன்னாள் மாணவியும், நாமக்கல் - தில்லைபுறம் - ஆனந்த்ராணிகல் இயற்கை முறை உணவு உற்பத்தி அமைப்பின் இணை இயக்குநருமான கே. யமுனா கலந்து கொண்டார்.

முறை உணவு உற்பத்தி அமைப்பின் இணை இயக்குநருமான கே. யமுனா கலந்து கொண்டார்.

இந்திய நாட்டிற்கு வேலை தேடுபவர்களை விட, வேலையினை உருவாக்கும் தொழில் முனைவோர்கள் தான் அதிகம் தேவை. குறிப்பாக, மகளிர் தொழில்முனைவோராக உருவானால், சம்பந்தப்பட்ட பெண்ணின் குடும்பம் மட்டுமல்ல இந்த சமுதாயமே மேம்படும் என்றார்.

தொழில் முனைவோர் எதிர்கொள்ளும் சவால்கள், வாய்ப்புகள், பொருட்களை சந்தைப்படுத்தலில் உள்ள நுணுக்கங்கள், புதுமையினை புகுத்துதல் ஆகியவை குறித்து இந்த நிகழ்வில் அவர் பேசினார்.



TRY TIMES NKL - Namakkal
News - 24/01/2026



TRINITY COLLEGE FOR WOMEN, NAMAKKAL

WORKSHOP ON DESIGN THINKING,
CRITICAL THINKING & INNOVATION DESIGN
(IN FOOD PRODUCT DEVELOPMENT)

S.No	Students Name	Class	Signature
1	C.ABINAYA	I-B.SC(CS)-A	C. Abinaya
2	S.AFRIN BANU	I-B.SC(CS)-A	S. Afrin banu
3	S.ANUSHIKA	I-B.SC(CS)-A	S. Anushika
4	A.ARCHANA	I-B.SC(CS)-A	A. Archana
5	G.BRINDHA SRI	I-B.SC(CS)-A	G. Brindha Sri
6	K.DEEPIKA	I-B.SC(CS)-A	K. Deepika
7	J.DHARANISHRI	I-B.SC(CS)-A	J. Dharanishri
8	S.DHARSHINI	I-B.SC(CS)-A	S. Dharshini
9	C.DIVISHA	I-B.SC(CS)-A	C. Divisha
10	J.HARINI	I-B.SC(CS)-A	J. Harini
11	S.JANANI	I-B.SC(CS)-A	S. Janani
12	V.JANANI	I-B.SC(CS)-A	V. Janani
13	S.KAMALI	I-B.SC(CS)-A	S. Kamali
14	M.KARUNYA	I-B.SC(CS)-A	M. Karunya
15	M.KEERTHIKA	I-B.SC(CS)-A	M. Keerthika
16	J.A.KIRANNISA	I-B.SC(CS)-A	J. A. Kirannisa
17	S.LITHIKA SRI	I-B.SC(CS)-A	S. Lithika Sri
18	R.LOGAVYA	I-B.SC(CS)-A	R. Logavya
19	K.MATHUMITHA	I-B.SC(CS)-A	K. Mathumitha
20	B.MEHARUNNISHA	I-B.SC(CS)-A	B. Meharunnisha
21	P.MENMEGHAA	I-B.SC(CS)-A	P. Menmegha
22	V.NANDHINI	I-B.SC(CS)-B	V. Nandhini
23	S.NESIKA	I-B.SC(CS)-B	S. Nesika
24	A.NILOFER BANU	I-B.SC(CS)-B	A. Nilofer banu
25	S.NITHIGASRINITHI	I-B.SC(CS)-B	S. Nithigasrinithi
26	M.PRADEEPA	I-B.SC(CS)-B	M. Pradeepa
27	T.RAGAVI	I-B.SC(CS)-B	T. Ragavi
28	K.RANJANI	I-B.SC(CS)-B	K. Ranjani
29	S.RITHIKA	I-B.SC(CS)-B	S. Rithika
30	P.RUBASRI	I-B.SC(CS)-B	P. Rubasri
31	S.SABIYA SRI	I-B.SC(CS)-B	S. Sabiya Sri
32	A.SAFRINA BEGAM	I-B.SC(CS)-B	A. Safirina Begam
33	S.SANTHIYA	I-B.SC(CS)-B	S. Santhiya
34	P.SAVITHA	I-B.SC(CS)-B	P. Savitha
35	A.SHALINI	I-B.SC(CS)-B	A. Shalini
36	P.SHALINI	I-B.SC(CS)-B	P. Shalini
37	A.SHEEMATAJ	I-B.SC(CS)-B	A. Sheemataj

38	J SIVA SAKTHI	I-B.SC(CS)-B	J. Sivasakthi
39	S. SONI KUMARI	I-B.SC(CS)-B	S. Soni Kumari
40	R. SONIYA	I-B.SC(CS)-B	R. Soniya
41	M. SRI DHARSHINI	I-B.SC(CS)-B	M. Sri
42	T. SRI LEKA	I-B.SC(CS)-B	T. Sri Leika
43	V. SUBHIKSHA	I-B.SC(CS)-B	V. Subhiksha
44	P. THARANI	I-B.SC(CS)-B	P. Tharani
45	S.S. THATCHAYANI	I-B.SC(CS)-B	S.S. Thatchani
46	M. VAISHNAVI	I-B.SC(CS)-B	M. Vaishnavi
47	S. AISHWARYA	I-BCA	S. Aishwarya
48	N. DHANUSIYA	I-BCA	N. Dhanusya
49	V. DHARSHINI	I-BCA	V. Dharshini
50	K.L. HARSHINI	I-BCA	K.L. Harshini
51	A. JAMUNA	I-BCA	A. Jamuna
52	S. KAVIPRIYA	I-BCA	S. Kavipriya
53	E. NISHA	I-BCA	E. Nisha
54	M. POOVITHA	I-BCA	M. Poovitha
55	R. PRIYA	I-BCA	R. Priya
56	M. SUKITHA	I-BCA	M. Sukitha
57	D. YURUTHIKA	I-BCA	D. Yuruthika
58	S. ZU Variya THASIN	I-BCA	S. Zu Variya Thasin
59	C. DHARANI	I-B.SC CS (AI&DS)	C. Dharani
60	D. BHARATHI	I-B.SC CS (AI&DS)	D. Bharathi
61	B. DEVADHARSHINI	I-B.SC CS (AI&DS)	B. Devadharshini
62	S. DHARANEE	I-B.SC CS (AI&DS)	S. Dharanee
63	P. DHARSHINI	I-B.SC CS (AI&DS)	P. Dharshini
64	P. DHIVYA	I-B.SC CS (AI&DS)	P. Dhivya
65	S. DHIVYADHARSHINI	I-B.SC CS (AI&DS)	S. Dhivyadharshini
66	A. FATHIMA YOUSRA	I-B.SC CS (AI&DS)	A. Fathima
67	D. GOBIKA YAZHINI	I-B.SC CS (AI&DS)	D. Gobika
68	S. KANIKA	I-B.SC CS (AI&DS)	S. Kanika
69	C. MAHALAKSHMI	I-B.SC CS (AI&DS)	C. Mahalakshmi
70	N. MAHESWARI	I-B.SC CS (AI&DS)	N. Maheswari
71	J. NAWFIYA	I-B.SC CS (AI&DS)	J. Nawfiya
72	M. RABIYA	I-B.SC CS (AI&DS)	M. Rabiya
73	S. RANJINI	I-B.SC CS (AI&DS)	S. Ranjini
74	S. SANJANA SRI	I-B.SC CS (AI&DS)	S. Sanjana Sri
75	L. SHERIN	I-B.SC CS (AI&DS)	L. Sherin
76	M. SHOBICA	I-B.SC CS (AI&DS)	M. Shobica
77	E. SUTHESHNA	I-B.SC CS (AI&DS)	E. Sutheshna
78	DEEPIKA S.L.	I B.Sc- N&D	S.L. Deepika
79	RAJESWARI J	I B.Sc- N&D	Rajeswari J

