

TRINITY COLLEGE FOR WOMEN,NAMAKKAL
DEPARTMENT OF NUTRITION AND IETETICS
DEPARTMENTAL ACTIVITIES

2022-23

INTERNAL ACTIVITIES

S.NO	DATE	NAME OF THE PROGRAMME	TITLE OF THE PROGRAMME	PROGRAMME DETAILS
1	06.09.2022	EXPO	EAT RIGHT MELA	Dr.S.ANITA, PROPRIETOR,RITHU'S SNACKS,RITHU FOOD PRODUCTS AND EXPORT, TRICHY MAIN ROAD, NAMAKKAL
2	26.09.2022	SEMINAR	POSHAN MAAH	Ms.P.AZHAGAMMAL-CDPO Mr.SATHISKUMAR-DCPO Dr.BOOPATHI,SIDHA, ERNAPURAM BLOCK
3	18.01.2023 to 27.01.2023	ONLINE WORKSHOP	DIETARY ASSESSMENT AND CALCULATION	Dr.DIVYA MUTHUKUMAR FOUNDER OF CNC,VALASARAVAKKAM,CHENNAI, TAMILNADU-600087
4	28.02.2023 to 02.03.2023	EXHIBITION CUM SALE	SUMMER FOOD EXHIBITION AND SALE	CHIEF GUEST Mrs.ARUNA SELVARAJ, EXECUTIVE DIRECTOR, TRINITY COLLEGE FOR WOMEN,NAMAKKAL
5	15.03.2023	FOOD SALE	NUTRI FOOD SALE	CHIEF GUEST Mrs.ARUNA SELVARAJ, EXECUTIVE DIRECTOR, TRINITY COLLEGE FORWOMEN,NAMAKKAL
6	18.05.2023	SALE OF ORGANIC GREEN LEAVES	AMELIORATION OF ORGANIC FARMING – AN EVENT OF SALE OF ORGANIC GREEN LEAVES'	CHIEF GUEST Er. K.NALLUSAMY, SECRETARY, TRINITY COLLEGE FOR WOMEN, NAMAKKAL



**TRINITY COLLEGE FOR WOMEN(Arts and science)
NAMAKKAL-637002,TAMILNADU.**

(Permanently Affiliated to Periyar University, Salem-11)

2(f)&12(b) Status Granted by UGC, NewDelhi.

www.trinitycollegenkl.edu.in

National Nutrition Week

(1st - 7th Sep 2022)

Department of Nutrition and Dietetics,

in association with

EDC,IQAC & IIC

jointly organize

EAT RIGHT MELA

Date: 06.09.2022

Time: 10.30 A.M-4 P.M

Venue: Main block(Room no-2, 3,4)



Name of the chief guest

Dr. S. Anita,

Proprietor, Rithu's snacks,

Rithu food products and export,

Trichy main road, Namakkal.

With warm regards

Chief Patron

Mr. P.K.Sengodan, Chairman

Patron

Er.K.Nallusamy, Secretary

Convenor

Dr. M. B. Lakshminarayanan, Principal

Advisor

Dr. Arasuparameswaran, Academic Director

Mr. N. S. Senthilkumar, Administrative Officer

Coordinators and members of EDC, IQAC & IIC

Organizing secretary

Mrs. R. Rupa, AP & HOD/N&D

Members

Ms.P.Srirenukadevi, AP

Ms.P.Nagadharshini, AP

Secretary

A. Nandhini


Join Secretary

K. Sanjana

Students of N&D

TRINITY COLLEGE FOR WOMEN, NAMAKKAL
DEPARTMENT OF NUTRITION AND DIETETICS
EAT RIGHT MELA – FOOD STALL NAME LIST

S.NO	NAME OF THE STUDENT	RECIPES
1	C.KRITHIKA, K.DEEPIKA	Laddu varieties, varagu kesari
2	A.NANDHINI, V.PRABAVATHI	Ragi paniyaram, rava laddu
3	G.THIRISHA, M.SUJITHA	Red kuvini pakoda, seeraga samba kozhukattai
4	K.NANDHIKA, V. LAVANYA	Oputtu, kambu laddu
5	K.SANJANA, N. MANORANJANI	Coconut burfi, kelvaragu puttu
6	R.SRINITHI, P.VEDHA	Saamai payasam, Green gram sweet, Millet sweet
7	N.SHOBICA, S.ILAVARASI	Ragi muruku, Saamai kollukattai, Ragi halwa
8	K.S. DEVADHARSHINI, B.GOWMITHA	Kudaivazhai paniyaram, Thooyamalli briyani, Kattuyanam puttu, Bridegrooms rice paniyaram, Black rice porridge, Idly
9	N.YUVA SRI, K.KAVIYA	Red poha payasam, Red rice puttu.


