TRINITY COLLEGE FOR WOMEN
NAMAKKAL

DEPARTMENT OF NUTRITION & DIETETICS

PRINCIPLES OF RESOURE MANAGEMENT

ODD SEMESTER

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FAMILY RESOURCE MANAGEMENT

DEFINITION AND CONCEPT OF FAMILY RESOURCE MANAGEMENT

Resources can be defined as anything we use to achieve what we want (our goals). In other words, they are the materials and human attributes which satisfy our wants.

The concept of management involves planned use of resources directed towards the achievement of desired ends. This involves the weighing of values and the making of series of decisions.

MANAGEMENT PROCESS

Management process consists of five steps

- **Planning**
- **Organizing**
- **Directing**
- **Controlling**
- **Evaluating**

Planning

Planning is very important to the success of management process. It is basically working out ways or course of action to achieve the goals. Planning can be habitual or conscious.

Planning involves thinking through the possible ways of reaching a desired goal. It also involves developing a sequence of actions within an overall organizational structure.

The entire task from beginning to its completion must be viewed in whole. If the paths leading to the goals are easy to see, the choice of the best plan can be made quickly. When the path is hard to see due to some obstacle, the planner must find ways of overcoming them. As children do not have enough experience, they can get the help of an experienced adult to plan. The final act in planning is arriving at a decision. 'It is the gate that releases action'.

Organizing

Organising involves the performance of the following tasks.

- **Division of work among employees (assignment of duties)**
- **Delegation of authority (transfer of official rights by a superior to his subordinate)**
- **Creation of accountability (the sub-ordinate, to whom work has been assigned and authority has been delegated, is made answerable for the progress of work).**

Directing

Directing the human resource does not mean the process of issuing mere orders and instruction to the subordinate staff. It is, in fact, the process of supervising, guiding and motivating the employees in order to get the best out of them. By performing the directing function, the human resource manager will also be able to get the whole –hearted support and co-operation of all his subordinate staff. This help in the effective attainment of the enterprise objective.

Controlling

Controlling is carrying out the plan. This step calls for flexibility in thinking. At times new decisions are required which may result in changes in plan. For example: when the menus are planned for meals, if certain things are not available during shopping a fresh decision need to be made. The different phases of con-trolling are

Energising

Checking

Adjusting

Evaluating

This is a checking up process, which may help one move forward. The efficiency of the process and the quality of the end product are to be checked. When there is clear cut objectives it becomes easier to evaluate the entire process. The success or failure of the plan must be evaluated on the basis of the set goals. In case of failure the demerits of the plan may be noted and rectified while making further plans. Evaluation can be general or more detailed.

THANK YOU

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