TRINITY COLLEGE FOR WOMEN, NAMAKKAL – 637 002

|  |
| --- |
| TRINITY COLLEGE FOR WOMEN  (ARTS AND SCIENCE),  NAMAKKAL – 637 002, Tamil Nadu state  (Permanently Affiliated to Periyar University, Salem &  Recognition under section 2f and 12b of UGC Act 1956)  [www.trinitycollegenkl.edu.in](http://www.trinitycollegenkl.edu.in/)  Email  [principal@trinitycollegenkl.edu.in](mailto:principal@trinitycollegenkl.edu.in)  [triniprincipal@gmail.com](mailto:triniprincipal@gmail.com)  [prltcwnkl22@gmail.com](mailto:prltcwnkl22@gmail.com)  [trinitech2010@gmail.com](mailto:trinitech2010@gmail.com)  95973-11258 & 94867-61459 |

YRC programmes conducted in our college during the month of October 2022

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| S.No | Nature of the Day | Date | Name of the topic | Name & Address of resource person |
| 1 | National Blood Donor’s Day | 01.10.2022 | Health Benefits of donating blood   * YRC & RRC | Mrs. B. Lena,  Assistant Professor, Department of Mathematics, Trinity college for women |
| 2 | International Day Of Non – Violence | 02.10.2022 | Gandhiji and Non - Violence | Mrs. V. Archana,  Physical Directress,  Trinity college for women |
| 3 | World Mental Health Day | 10.10.2022 | History of World Mental Health Day | Mrs. M. Ramya,  Assistant Professor, Department of Commerce, Trinity college for women |
| 4 | Swatch Bharath Clean India Mission/Tree Plantation | 11.10.2022 | Swatch Bharat Abhiyan | Cleaning the college campus |
| 5 | YRC Orientation Programme | 12.10.2022 | YRC Orientation Programme for freshers – Students of first year UG and PG | Dr. R. Savithri  YRC Programme Officer,  Trinity College for Women,  Namakkal 637 002 |
| 6 | International Day for Disaster Risk Reduction | 13.10.2022 | Disaster Risk Management – prevention and recovery | Mrs. K. Amutha,  Assistant Professor, Department of Commerce, Trinity college for women. |
| 7 | World Students Day | 15.10.2022 | Why Dr. APJ Abdul Kalam is inspiration for Students? | Dr. J. Barathi,  Assistant Professor, Department of Tamil, Trinity College for women. |
| 8 | World Food Day | 16.10.2022 | Food safety is every body’s responsibility | Miss. P. Sri Renuga Devi,  Assistant Professor, Department of N&D, Trinity College for women. |
| 9 | Blood Donation Camp/Medical Camp | 27.10.2022 | The Youth Red Cross of Trinity College for Women- Namakkal,  Rotary Club- Namakkal, Namakkal Indian Medical Association- Women Doctor’s Wing, Inner Wheel Club- Namakkal and Thangam Hospitals and Cancer Centre, Namakkal | “Free Medical Camp” on 27.10.2022 in the College campus. |
| 10 | Financial Literacy Programme (Bank Awareness Programme through online/offline) | 27.10.2022 | Cybercrime in Bank industry and its influence on banker industry | Mrs. V. Abirami,  Assistant Professor in Computer Science,  Trinity College for Women,  Namakkal 637 002 |
| 11 | One Day DM Training Programme for YRC Volunteers | 28.10.2022 | One day DM Training Programme for YRC volunteers | Mrs. J. Evangelin,  Assistant Professor in English  Trinity College for Women,  Namakkal 637 002 |
| 12 | National Blood Donor’s Day | 01.10.2022 | Health Benefits of donating blood | Mrs. B. Lena,  Assistant Professor, Department of Mathematics, Trinity college for women |

Observation of national blood day (01.10.2022)

Due to national blood day (01.10.2022), the Youth Red Cross and Red Ribbon Club of Trinity College for Women, Namakkal organized a programme entitled “Health benefits of donating blood” on 1st October 2022.   Mrs. B. Lena, Assistant Professor in Mathematics, Trinity College for Women, Namakkal was the resource person.  Blood has always been one of the primary essentials of human life.   Blood donation should not become a business. It is a service.  Blood donation would help many people who are in dire need of blood, she denoted.

Observance of international day of non-violence – 02.10.2022

On account  of international day of non-violence, the Youth Red Cross of Trinity College for Women, Namakkal conducted a special lecture programme in the title of “Gandhiji & non-violence”. Because of Pooja holidays, this programme was held on 06.10.2022.   Mrs. V. Archana, Director of Physical Education of the College was the invited speaker.  Gandhiji has been the inspiration and encouragement for the non-violent movement for civil rights and social change all over the world.  Non-violence is a weapon of the strong, she said.  Also she explained the six principles of Gandhiji’s life like truth, non-violence, simplicity, faith, vegetarianism and brahmacharya.

Observation of world mental health day – (10.10.2022)

          As a consequence of world mental health day, Mrs. M. Ramya, Assistant Professor in Commerce, Trinity College for Women, Namakkal delivered a special talk in the title of History of world mental health day on 10.10.2022.   This event was organized by the Youth Red Cross of Trinity College for Women, Namakkal.  Mrs. M. Ramya began the session with an introduction of mental health and its significance and elaborated on the causes and its effects with respect to adolescents and young adults.  Finally, she laid emphasis on the need for mental health in society.