HOD


PRINCIPAL





	Decimal	DMS	
Latitude	11.178588	11°10'42" N	 30°C 86°F
Longitude	78.166871	78°10'0" E	
2022-09-06(Tue) 11:19(am)			





	Decimal	DMS	
Latitude	11.178579	11°10'42" N	 30°C 86°F
Longitude	78.166822	78°10'0" E	
2022-09-06(Tue) 11:12(am)			

TRINITY COLLEGE FOR WOMEN- NAMAKKAL

DEPARTMENT OF CDF & N&D

EAT RIGHT MELA 2022

- Expo was very informative and useful to the students.
- On the whole it was an eye opener expo, they got to know about our traditional rice and millets.
- Students cooked recipe based on traditional millet. The different types of chart and recipe was displayed which was attractive and knowledgeable.
- On the whole the expo showed a different perspective to maintain good health on traditional basis.



TRINITY COLLEGE FOR WOMEN(ARTS & SCIENCE)

NAMAKKAL-637 002, TAMIL NADU, INDIA.

(PERMANENTLY AFFILIATED TO PERIYAR UNIVERSITY, SALEM-11)

2(F) & 12(B) STATUS GRANTED BY UGC,

NEW DELHI.

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**DEPARTMENT OF NUTRITION AND DIETETICS
&
DEPARTMENT OF COSTUME DESIGN AND FASHION
IN ASSOCIATION WITH**

**INTEGRATED CHILD DEVELOPMENT SERVICES,
NAMAKKAL BLOCK**

INVITES YOU TO PARTICIPATE IN

Poshan Maah 2022

THEME - Anemia & Handwash

- **Catchy Nutri slogan Image (Before 25th Sep)**
- **Cookery competition(Nutri Rich Food)**
- **Online Quiz**

RESOURCE PERSON

Ms. P. Azhagammal - CDPO (Child Development Project Officer)

Mr. Sathiskumar - DCPO (District Child Protection Officer)

Dr. Boopathi, Sidha - Ernapuram Block

Monday | 26.09.2022 | 02.30 PM

venue : Mini Seminar Hall

with Regards

Mr.P.K.Sengodan, Chairman

Er.K.Nallusamy, Secretary

Mrs. Aruna Selavaraj, Executive Director

Dr.M.R.Lakshiminarayanan, Principal

Dr.Arasuparameswaran, Director-Academic

Mr.N.S.Senthil Kumar, Administrative Officer

Mrs.R.Rupa, AP&HOD/N&D


Mrs.K.Punitha, AP&HOD/CDF

&


Staff members and students of N&D and CDF

TRINITY COLLEGE FOR WOMEN, NAMAKKAL
DEPARTMENT OF NUTRITION AND DIETETICS
&
DEPARTMENT OF COSTUME DESIGN AND FASHION
COOKERY COMPETITION NAMELIST- POSHAN MAAH (2022)

Sl.NO	NAME	CLASS	REMARKS
1	M.P AARTHI SHREE	III B.A ENGLISH	
2	K.NANDHINI	II M.A ENGLISH	
3	R.Boomika	III B.Sc MATHS	
4	A.RAGAVI	I M.Sc MATHS	
5	K.PRIYADHARSHINI	III B.Sc PHYSICS	
6	L.PRIYA	II B.Sc CHEMISTRY	
7	T.MEYAZAHI NACHIYA	I M.Sc CHEMISTRY	
8	P.KIRUTHIKA	I B.Sc COMPUTER SCIENCE	
9	K.SOWMIYA	II B.Sc COMPUTER SCIENCE	
10	B. YOGA BRINDHA	II BCA	
11	M.YAMUNA	II BCA	
12	R.MADHUMITHA	II B.Com	
13	M.SOWMIYA	III B.Com	
14	B.NAVEENA	III B.Com	
15	NITHILA	III B.Com(CA)	
16	A.NANDHINI	III B.Sc N&D	