80	RAMYA.S	I B.Sc- N&D	S. Ramya
81	SUBARTHINI P	I B.Sc- N&D	P. Subar
82	BRINDHA P	II B.Sc- N&D	P. Brindha
83	DHARANI S R	II B.Sc- N&D	S.R. Dharani
84	HASIN MEHMUDA.A.N	II B.Sc- N&D	Hasin
85	KAVIYA S	II B.Sc- N&D	S. Kaviya
86	LIBIKA S	II B.Sc- N&D	S. Libika
87	MAHALAKSHMI S	II B.Sc- N&D	S. Mahalakshmi
88	MANQRANJAN.M	II B.Sc- N&D	M. Manojkumar
89	NINDHU.A	II B.Sc- N&D	A. Nindhu
90	NIVITHA.R	II B.Sc- N&D	R. Nivitha
91	PREETHISHA.M	II B.Sc- N&D	M. Preethisha
92	RAKSHASRI.K.V	II B.Sc- N&D	K.V. Raksha
93	SRIMATHI S	II B.Sc- N&D	S. Srimathi
94	DEEPIKA.S	III B.Sc- N&D	P. Deepika
95	DHIVYA SRI.S	III B.Sc- N&D	S. Dhivya
96	JESSY.J	III B.Sc- N&D	J. Jessy
97	JOTHIBHARATHI.M	III B.Sc- N&D	M. Jothi
98	KAVIYA.M	III B.Sc- N&D	M. Kaviya
99	LAVANYA.R	III B.Sc- N&D	R. Lavanya
100	MANJU.D	III B.Sc- N&D	D. Manju
101	NISHA.A	III B.Sc- N&D	A. Nisha
102	RASEENA BE.M	III B.Sc- N&D	M. Raseena
103	SHARUMATHI.K	III B.Sc- N&D	K. Sharumathi
104	VARSHINI.N	III B.Sc- N&D	N. Varshini
105	GOBIGAA S	I-B.Sc. CDF	S. Gobiga
106	GOPIKA S	I-B.Sc. CDF	S. Gopika
107	KAVITHRA R	I-B.Sc. CDF	R. Kavithra
108	LATHIKA R	I-B.Sc. CDF	R. Lathika
109	MALISHRI M	I-B.Sc. CDF	M. Malishri
110	NARTHIKA B	I-B.Sc. CDF	B. Nartika
111	NAVEENA SRI R	I-B.Sc. CDF	R. Naveena
112	SAMARSHINI A	I-B.Sc. CDF	A. Samarshini
113	SHARMILADEVI K	I-B.Sc. CDF	K. Sharmiladevi
114	SWATHI T	I-B.Sc. CDF	T. Swathi
115	THILAGAVATHI G	I-B.Sc. CDF	G. Thilaga
116	VISHALI K	I-B.Sc. CDF	K. Vishali
117	AASHA K	II-B.Sc. CDF	K. Asha
118	DHEETHIKA S	II-B.Sc. CDF	S. Dheetika
119	KARTHIKA B	II-B.Sc. CDF	B. Kartika
120	KAVYA D	II-B.Sc. CDF	D. Kavya
121	LAVANYA V	II-B.Sc. CDF	V. Lavanya

122	PADMAVATHI K	II-B.Sc. CDF	K. Padmasu
123	SANDHIYA K	II-B.Sc. CDF	K. Sandya
124	SANMATHI JEYSIHAN	II-B.Sc. CDF	M. Santhi
125	DOUNDHARYA P	II-B.Sc. CDF	S. D. D.
126	VAISHALI S	II-B.Sc. CDF	S. V.
127	AKILA P	III-B.Sc. CDF	P. Akila
128	JANANI A	III-B.Sc. CDF	A. Janani
129	KALPANA S	III-B.Sc. CDF	S. Kalpana
130	KAVINMATHI G	III-B.Sc. CDF	G. Kavimathi
131	MITHUNA SRI G	III-B.Sc. CDF	G. Mithuna
132	RITHIKA S	III-B.Sc. CDF	S. Rithika
133	VINOTHINI K	III-B.Sc. CDF	K. Vinothini


Principal,
 Trinity College for Women (Arts & Science)
 Namakkai - 637 002.

