



**TRINITY COLLEGE FOR WOMEN**  
**NAMAKKAL**  
**DEPARTMENT OF COSTUME DESIGN &**  
**FASHION**

**CARE AND MAINTENANCE OF TEXTILES**

**ODD Semester**

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**CARE  
&  
MAINTENANCE  
OF FABRIC**

## Cotton

- ❖ Cotton is the most commonly used fibre in clothing, so we bet you have plenty of it in your closet.
- ❖ But beware! Cotton will shrink at high temperatures, so do not wash in hot water.
- ❖ It holds up well in home laundering, though, and is pretty fuss-free that way.
- ❖ Don't leave your cotton clothes in the dryer for too long, or they will wrinkle.
- ❖ We would also advise against frequent tumble-drying because it weakens the fibre.



## Polyester



- ❖ More often than not, polyester clothing can be machine-washed (cool) and dried (low).
- ❖ But always use a cool iron, making sure it is not scalding hot, since polyester burns very easily.

## Linen



- ❖ Linen can be dry-cleaned or hand-washed.
- ❖ Any stains should be treated prior to washing.
- ❖ Don't put them out in the sun or dry in a tumble-dryer as it leads to shrinking.
- ❖ Use a steam iron for a crisp look.



## Nylon



- ❖ You can machine-wash nylon garments in warm water.
- ❖ Use a low-temperature setting and use a warm iron when necessary.

## Rayon

- ❖ Launder rayon in cool water using a mild detergent and choose a gentle machine cycle.
- ❖ Remember to promptly remove rayon garments after washing.
- ❖ Roll the garment in a towel to squeeze out excess water and then lay it out flat to dry.
- ❖ Iron rayon garments inside out while still damp



## Silk



- ❖ Silk is a delicate fabric and demands extra care for maintenance.
- ❖ Dry-cleaning is highly recommended and promises the best results too, though some varieties of silk can be hand (always hand-wash silk in lukewarm soapy water, without pre-soaking it) or machine-washed.
- ❖ Never dry it in a dryer!



## Wool

- ❖ Generally, woollens need to be dry-cleaned. If the label says it's hand-washable, use cool water and a detergent and soak it for about 20 minutes.
- ❖ Squeeze out excess water, then reshape and dry flat. Lined garments look best when professionally dry-cleaned once a season.
- ❖ Do NOT wash your woollens in hot water unless you're okay with them shrinking about 5 sizes at one go.



# THANK YOU

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