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17	K.SANJANA	III B.Sc N&D	
18	R.SARANYA DEVI	III B.Sc CDE	
19	R.SANDHIYA SHREE	III B.Sc CDE	



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DEPARTMENT OF NUTRITION AND DIETETICS
&
DEPARTMENT OF COSTUME DESIGN AND FASHION
E-QUIZ COMPETITION NAME LIST- POSHAN MAAH (2022)

S.No	NAME	CLASS	DEPARTMENT
1	M.keerthana	III YEAR	Commerce
2	Kiran R	III YEAR	Commerce
3	S.Ramya sri	III YEAR	Commerce
4	M.vaishnavi	III YEAR	BCOMCA
5	subhasri K	III YEAR	Commerce
6	P.Nandhini	III YEAR	B.com(ca)
7	M.vaishnavi	III YEAR	BCOMCA
8	M.leenadurga	III YEAR	Commerce
9	Rohini L	III YEAR	Commerce
10	P. Gayatri	III YEAR	Physics
11	Santhiya V	III YEAR	B.com CA
12	R.Mahalakshmi	III YEAR	B.com CA
13	D.priyadharshini	III YEAR	III B. COM (CA)
14	N.Haripriya	III YEAR	Commerce
15	Sathya.D	III YEAR	B.com (ca)
16	Kaviya S	III YEAR	Commerce
17	P. D. Janapriya	III YEAR	Physics
18	T. Anushuya	III YEAR	BCOMCA
19	Divya Prabha.D	III YEAR	Commerce
20	Divya Prabha.D	III YEAR	Commerce
21	Soundharya. V	III YEAR	Commerce
22	Thanushia.k	III YEAR	B.COM CA
23	Kiran R	III YEAR	Commerce
24	subhasri K	III YEAR	Commerce
25	Sowmiyaa K.V.	III YEAR	Physics
26	Rohini L	III YEAR	Commerce
27	M.vaishnavi	III YEAR	BCOMCA
28	Hema.T	III YEAR	Commerce
29	N.Logapriya	III YEAR	Commerce
30	Swetha	III YEAR	Commerce
31	P.Nandhini	III YEAR	Commerce
32	KAVIPRIYA E	III YEAR	Physics
33	D.priyadharshini	III YEAR	III B. COM (CA)
34	A.K.Yogeesha	III YEAR	Physics
35	R.Aarthi	III YEAR	Physics
36	N.haripriya	III YEAR	Commerce
37	P.Nandhini	III YEAR	B.com(ca)
38	V.Aarna	III YEAR	Physics
39	R.Mahalakshmi	III YEAR	B.Com CA
40	T.Hema	III YEAR	Commerce
41	S.Karthika	III YEAR	B.Com(CA)
42	Jovitha T	III YEAR	Physics
43	A.Manesha	III YEAR	Bsc Physics
44	S.mathumitha	III YEAR	Commerce
45	Santhiya V	III YEAR	Bcom CA
46	M. sakthi shobana	III YEAR	Commerce
47	P. SUDHA	III YEAR	Bcom(CA)