EXTERNAL ACTIVITIES

S.NO	DATE	NAME OF THE PROGRAMME	PLACE VISITED	PROGRAMME DETAILS
1	25.07.2025 & 26.07.2025	STUDY TOUR	MUNNAR, KANTHALLOR	DAY-1 VIEW POINT, ELEPHANT CAMP, MATTUPETTY DAM, ECO LAKE, TOP STATION DAY-II SANDAL FOREST, BRAMBARAM VIEW, HONEY ROCK, KEEZHANTHOOR WATER FALL, STRAWBERRY VIEWS. SUGARCANE FACTORY, MURUGA MALAI
2	28.08.2025	INDUSTRIAL VISIT	M/s. SVS & Co, FIBER INDUSTRY, RASIPALAYAM, MOHANUR TALUK, NAMAKKAL DISTRICT.	TRANSFORMATION OF BANANA STEM WASTE, RIVER GRASS AND COCONUT BROOM STICKS INTO SUSTAINABLE AND MARKET-READY PRODUCTS
3	16.09.2025	NATIONAL NUTRITION WEEK CELEBRATION 2025	NKR GOVERNMENT ARTS COLLEGE FOR WOMEN, NAMAKKAL	EAT RIGHT FOR A BETTER LIFE
4	06.02.2026 & 07.02.2026	STUDY TOUR	COORG AND MEDIKERI	DAY-I GOLDEN TEMPLE, RIVER RAFTING, BAMBOO FOREST, CAUVERY NISAGADHAVANA SHOPPING, DJ DAY-II ABBEY FALLS, RAJA SEAT GARDEN, CHIKOLA DAM, ELEPHANT CAMP, HARANGI DAM AND LIGHTSHOW.
5	27.02.2026	NATIONAL SEMINAR	KSR COLLEGE ARTS AND SCIENCE FOR WOMEN, TIRUCHENGODE	“CONVERGING SCIENCE & STYLE : LIFE SCIENCE INNOVATIONS FOR HUMAN HEALTH AND SUSTAINABLE FASHION”



TRINITY COLLEGE FOR WOMEN
DEPARTMENT OF NUTRITION & DIETETICS

Date: 23.07.2025
Place: Namakkal

From
Department of N&D
Trinity College for Women
Namakkal

To
The Executive Director
Trinity College for Women
Namakkal

Through
The Principal
Trinity College for Women
Namakkal

Respected Sir
Sub: Requesting permission for educational tour –Reg.

The **Department of N&D** planned to organize two days **Educational Tour** to **Munnar** & **Kanthallor** on 25.07.2025 and 26.07.2025 (Friday & Saturday). So, we kindly request you to give permission for the **Educational Tour**.

The students and staffs details for the educational tour is given below,

S.no	Class	No. of students	Staff incharge	Remarks
I	I B.Sc- N&D	02	Mrs.R.Rupa,AP & HOD- N&D Ms.P.SriRenugadevi,AP- N&D Ms.A.Nandhini, Lab Assistant- N&D	
	II B.Sc- N&D	12		
	III B.Sc- N&D	10		

Thanking You

Yours faithfully


Principal,
Trinity College for Women (Arts & Science),
Namakkal - 637 002.

R.m.
24/07/25



NK HOLIDAYS

DEIVANAYAGAM STREET, SHEVAPET, SALEM - 636002

Mobile: 8056733272-9842054224

TWO DAYS FOR MUNNAR - MARAYOOR

DEPARTURE FROM OUR COLLEGE	10.00 PM
TRAVEL TO MUUNAR	
MORNING REACHED AND CHECK IN HOTE	07.30 AM
BREAKFAST	08.30 AM
JEEP RIDE START	09.30 AM

Day 1 - MUNNAR

10.00 AM - Photoshoot view point
10.45 AM - Elephant Camp
11.45 AM - Mattupatty Dam
01.30 PM - Lunch
02.30 PM - Eco point
03.15 PM - Eco Lake
04.00 PM - Kundalak lake
04.45 PM - Top Station
06.00 PM - Return to starting point
06.45 PM - Fire Camp
08.30 PM - Dinner
10.00 PM - Stay in Hotel

" YOUR PERFECT TOUR PATNER "

Day 2 –KANTHALUR

09.00-AM – Break Fast

10.00- AM- Travel To Marayoor

11.30- AM- JEEP RIDE START

12.15 PM- Sandal Forest

01.00 PM- Brambaram View

01.45 PM- Point Erumadam

02.15 PM- Honey Rock

02.30 PM- Keezhanthoor Waterfalls\ Erachilapara

03.45 PM- Strawberry View

04.15 PM- Sugarcane Factory

05.00 PM- Murugamalai off road view point

06.00 PM- Jeep Ride End

NOTE *TIMES IS APPROXIMATELY*

PACKAGE INCLUSION

- Bus,
- TAX,
- Tollgate,
- Parking,
- Driverbetta,
- Police,
- Rto,
- Room,
- Entry Ticket in Mentioned Place,
- Fire Camp.

" YOUR PERFECT TOUR PATNER"

TRINITY COLLEGE FOR WOMEN, NAMAKKAL

EDUCATIONAL TOUR

The Departments of Chemistry, Physics, Nutrition and Dietetics & Costume Design and Fashion, Trinity College for Women, Namakkal organized a valuable study tour for these department students on 24th July and 25th July 2025. A total of 92 students (Chemistry – 24, Physics – 23, Nutrition and Dietetics - 24 & Costume Design and Fashion – 21) accompanied by twelve faculty members on a journey of learning a new environment. They went to Munnar and Kanthalloor in Kerala state.

On the first day (24 th July 2025) (Munnar)	On the second day (25 th July 2025) (Kanthalloor)
They have seen the places like, Photo Shoot, View Point, Elephant Camp, Mattupetty Dam, Eco Point, Eco Lake, Kundala Lake, Top Station, Fire Camp, etc.,	They have viewed the locations such as, Sandal Forest, Brambaram View, Point Erumadam, Honey Rock, Keezhanthoor Water Falls/Erachilapore, Strawberry Views. Sugarcane Factory, Muruga Malai, Off Road Viewpoint, etc.,

Dr. S. Kalaivani and Ms. K.L. Priyadharshini (Faculty of Chemistry), Mrs. B. Kavitha and Dr. R. Sakunthaladevi (Faculty of Physics) & Mrs. R. Rupa, Ms. P. Sri Renugadevi, Ms. A. Nandhini (Faculty of Nutrition and Dietetics) Mrs. A.P. Pavithra, Ms. R. Vijaya Prabha, Ms. S. Vaishnavi & Ms. S. Prathishka (Faculty of Costume Design and Fashion) and the Physical Directress of the College, Mrs. V. Archana were the caretakers for these students.

Feedback from the students

Ms. V. Akshaya, Second Year B.Sc., Physics, Trinity College for Women – Native of Thottiyam, Tiruchirappalli District.

This two-day study tour gave us a lot of satisfaction. Even though it rained in Kerala state, our trip was not disrupted in any way. I convey my thanks to the administrators of Trinity College.

Ms. S. Kanishka, Third Year B.Sc., Physics, Trinity College for Women – Native of Palapatti, (Mohanur - Paramathi-Velur Road), Namakkal

Our college management permits us two industrial visit/study tour trips a year. Definitely, this type of study tour programme will be helpful to us for updating our knowledge. Our faculty members give full support to us during this study tour programme. I communicate my gratitude to the college Management and Principal.

Ms. L. Priya, Second Year M.Sc., Chemistry, Trinity College for Women, Namakkal – (Native of Sendamangalam, Namakkal District)

We need to learn new things rather than just being a frog in a well. Each and every participant of this study tour has enjoyed it, and they obtained a lot of information. Simply said, this trip was very useful for all.

