



THE DUDS

MAR 2023

FRILLS & TWRILLS

GLAM UP

OUFIT FOR MY OCCASION

FIND BALANCE IN YOUR LOOK

PORTRAYAL

DEPARTMENT OF COSTUME DESIGN & FASHION

TRINITY COLLEGE FOR WOMEN, NAMAKKAL



THE MAGIC

FASHION IS WHAT YOU BUY STYLE IS WHAT YOU DO WITH IT

I DESIGNED AN
ASYMMETRICAL GARMENT
BASED ON A THEME MAGENTA.
ASYMMETRICAL DRESS ARE
CONSIDERED MORE
ATTRACTIVE THAN OTHER
DRESSES. I HAVE ALSO
ADDED A FLOWER MADE OF
EXCESS FABRIC AS AN
EMBELLISHMENT

T.MONICA
III B.SC CDF



INDO-WESTERN

you don't have to be born Beautiful to be widely attractive

Indo western clothing is the fashion of western and South Asian Fashion

Indo - The Intermediate neglect of differential overlap semi-emperical method

Indo-western Fashion also known as
Fusion fashion to celebrate the
beauty if both western and Indian
cultures.

I have designed a Blouse with skirt and long shrug as an Indo-western outfit

Design Theme - Indo western

Designed by : A. Gayathri, III B. ScCDF

LOVE WHAT YOU WEAR

Clothes mean nothing until someone lives in them

Here I designed my dress based on a theme - FISH.

I applied my theme in Garment construction, where I have designed a dress like Fish-cut.

I chosen a fabric variety named Satin.
I have also used inner lining for comfortable wearing.

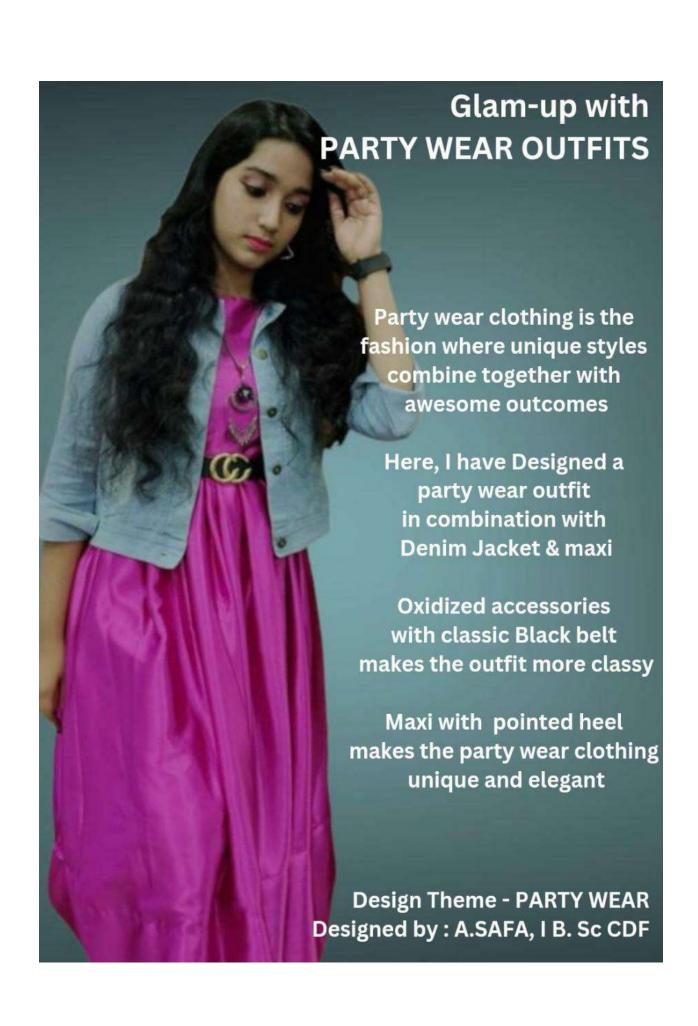
I also used Cancan Material as under garment for stiffness

I used satin as a Head scarf lused heels as a foot wear accessory which gives me more confident while walking

Garment Name: Fish-cut Frock
Garment Details: Fish cut bottom with
full Hand sleeves and Head scarf
Designed by: M. KANSIYA BEGAM
(III.B.Sc CDF)