Swachch Bharat Abhiyan (11.10.2022)

          On 11.10.2022, students of YRC along with YRC Programme Officer, Trinity College for Women, Namakkal, cleaned the area around the Auditorium, playground and outside of the main and science block of the College.   Dr. R. Savithri, YRC Programme Officer of the College spoke among the YRC volunteers. She emphasized the significance of a good environment for our healthy life.

YRC Orientation Programme for freshers (12.10.2022)

            The Youth Red Cross of Trinity College for Women, Namakkal organized “YRC Orientation Programme for freshers – students of first year undergraduate and post graduate” on the date of 12th October 2022.  Dr. R. Savithri, YRC Programme Officer of the College highlighted the need of YRC orientation programme for newly joined students.   Also, she elaborated the functions of YRC like tree plantation, cancer awareness, road safety, blood donation, first aid training, aids awareness programme, organ donations, etc.,

Observation of International Day for disaster risk reduction (13.10.2022)

            Because of International day for disaster risk reduction, Mrs. K. Amutha, Assistant Professor in Commerce, Trinity College for Women, Namakkal delivered on the topic of “Disaster Management – Prevention & Recovery” on 13th October 2022.   This programme was organized by the Youth Red Cross of the College.  The main aim of disaster management is to reduce the loss which may be caused as a result of disaster or hazard.   Awareness, education, preparedness, prediction and warning systems can reduce the disruptive impacts of a natural disaster.   We cannot stop natural disasters.  But, prevention is better than cure, she said.

Celebration of Dr. Kalam’s birth day (15.10.2022)

            Dr. J. Barathi, Assistant Professor in Tamil, Trinity College for Women, Namakkal spoke on the topic of “Why Dr. A.P.J. Abdul Kalam is an inspiration for students?” on 15th October 2022.  Owing to world students’ day, this event was held.   Dr. Kalam dedicated a large number of days during his tenure as the president of India, to interact with the students.  Ignited minds, this book was written by Dr. Kalam.  It speaks about his experiences and interactions with students during his tenure, she said.

Observation of World Food Day (16.10.2022)

            For the purpose of World Food Day (16.10.2022), The Youth Red Cross of Trinity College for Women, Namakkal organized a programme in the heading of “Food safety is everybody’s responsibilities’ on 16.10.2022.   This programme was held on 17.10.2022. Ms. P. Sri Renugadevi, Assistant Professor in Nutrition & Dietetics, Trinity College for Women, Namakkal was the special invitee.   Food is one of the major necessities for a human being to service.   The main aim of food safety is to protect consumers of food products from food borne diseases or injuries related to food consumption.  These diseases are mainly caused by harmful bacteria, fungi, yeasts and viruses, she said.

Free Medical Camp – 27.10.2022

The Youth Red Cross of Trinity College for Women- Namakkal, Rotary Club- Namakkal, Namakkal Indian Medical Association- Women Doctor’s Wing, Inner Wheel Club- Namakkal and Thangam Hospitals and Cancer Centre, Namakkal jointly organized “Free Medical Camp” on 27.10.2022 in the College campus.   Mr. P.K.Sengodan, Chairman of the College presided over the programme.   Dr K.C. Keerthana Sri and Dr R.Sathya, M/s. Thangam Hospitals and Cancer Centre, Namakkal conducted the medical camp.  High blood pressure, diabetes, cancer screening, ECQ, Lifelong cough, cold disturbance, menstrual disturbance, etc, were held in that free medical camp.

Er.K. Nallusamy, Secretary, Mrs.Aruna Selvaraj, Executive Director, Dr. M.R. Lakshiminarayanan, Principal, Dr. Arasuparameswaran, Director – Academic,   Dr.R. Savithri, YRC Programme Officer, Mrs. V. Kalaivani, Adjutant of YRC,  Rtn. Mr. R. Viswanathan, President, Rotary Club, Namakkal, Mrs. Nirmala Viswanathan, President of Inner Wheel Club, Namakkal, the Rotarian Mr. M. Ammaiyappan, Mr. K. Raja, Mr.S.G.T. Natarajan, the former president of Inner Wheel Club of Namakkal Mrs. R. Jeya Rajeshvary Raja, The Physical Directress of College Mrs. V. Archana and Mr. N.S. Senthilkumar, Administrative Officer also took part.  Nearly 200 staff members and students benefited through this free medical camp.

Financial Literacy Programme (Bank Awareness Programme) – 27.10.2022

            On behalf of the Youth Red Cross of Trinity College for Women, Namakkal, Financial Literacy Programme (Bank Awareness Programme) was held on 27.10.2022.  Mrs. V. Abirami, Assistant Professor in Computer Science, Trinity College for Women, Namakkal spoke on the topic of “Cyber-crime in the banking industry and its influence on the banking industry”.

Cybercrime refers to any criminal activity carried out on a computer or over the internet.   At present, the banking industry offers many services to their clients and customers, such as credit card and online banking services, various business sections and geographical locations are the targeted customers for the cyber criminals.  The Reserve Bank of India and Government are taking proactive steps against the cyber-attacks.   However, customers should be aware of the wrong phone calls, emails, messages, etc., she said.

Disaster Management Training Programme for YRC volunteers – 28.10.2022

On behalf of Youth Red Cross of Trinity College for Women, Namakkal one disaster management training programme was held for the benefit of the volunteers of YRC on 28.10.2022.  Mrs. J. Evangelin, Assistant Professor in English, Trinity College for Women, Namakkal, showed up components of disaster management, examples for disaster preparedness, response of disaster, disaster recovery, prevention & mitigation and general principles of disaster management.