I pass my hat tip to the organizers of that study tour.

TRINITY COLLEGE FOR WOMEN, NAMAKKAL
UG DEPARTMENT OF N&D
B.Sc N&D - EDUCATIONAL TOUR NAME LIST
ARRIVAL/DEPARTURE DETAILS

S.NO	STUDENT NAME	STUDENT NO	PARENT NO	COLLEGE IN TIME DETAILS		DEPARTURE TIME	ARRIVAL TIME	RETURN WITH	PARENT/ GUARDIAN SIGN
				TIME	PARENT/ GUARDIAN/SELF				
1	GOBIKA.T	7425073556	9715705556	5:50 PM	Brother	11:20 PM	4:30 PM	Brother	
2	RAJESWARI.J	9080637254	9489665691	4:00 PM	Self	11:20 PM	4:37 PM	Self	
3	BRINDHA.P	9514181938	7502619911	5:55 PM	Self	11:20 PM	4:37 PM	Self	
4	DIVYA.M	6575697979	9894976379	8:00 PM	Father	11:20 PM	5:20 PM	Self	
5	FAHIMITHA BANUS	9626151097	9626131097	7:15	Mother	11:20 PM	4:54 PM	Mother	
6	JEGATHAMBIGAL.K.S	9566816946	9003746946	7:05 PM	Father	11:20 PM	4:45 PM	Father	
7	KAVIYA.S	6374897282	9965471712	8:10 PM	Father	11:20 PM	4:47 PM	Self	
8	LIBIKA.S	6314974086	6369465052	7:24	Mother	11:20 PM	3:00 PM	Self	
9	NINDHU.A	9611617111	9780617111	7:40	Sister	11:20 PM	4:39 PM	Self	
10	SANTHIYA.T	9025613512	9894352744	8:00	Mother	11:20 PM	4:37 PM	Self	
11	SHRE ISHWERYA LAKSHMI.K	8608565880	8608165880	7:35	BROTHER	11:20 PM	4:39 PM	Brother	
12	SRIMATHI.S	9444343716	9436667116	7:03 PM	Father	11:20 PM	5:20 PM	Father	
13	SRISABITHA.G	7875948194	6894659119	7:50	Brother	11:20 PM	4:15 PM	Self	
14	YUVRANIL.G	8098200207	8754686629	7:00 PM	Sister	11:20 PM	4:45 PM	Father	
15	DEEPIKA.S	7339111162	934575360	5:24 PM	Self	11:20 PM	4:15 PM	Self	
16	DHIVYA SRI.S	9600751718	9159491799	8:45 PM	Sister	11:20 PM	5:25 PM	Grandmother	
17	JESSY.J	7904085888	9842591122	6:54 PM	parent	11:20 PM	4:37 PM	Self	
18	JOTHIBHARATHI.M	9363260898	9894428103	6:00 PM	Self	11:20 PM	4:37 PM	Self	
19	KAVIYA.M	9361400828	8270718228	9:16 PM	Mother	11:20 PM	4:37 PM	Self	

20	AVANYA.R	781284728	9047652047	6:00 PM	Self	11:20 PM	4:37 PM	Self	
21	MANJU.D	9787833122	-	9:00	mother	11:20 PM	4:55 PM	Mother	
22	RASEENA B.E.M	9585312927	8438242927	9:00 PM	Guardian	11:20 PM	4:37 PM	Self	
23	SHARUMATHI.K	8098977688	9626188159	6:00 PM	Self	11:20 PM	4:37 PM	Self	
24	VARSHINI.N	-	9345467222	7:52 PM	Father	11:20 PM	4:37 PM	Father	

P.R.
CLASS INCHARGE SIGNATURE

R.M.
HOD 28/07/15

M.
PRINCIPAL
Trinity College for Women (Arts & Science)
Namakkal - 637 002.



TRINITY COLLEGE FOR WOMEN, NAMAKKAL
DEPARTMENT OF N&D
EDUCATIONAL TOUR NAME LIST

S.NO	STUDENT NAME	CLASS	SIGNATURE
S.NO	GOBIKA.T	I B.Sc N&D	T. G. T.
2	RAJESWARI.J	I B.Sc N&D	R. J.
3	BRINDHA.P	II B.Sc N&D	P. Brindha
4	DIVYA.M	II B.Sc N&D	M. Divya
5	FAHIMITHA BANU.S	II B.Sc N&D	S. Fahimitha
6	JEGATHAMBIGAI.K.S	II B.Sc N&D	K. Jegathambigai
7	KAVIYA.S	II B.Sc N&D	S. Kaviya
8	LIBIKA.S	II B.Sc N&D	S. Libika
9	NINDHU.A	II B.Sc N&D	A. Nindhu
10	SANTHIYA.T	II B.Sc N&D	T. Santhiya
11	SHRE ISHWERYA LAKSHMI	II B.Sc N&D	K. Shre Ishwerya
12	SRIMATHI.S	II B.Sc N&D	S. Srimathi
13	SRISABITHA.G	II B.Sc N&D	G. Srisabitha
14	YUVARANI.G	II B.Sc N&D	G. Yuvarani
15	DEEPIKA.S	III B.Sc N&D	S. Deepika
16	DHIVYA SRI.S	III B.Sc N&D	S. Dhivya
17	JESSY.J	III B.Sc N&D	J. Jessy
18	JOTHIBHARATHI.M	III B.Sc N&D	M. Jothibharathi
19	KAVIYA.M	III B.Sc N&D	M. Kaviya
20	LAVANYA.R	III B.Sc N&D	R. Lavanya
21	MANJU.D	III B.Sc N&D	D. Manju
22	RASEENA BE.M	III B.Sc N&D	M. Raseena
23	SHARUMATHI.K	III B.Sc N&D	K. Sharumathi
24	VARSHINI.N	III B.Sc N&D	N. Varshini

R.M.
28/07/25
HOD

(Signature)
28/07/25
PRINCIPAL

Principal,
Trinity College for Women (Arts & Science),
Namakkal - 637 002.



TRINITY COLLEGE FOR WOMEN
DEPARTMENT OF NUTRITION & DIETETICS

Date: 26.08.2025

Place: Namakkal

From

Department of N&D
Trinity College for Women
Namakkal

To

The Executive Director
Trinity College for Women
Namakkal

Through

The Principal
Trinity College for Women
Namakkal

Respected Mam

Sub: Requesting permission for Industrial Visit –Reg.