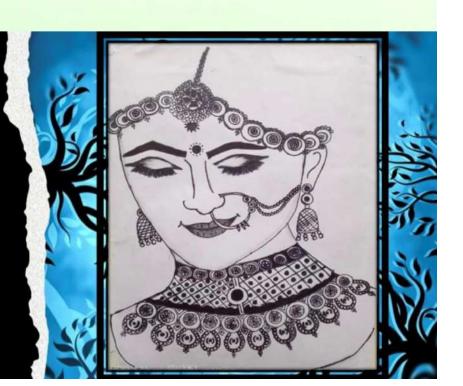
REDUCE PIMPLES NATURALLY

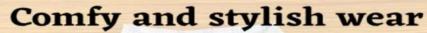
- 1.Wash your face twice a day
- 2. Follow cleaning and moisturising skin routine daily
- 3.Eat fruits and vegetables each day
- 4. Avoid touching your face
- 5. Give up on oily junch food
- 6.Drink at least three litres of water per day
- 7.Do not burst existing pimples
- 8. Opt for ayurvedic herbal facials

A.sameena began ll-B.sc (CDF)

Makeup is art Beauty is spirit

> G.RUBANASRI I B.SC CDF





kids wear

I have designed a baba suit.

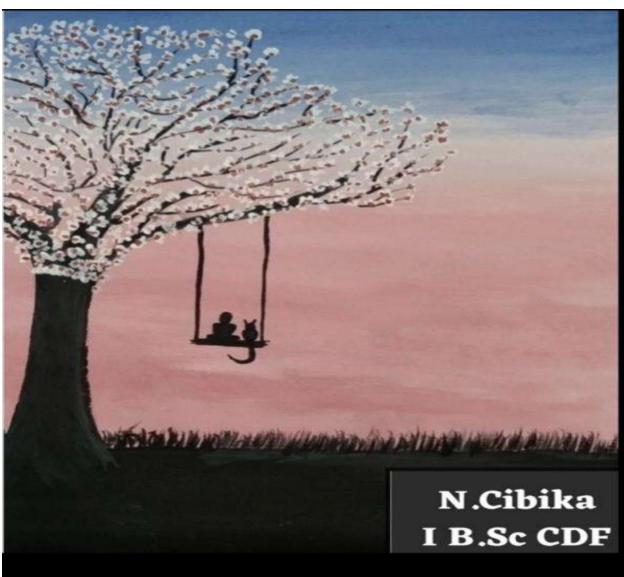
I have used organic cotton material which will gives comfortable for kids..

And I have designed double side belt and pockets



A.S.Nasiren Begum II B.Sc CDF











FOODIE'S

OMUCEREAL



Recipe:

OIL - 2 TSPN
SALT- AS REQUIRED
ONION - 1 BIG
TOMATO-1 BIG
EGG- 1
CHICKEN MASALA - 1 TSPN
CORIANDER - AS REQUIRED
CURRY LEAF - 1 STRAND

Cooking method:

ADD 2 TSPN OIL
ADD CHOPPED ONION
SAUTE TILL THE ONION TURNS GOLDEN
BROWN
ADD CHOPPED TOMATO
ADD REQUIRED SALT
ADD 1 TSPN OF CHICKEN MASALA
SAUTE WELL
ADD ONE EGG TO THE PAN AND FRY WELL
ADD CORIANDER AND CURRY LEAVES
MIX WELL
ADD BOILED RICE TO THE PAN
MIX THE RICE WELL WITH EGG MASALA



PREPARED BY AYEESHA BEE B III B.SC CDF

you must try!!

TURN OFF THE STOVE



COCONUT OIL

Benefits and uses

Teeth whitening

Place oil in your mouth and swish it for 5 to 20 minutes.



Smooth heels

Apply 2 tspn oil with 1 tspn aloe vera gel on entire feet.

Longer eyelashes

Mix coconut oil with black castor oil to grow longer eyelashes





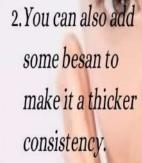
Thickening hair

Add 1/4 cup onion paste with 1/2 tspn oil.Mix it on your scalp

> M.A.Sameeha II - B.Sc CDF

Glowing skin

1.To prepare this
face pack start by
mixing rose water
with crushed
mint leaves.





4. Wash it by lukewarm water.

P.B.ATCHAYA SRI II-B.Sc CDF







Hair care tips for straight hair



Choose the right shampoo

Use the reverse washing method

Use dry conditioner

Avoid over brushing exclusive perming and too much heat

Change your hairstyling paytern

Get a layers haircut

K.Preethi III_B.SC (CDF)

அழகு குறிப்பு



கரும்புள்ளிகள் நீங்க

5-6 டீஸ்பூன் ஆலிவ்



ஆயிலின் 1 டீஸ்பூன் உப்பு சேர்<mark>த்து</mark> கலந்து அதனை முகத்தில் தடவி





தேய்த்தால் கரும்புள்ளிகள் எளிதில் நீங்கி விடும்.



R.Saranya devi III-B.SC (CDF)