

**TRINITY COLLEGE FOR
WOMEN
NAMAKKAL-637002**

**CHEMISTRY
DEPARTMENT
ACTIVITIES
2018-2019**



TRINITY COLLEGE FOR WOMEN, NAMAKKAL
ASSOCIATION OF CHEMISTRY

*Awareness Event on Pharmacological chemistry & Psychological Awareness
for Adults*

DATE: 04.01.19

TIME: 2.00 P.M

VENUE: MINI CONFERENCE HALL

AGENDA

- Prayer Song : Tamil Thai Vazhuthu
- Welcome Address : **Dr. M. R. Lakshiminarayanan, Ph.D.,**
Principal,
- Felicitation -Address : **Er. K. Nallusamy, B.E., (Agri.Engg.)**
Secretary,
- Presidential Address : **Mr. P. K. Sengodan,**
Chairman,
- Introduction of Chief Guest : **Mrs. N. Thangamani, M.Sc., M.Phil., B.Ed,**
HOD, Department of Chemistry,
- Special Address : **Dr. M. Tamilselvi MBBS., MD. (Psychiatry)**
Assistant Surgeon, Namakkal Government
Headquarters Hospital, Namakkal-637001
- Feedback Session :
- Vote of thanks : **Ms. P. Keerthana,**
III B.Sc., Chemistry, Dept. Secretary
- National Anthem







Entered - The International Day against Drug Abuse and Illicit Trafficking is observed on 26th June each year to put up alertness on illicit drug abuse. In this regard, The NSS Cell of Trinity College for Women and District Legal Service Authority, Namakkal jointly organized an E-Awareness Programme entitled "International Day against Drug Abuse" on 26th June 2020 from 12 PM to 1 PM. This event was held through the video conferencing of "Cisco WebEx". Judge D. Sujatha, Secretary/Sub Judge, District Legal Services Authority, Namakkal presided over this e-event. Dr. M. Tamilselvi, Psychiatrist Medicine, Government Medical College and Hospital, Namakkal was the resource person.

Dr M. Tamilselvi indicated that stress and nervousness are leading reasons for drug abuse among teenagers and college students. Rising drug abuse among students contributes to a distinct rise in the number of mental health problems among school and college students aged between 13 and 24.

As a result of stress and anxiety caused by the quest to score better grades, college students are turning to alcoholism, illegal drugs like Opiates, Barbiturates, Cocaine, Adderall, Meth, Morphina, Ganja, etc., she represented. She gave some tips for our younger generations for reduction of stress sort of positive attitude, regular exercise of body, yoga and meditation, consuming healthy food, enough sleep and rest, be bold and face the challenges, etc., More than 20 NSS volunteers of our College took part in that web programme.