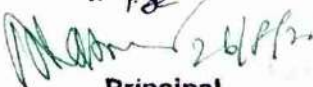
The **Department of N&D** planned to organize a visit to “**SVS & Co Fibre Garden / SVS Foundation** 2/163, Kamaraj Street, Rasipalayam, Mohanur PO & TK., Namakkal” on 28.08.2025 (Thursday). We kindly request you to give permission for Industrial Visit.

The students and staffs details is given below,

S.No	Class	No of the students	Staff Incharge	Remarks
1	I B.Sc- N&D	4	Mrs R.Rupa.,AP/HOD-N&D	
2	II B.Sc- N&D	20	Ms.P.SriRenugadevi.,AP-N&D	
3	III B.Sc- N&D	11	Mrs.S.Bharathi.,AP-N&D Ms.A.Nandhini.,Lab Assistant-N&D	

Thanking You

Yours faithfully,



Principal,
Trinity College for Women (Arts & Science),

REPORT SUMMARY

Industrial visit for students of Nutrition and Dietetics

35 students along with the four faculty members of Nutrition and Dietetics (Mrs. R. Rupa, Ms. P. Sri Renugadevi, Mrs. S. Bharathi and Ms. A. Nandhini), Trinity College for Women, Namakkal went on an Industrial Visit on 28th August 2025 at the premises of M/s. SVS & Co, Fiber Industry, Rasipalayam, Mohanur Taluk, Namakkal District.

Mrs. V.S. Suganthi, Director of M/s. SVS & Co. gave a brief introduction about the industry and explained the transformation of banana stem waste, river grass and coconut broom sticks into sustainable and market-ready products to the students and faculty members. In addition, they demonstrated the production of Eco- friendly products like Pooja Basket, Laundry Bin, Fruit Basket, Etc.,



Mohanur, Tamil Nadu, India

1/76-b, Indira Nagar, Mohanur, Tamil Nadu 637015, India

Lat 11.070761° Long 78.142955°

28/08/25 11:38 AM GMT +05:30

Google

GPS Map Camera



Mohanur, Tamil Nadu, India

1/76-b, Indira Nagar, Mohanur, Tamil Nadu 637015, India

Lat 11.070832° Long 78.142905°

28/08/25 12:40 PM GMT +05:30

Google

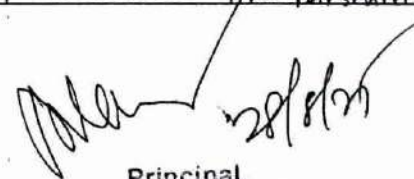
GPS Map Camera

TRINITY COLLEGE FOR WOMEN, NAMAKKAL

DEPARTMENT OF NUTRITION AND DIETETICS

SVS & Co FIBRE GARDEN / SVS FOUNDATION

S.No	NAME	CLASS	SIGNATURE
1	DEEPIKA S.L	I B.Sc N&D	S.L. Deepika
2	GOBIKA.T	I B.Sc N&D	T. Gobi
3	RAJESWARI.J	I B.Sc N&D	J. Rajeswari
4	SUBARTHINI.P	I B.Sc N&D	P. Sub
5	BRINDHA.P	II B.Sc N&D	P. Brindha
6	DHARANI.A	II B.Sc N&D	A. Dharani
7	DHARANI.S.R	II B.Sc N&D	S.R. Dharani
8	FAHIMITHA BANU.S	II B.Sc N&D	S. Fahimitha
9	HASIN MEHMUDA.A.N	II B.Sc N&D	A.N. Hasin
10	JEGATHAMBIGAI.K.S	II B.Sc N&D	K.S. Jegathambigai
11	KAVIYA.S	II B.Sc N&D	S. Kaviya
12	LIBIKA.S	II B.Sc N&D	S. Libika
13	MAHALAKSHMI.S	II B.Sc N&D	S. Mahalakshmi
14	MANORANJANI.M	II B.Sc N&D	M. Manoranjani
15	NINDHU.A	II B.Sc N&D	A. Nindhu
16	NIVITHA.R	II B.Sc N&D	R. Nivitha
17	RAKSHASRI.K.V	II B.Sc N&D	K.V. Rakshasri
18	SANTHIYA.T	II B.Sc N&D	T. Santhiya
19	SHRE ISHWERYA LAKSHMI.K	II B.Sc N&D	K. Shre Ishwerya
20	SRIMATHI.S	II B.Sc N&D	S. Srimathi
21	SRISABITHA.G	II B.Sc N&D	G. Srisabitha
22	YUVARANI.G	II B.Sc N&D	G. Yuvarani
23	DEEPIKA.S	III B.Sc N&D	S. Deepika
24	DHIVYA SRI.S	III B.Sc N&D	S. Dhivya
25	JESSY.J	III B.Sc N&D	J. Jessy
26	JOTHIBHARATHI.M	III B.Sc N&D	M. Jothibharathi
27	KAVIYA.M	III B.Sc N&D	M. Kaviya
28	LAVANYA.R	III B.Sc N&D	R. Lavanya
29	MANJU.D	III B.Sc N&D	D. Manju
30	RASEENA BE.M	III B.Sc N&D	M. Raseena
31	SHARUMATHI.K	III B.Sc N&D	K. Sharumathi
32	VARSHINI.N	III B.Sc N&D	N. Varshini



Principal,
Trinity College for Women (Arts & Science),
Namakkal - 637 002.



**N.K.R GOVERNMENT ARTS COLLEGE FOR WOMEN,
NAMAKKAL**

(Re-Accredited with 'A' Grade-3.18 by NAAC Affiliated by Periyar University, Salem)

Cordially invites you to join

NATIONAL NUTRITION WEEK CELEBRATION

Organized by

Department of Nutrition and Dietetics

**NOURISH & DISCOVER: INTER COLLEGIATE MEET &
NUTRITION EXPO 2025**

THEME: "EAT RIGHT FOR A BETTER LIFE"

DATE & TIME:

16.09.2025 / 10.00 AM to 2.00 PM

VENUE:

OLD AUDITORIUM & SEMINAR HALL



TRINITY COLLEGE FOR WOMEN
DEPARTMENT OF NUTRITION & DIETETICS

Date: 15.09.2025

Place: Namakkal

From

Department of N&D
Trinity College for Women
Namakkal

To

The Executive Director
Trinity College for Women
Namakkal

Through

The Principal
Trinity College for Women
Namakkal

Respected Mam

Sub: Requesting permission for attending intercollegiate meet –Reg.

The Department of N&D planned to attend a one day Intercollegiate meet & Nutrition Expo 2025, at NKR Govt Arts College For Women" National Nutrition Week Celebration" 16.09.2025(Tuesday). We kindly request you to give permission for attending the intercollegiate meet.

The students and staffs details is given below,

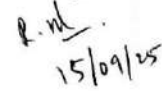
S.No	Year & Degree	No.of students	Staff Incharge	Remarks
1	I B.Sc- N&D	03	Mrs R.Rupa.,AP/HOD-N&D Ms.P.SriRenugadevi.,AP-N&D Ms.A.Nandhini.,Lab Assistant-N&D	
2	II B.Sc- N&D	15		
3	III B.Sc- N&D	08		

Thanking You


15/9/25

Principal,
Trinity College for Women (Arts & Science)
Namakkal - 637 002.

Yours faithfully,


15/09/25

REPORT SUMMARY

Owing to the observation of National Nutrition Week, the department of Nutrition & Dietetics, Namakkal Kavignar Ramalingam Government Arts College for Women, Namakkal organized a one day Nourish & Discover: Intercollegiate Meet & Nutrious Expo 2025 on 16.09.2025 in the College campus.

Theme – Nutrious Food for All, From Children to the Elderly

Various events like Treasure Hunt (One minute Nutri Talk), Logo (Topic – Healthy Teens- Strong Nation), Nutricrafts (Topic – Nutri Carnivar), Mime (Topic – Monthful Messages on Crawlings Vs Control) & Display (Topic – Power Snaks Parade).

Dr.R. Sujatha, Associate Professor and Head, Department of Nutrition and Dietetics, NKR Govt Arts College for Women, Namakkal was the convener. Dr. L. Santhadani, Assistant Professor in Nutrition and Dietetics, NKR Govt. Arts College for Women, Namakkal was the organizing secretary.

Various colleges (Namakkal Kavignar Ramalingam Government Arts College for Women, Namakkal, Thiruvalluvar Government Arts College, Rasipuram, KSR College of Arts and Science for Women, Tiruchengode, Trinity College for Women, Namakkal, AVS College of Arts and Science, Ramalingapuram, Salem, Pavai Arts and Science College for Women, Anaipalayam, Rasipuram, Namakkal and PGP College of Arts and Science, Namakkal actively took part. On behalf Trinity College for Women, Namakkal, the following Nutrition and Dietetics students participated. Mrs.R.Rupa, Assistant Professor and Head, Ms. P. Sri Renugadevi, Assistant Professor and Ms. A. Nandhini, Lab. Assistant, Nutrition and Dietetics also attended that event.

The above said participants are greeted.

DEPARTMENT OF NUTRITION AND DIETETICS
NOURISH & DISCOVER : INTER COLLEGIATE MEET & NUTRITION
EXPO 2025

TREASUREHUNT

S.No	Name of the Student	Class	Remarks
1	Ms. D.Manju	III B.Sc N&D	I Prize
2	Ms. S.Kaviya	II B.Sc N&D	Participation
3	Ms. S.Dhivya Sri	III B.Sc N&D	Participation

LOGO

S.No	Name of the Student	Class	Remarks
1	Ms. Raksha Sri.K.V	II B.Sc N&D	I Prize
2	Ms. Shree Ishwerya lakshmi. K	II B.Sc N&D	II Prize
3	Ms. Fahimitha Banu. S	II B.Sc N&D	Participation
4	Ms. Dharani.S.R	II B.Sc N&D	Participation
5	Ms. Gobika.T	I B.Sc N&D	Participation
6	Ms. Deepika.S	I B.Sc N&D	Participation

NUTRICRAFT

S.No	Name of the Student	Class	Remarks
1	Ms. Preethisha.M	II B.Sc N&D	II Prize
	Ms. Sandhiya.T	II B.Sc N&D	
2	Ms. Nivitha.R	II B.Sc N&D	Participation
	Ms. Nindhu.A	II B.Sc N&D	Participation
3	Ms. Raseena be. M	III B.Sc N&D	Participation
4	Ms. Kaviya.M	III B.Sc N&D	Participation

MIME

S.No	Name of the Student	Class	Remarks
1	Ms.Jothibharathi.M	III B.Sc N&D	II Prize
	Ms.Varshini.N	III B.Sc N&D	
	Ms.Jessy.J	III B.Sc N&D	
	Ms.Sharumathi.K	III B.Sc N&D	
	Ms.Manoranjani. M	II B.Sc N&D	
2	Ms.Srimathi.S	II B.Sc N&D	III Prize
	Ms.Mahalakshmi.S	II B.Sc N&D	
	Ms.Dharani.A	II B.Sc N&D	
	Ms.Srisabitha.G	II B.Sc N&D	

DISPLAY

S.No	Name of the Student	Class	Remarks
1	Ms.Ramya.S	I B.Sc N&D	I Prize
2	Ms.Libika.S	II B.Sc N&D	Participation



TRINITY COLLEGE FOR WOMEN, NAMAKKAL

DEPARTMENT OF NUTRITION AND DIETETICS

NOURISH & DISCOVER : INTER COLLEGIATE MEET & NUTRITION EXPO 2025

S.No	Name of the Student	Class	Competition	Signature
1	S.Kaviya	II B.Sc N&D	Treasure Hunt	Kaviya S
2	D.Manju	III B.Sc N&D	Treasure Hunt	Manju
3	S.Dhivya Sri	III B.Sc N&D	Treasure Hunt	Dhivya
4	Raksha Sri.K.V	II B.Sc N&D	Logo	K.V. Rakshani
5	Shree Ishwarya lakshmi. K	II B.Sc N&D	Logo	K. Ishwarya
6	Fahimitha Banu. S	II B.Sc N&D	Logo	Fahimitha
7	Dharani.S.R	II B.Sc N&D	Logo	S.R. Dharani
8	Gobika.T	I B.Sc N&D	Logo	T. Gobika
9	Deepika.S	I B.Sc N&D	Logo	S. Deepika
10	Raseena be. M	III B.Sc N&D	Nutricraft	Raseena Be.
11	Kaviya.M	III B.Sc N&D		Kaviya
12	Preethisha.M	II B.Sc N&D	Nutricraft	M. Preethisha
13	Sandhiya.T	II B.Sc N&D		T. Sandhiya
14	Nivitha.R	II B.Sc N&D	Nutricraft	R. Nivitha
15	Nindhu.A	II B.Sc N&D		Nindhu.A
16	Jothibharathi.M	III B.Sc N&D	Mime	J. Jothibharathi
17	Varshini.N	III B.Sc N&D		N. Varshini
18	Jessy.J	III B.Sc N&D		J. Jessy
19	Sharumathi.K	III B.Sc N&D		K. Sharumathi
20	Manoranjani. M	II B.Sc N&D	Mime	M. Manoranjani
21	Srimathi.S	II B.Sc N&D		S. Srimathi
22	Mahalakshmi.S	II B.Sc N&D		S. Mahalakshmi
23	Dharani.A	II B.Sc N&D		A. Dharani
24	Srisabitha.G	II B.Sc N&D	Food Display	G. Srisabitha
25	Ramya.S	I B.Sc N&D		S. Ramya
26	Libika.S	II B.Sc N&D	Food Display	S. Libika

Principal,
Trinity College for Women (Arts & Science)
Namakkal - 637 002.

R. M.
15/09/25



TRINITY COLLEGE FOR WOMEN
DEPARTMENT OF NUTRITION & DIETETICS

Date: 02.02.2026
Place: Namakkal

From
Department of N&D
Trinity College for Women
Namakkal

To
The Executive Director
Trinity College for Women
Namakkal

Through
The Principal
Trinity College for Women
Namakkal

Respected Sir
Sub: Requesting permission for educational tour -Reg.

The Department of N&D planned to organize two days **Educational Tour** to Coorg on 06.02.2026 and 07.02.2026 (Friday & Saturday). So, we kindly request you to give permission for the **Educational Tour**.

The students and staffs details for the educational tour is given below,

S.no	Class	No. of students	Staff incharge	Remarks
1	I B.Sc- N&D	01	Mrs.R.Rupa,AP & HOD- N&D Ms.P.SriRenugadevi,AP- N&D	
	III B.Sc- N&D	05		

Thanking You

Yours faithfully

Principal,
Trinity College for Women (Arts & Science)
Namakkal - 637 002.

P.W.
02/02/26



NK HOLIDAYS

DEIVANAYAGAM STREET,SHEVAPET,SALEM-636002

Mobile:8056733272-9842054224

TWO DAYS FOR Coorg, Madikeri

Day 1 –COORG

07.30 AM-	Check in room for refreshment
08.45 AM-	Breakfast
09.30 AM-	Golden temple
12.15 PM-	River rafting
02.00PM-	Lunch
03.15 PM-	Bamboo forest
04.00 PM-	Cauvery Nisagadharama shopping
07.00 PM-	DJ
08.30 PM-	Dinner
09.45 PM-	Check in room

Day 2 –MADIKERI

08.45AM-	Breakfast
09.30AM-	Abby falls
11.30 AM-	Raja seat
02.00PM-	Lunch
03.15 PM-	Chikole Dam
04.30 PM-	Elephant Camp
05.40 PM-	Harangi Dam & Light show
08.30 PM-	Dinner
09.50 PM-	Departure From Coorg

NOTE : TIMES IS APPROXIMATELY

TRINITY COLLEGE FOR WOMEN, NAMAKKAL

EDUCATIONAL TOUR

An educational field trip to Coorg and Medikeri (Kodagu District), Karnataka state was held for the students of Costume Design & Fashion and Nutrition & Dietetics, Trinity College for Women, Namakkal on 06th & 07th February 2026.

19 students of Costume Design and Fashion & Nutrition and Dietetics, along with the four faculty members (Mrs. R. Rupa, Ms. P. Sri Renugadevi, Mrs. A. P. Pavithra & Ms. S. Prathishka) went to the beautiful large hill stations of Coorg and Medikeri.

On the first day (06.02.2026) (In Coorg)	On the second day (07.02.2026) (In Madikeri)
They have seen the golden temple, river rafting, bamboo forest and purchased the goods (including authentic honey, aromatic spices, homemade chocolates, coffee and bamboo handicrafts, etc.,) from the cauvery nisagadhavana shopping. Apart from that, they participated in the dj (disc jockey)	They have viewed the abbey falls, raja seat garden, chikola dam, elephant camp, harangi dam and took part in the lightshow.

TRINITY COLLEGE FOR WOMEN, NAMAKKAL
UG DEPARTMENT OF N&D
B.Sc N&D - EDUCATIONAL TOUR NAME LIST
ARRIVAL/DEPARTURE DETAILS

S.NO	STUDENT NAME	STUDENT NO	PARENT NO	COLLEGE IN TIME DETAILS		DEPARTURE TIME	ARRIVAL TIME	RETURN WITH	PARENT/ GUARDIAN SIGN
				TIME	PARENT/ GUARDIAN/S ELF				
1	GOBIKA.T	766073556	9715905556	6.33	ANNA	8.30	9.00	Self	T.Gunf.
2	DHIVYA SRLS	9600751798	7159497798	6.52	Sister	8.30	9.00	Self	S.dhivya
3	KAVIYA.M	9361600826	8270718226	6.19	Amma	8.30	9.00	Self	M. K. S.
4	MANJU.D	9843433123	9787833122	6.30	Sister	8.30	9.00	Self	Manju.9
5	RASEENA BE.M	843824292	958531292	6.07	Anna	8.30	9.00	Self	M. Raseena
6	NISHA.A	6369538141	9341018537	7.16	father	8.30	9.00	Self	Nisha

CLASS INCHARGE SIGNATURE

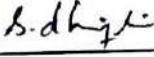
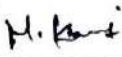
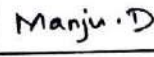
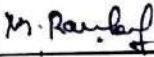
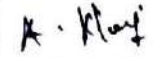
HOD

PRINCIPAL
Trinity College for Women (Arts & Science)
Namakkal - 637 002.





TRINITY COLLEGE FOR WOMEN, NAMAKKAL
DEPARTMENT OF N&D
EDUCATIONAL TOUR NAME LIST

S.NO	STUDENT NAME	CLASS	SIGNATURE
1	GOBIKA.T	I B.Sc N&D	
2	DHIVYA SRI.S	III B.Sc N&D	
3	KAVIYA.M	III B.Sc N&D	
4	MANJU.D	III B.Sc N&D	
5	RASEENA BE.M	III B.Sc N&D	
6	NISHA.A	III B.Sc N&D	


02/02/26
HOD


2/2/26
PRINCIPAL
Principal,
Trinity College for Women (Arts & Science)
Namakkal - 637 002.



**TRINITY COLLEGE FOR WOMEN
DEPARTMENT OF NUTRITION & DIETETICS**

Date: 26.02.2026

Place: Namakkal

From

Department of N&D
Trinity College for Women
Namakkal

To

The Executive Director
Trinity College for Women
Namakkal

Through

The Principal
Trinity College for Women
Namakkal

Respected Mam

Sub: Requesting permission for attending National Seminar –Reg.

The **Department of N&D** planned to attend a one day National Seminar at KSR College of Arts and Science Entitled “**Converging science & style : Life Science Innovations for Human Health and sustainable fashion**” on 27.02.2026(Friday). We kindly request you to give permission for attending the National Seminar.

The students and staffs details is given below,

S.No	Year & Degree	No.of students	Staff Incharge	Remarks
1	I B.Sc- N&D	6	Mrs.R.Rupa.,AP/HoD-N&D Ms.P.SriRenugadevi.,AP-N&D	
2	II B.Sc- N&D	18		
3	III B.Sc- N&D	6		

Thanking You


26/2/26
Principal,
Trinity College for Women (Arts & Science)
Namakkal - 637 010

Yours faithfully,

R.H.
26/02/26

REPORT SUMMARY

Students and faculty members of Nutrition & Dietetics participated in the national conference.

The School of Life Sciences (Departments of Nutrition & Dietetics, Costume Design & Fashion, and Microbiology), KSR College of Arts and Science for Women, Tiruchengode, Namakkal District, organized a National Conference titled “Converging Sciences & Style Life Science Innovation for Human Health & Sustainable Fashion” on 27th February 2026 at Vikram Sarabhai Hall in the premises of the college.

In this regard, 30 students along with the two faculty members (Mrs. R. Rupa & Ms. P. Sri Renugadevi) of Trinity College for Women, Namakkal, participated in that conference. All the participants are greeted.

S.No	Name of the student	Year and Degree
01	Ms.B. Bhakyalakshmi	I B.Sc., Nutrition and Dietetics
02	Ms.S.L. Deepika	I B.Sc., Nutrition and Dietetics
03	Ms.T .Gobika	I B.Sc., Nutrition and Dietetics
04	Ms.J .Rajeswari	I B.Sc., Nutrition and Dietetics
05	Mrs.S. Ramya	I B.Sc., Nutrition and Dietetics
06	Ms.P .Subarthini	I B.Sc., Nutrition and Dietetics
07	Ms. P. Brindha	II B.Sc., Nutrition and Dietetics
08	Ms. A. Dharani	II B.Sc., Nutrition and Dietetics
09	Ms. S. Fahimitha Banu	II B.Sc., Nutrition and Dietetics
10	Ms. A.N. Hasin Mehmuda	II B.Sc., Nutrition and Dietetics
11	Ms. K.S. Jegathambigai	II B.Sc., Nutrition and Dietetics
12	Ms. S. Kaviya	II B.Sc., Nutrition and Dietetics
13	Ms. S. Libika	II B.Sc., Nutrition and Dietetics
14	Ms. S. Mahalakshmi	II B.Sc., Nutrition and Dietetics
15	Ms. M. Manoranjani	II B.Sc., Nutrition and Dietetics
16	Ms. A. Nindhu	II B.Sc., Nutrition and Dietetics
17	Ms. R. Nivitha	II B.Sc., Nutrition and Dietetics
18	Ms. M. Preethisha	II B.Sc., Nutrition and Dietetics
19	Ms. V. Rakshasri	II B.Sc., Nutrition and Dietetics
20	Ms. T. Santhiya	II B.Sc., Nutrition and Dietetics
21	Ms. K. Shre Ishwerya Lakshmi	II B.Sc., Nutrition and Dietetics
22	Ms. S. Srimathi	II B.Sc., Nutrition and Dietetics
23	Ms. G. Sri Sabitha	II B.Sc., Nutrition and Dietetics
24	Ms. G. Yuvarani	II B.Sc., Nutrition and Dietetics
25	Ms. S. Dhivya Sri	III B.Sc., Nutrition and Dietetics
26	Ms. M. Jothibharathi	III B.Sc., Nutrition and Dietetics
27	Ms. M. Kaviya	III B.Sc., Nutrition and Dietetics
28	Ms. D. Manju	III B.Sc., Nutrition and Dietetics
29	Ms. M. Raseena Be	III B.Sc., Nutrition and Dietetics
30	Ms. N. Varshini	III B.Sc., Nutrition and Dietetics



TRINITY COLLEGE FOR WOMEN, NAMAKKAL-637002

DEPARTMENT OF NUTRITION AND DIETETICS

NATIONAL CONFERENCE -PARTICIPANTS LIST

Date : 27.02.2026

Venue : KSR College of Arts and Science

S.No	Name	Class	Signature
1	BHAKYA LAKSHMI.B	I B.Sc- N&D	Bhakyalakshmi
2	DEEPIKA.S.L	I B.Sc- N&D	Deepika S.L
3	GOBIKA.T	I B.Sc- N&D	T. Gobi
4	RAJESHWARI.J	I B.Sc- N&D	J. Rajeswari
5	RAMYA.S	I B.Sc- N&D	S. Ramya
6	SUBARTHINI.P	I B.Sc- N&D	P. Subarthini
7	BRINDHA.P	II B.Sc- N&D	P. Brindha
8	DHARANI.A	II B.Sc- N&D	A. Dhara
9	FAHIMITHA BANU.S	II B.Sc- N&D	S. Fahimitha
10	HASIN MEHMUDA.A.N	II B.Sc- N&D	Hasin
11	JEGATHAMBIGAI.K.S	II B.Sc- N&D	K.S. Jegathambigai
12	KAVIYA.S	II B.Sc- N&D	S. Kaviya
13	LIBIKA.S	II B.Sc- N&D	S. Libika
14	MAHALAKSHMI.S	II B.Sc- N&D	Mahalakshmi
15	MANORANJANI.M	II B.Sc- N&D	M. Manoranjani
16	NINDHU.A	II B.Sc- N&D	A. Nindhu
17	NIVITHA.R	II B.Sc- N&D	R. Nivitha
18	PREETHISHA.M	II B.Sc- N&D	M. Preethisha
19	RAKSHASRI.K.V	II B.Sc- N&D	K.V. Rakshasri
20	SANTHIYA.T	II B.Sc- N&D	T. Santhiya
21	SHRE ISHWERYA LAKSHMI.K	II B.Sc- N&D	K. Shre Ishwerya
22	SRIMATHI.S	II B.Sc- N&D	S. Srimathi
23	YUVARANI.G	II B.Sc- N&D	G. Yuvarani

24	DHIVYA SRI.S	III B.Sc- N&D	S. Dhivya S
25	JOTHIBHARATHI.M	III B.Sc- N&D	M. Jothif
26	KAVIYA.M	III B.Sc- N&D	M. K
27	MANJU.D	III B.Sc- N&D	D. Manju
28	RASEENA BE.M	III B.Sc- N&D	M. Raseena
29	VARSHINI.N	III B.Sc- N&D	N. Varshini

[Signature] 27/2/20

Principal,
Trinity College for Women (Arts & Science)
Namakkal - 637 002.