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48	Soundharya. V	III YEAR	Commerce
49	S. Subasri	III YEAR	Commerce
50	U. saibhavani	III YEAR	Commerce
51	T. Anushuya	III YEAR	BCOMCA
52	J. Priyanka	III YEAR	Physics
53	Thanushia. k	III YEAR	B. com ca
54	M. vaishnavi	III YEAR	BCOMCA
55	A. Manesha	III YEAR	Bsc Physics
56	P. Maha	III YEAR	Commerce
57	Hema. T	III YEAR	Commerce
58	R. Priyadharshini	III YEAR	Commerce
59	M. vaishnavi	III YEAR	BCOMCA
60	P. Nandhini	III YEAR	Commerce
61	M. keerthana	III YEAR	Commerce
62	Kiran R	III YEAR	Commerce
63	S. Ramya sri	III YEAR	Commerce
64	M. vaishnavi	III YEAR	BCOMCA
65	subhasri K	III YEAR	Commerce
66	P. Nandhini	III YEAR	B. com(ca)
67	M. vaishnavi	III YEAR	BCOMCA
68	M. leenadurga	III YEAR	Commerce
69	Rohini L	III YEAR	Commerce
70	P. Gayatri	III YEAR	Physics
71	Santhiya V	III YEAR	B. COM CA
72	R. Mahalakshmi	III YEAR	B. com CA
73	D. priyadharshini	III YEAR	III B. COM (CA)
74	N. Haripriya	III YEAR	Commerce
75	Sathya. D	III YEAR	B. com (ca)
76	Kaviya S	III YEAR	Commerce
77	P. D. Janapriya	III YEAR	Physics
78	T. Anushuya	III YEAR	BCOMCA
79	Divya Prabha. D	III YEAR	Commerce
80	Divya Prabha. D	III YEAR	Commerce
81	Soundharya. V	III YEAR	Commerce
82	Thanushia. k	III YEAR	B. COM CA
83	Kiran R	III YEAR	Commerce
84	subhasri K	III YEAR	Commerce
85	Sowmiyaa K.V.	III YEAR	Physics
86	Rohini L	III YEAR	Commerce
87	M. vaishnavi	III YEAR	BCOMCA
88	Hema. T	III YEAR	Commerce
89	N. Logapriya	III YEAR	Commerce
90	Swetha	III YEAR	Commerce
91	P. Nandhini	III YEAR	Commerce
92	KAVIPRIYA E	III YEAR	Physics
93	D. priyadharshini	III YEAR	III B. COM (CA)
94	A. K. Yogeesh	III YEAR	Physics
95	R. Aarthi	III YEAR	Physics
96	N. haripriya	III YEAR	Commerce
97	P. Nandhini	III YEAR	B. com(ca)
98	V. Abarna	III YEAR	Physics
99	R. Mahalakshmi	III YEAR	B. Com CA
100	T. Hema	III YEAR	Commerce
101	S. Karthika	III YEAR	B. Com(CA)
102	Jovitha T	III YEAR	Physics


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103	A.Manisha	III YEAR	Bsc Physics
104	S.mathumitha	III YEAR	Commerce
105	Santhiya V	III YEAR	Bcom CA
106	M. sakthi shobana	III YEAR	Commerce
107	P. SUDHA	III YEAR	Bcom(CA)
108	Soundharya. V	III YEAR	Commerce
109	S. Subasri	III YEAR	Commerce
110	U.saibhavani	III YEAR	Commerce
111	T. Anushuya	III YEAR	BCOMCA
112	J. Priyanka	III YEAR	Physics
113	Thanushia.k	III YEAR	B com ca
114	M.vaishnavi	III YEAR	BCOMCA
115	A.Manisha	III YEAR	Bsc Physics
116	P.Maha	III YEAR	Commerce
117	Hema. I	III YEAR	Commerce
118	R.Priyadharshini	III YEAR	Commerce
119	M.vaishnavi	III YEAR	BCOMCA
120	P. Nandhini	III YEAR	Commerce
121	Devika N.P	III YEAR	Computer application
122	A. Kaviya	II YEAR	Computer science
123	B.Yogabrintha	II YEAR	Computer Science
124	N.G.Swetha	II YEAR	Commerce
125	Janani. S	III YEAR	Computer Application
126	B.Deshika	III YEAR	Computer applications
127	Kanishka. B	III YEAR	Computer science
128	N.k Nithisri	III YEAR	Computer application
129	Yahadeepika.S	III YEAR	Bca
130	V. Monisha	III YEAR	Computer application
131	Madhumitha	III YEAR	Bachelor of computer
132	Kaviya.k	III YEAR	Computer application
133	T. subhashree	II YEAR	B.com
134	L. rubika	III YEAR	Computer application
135	M.priyadharshini	II YEAR	Commerce
136	Gayathri.V	II YEAR	Computer science
137	N.Dhanushiya	II YEAR	B.com
138	S.y.elakkiya	II YEAR	B.com
139	N.kanika	I YEAR	Commerce
140	Harshini.N	I YEAR	Commerce
141	V.Dharani	III YEAR	Department of commerce
142	Sinduja	I YEAR	Commerce
143	M. M. Dhatshiha	II YEAR	Computer science
144	Devika	III YEAR	Computer science
145	sahayalooya.I	I YEAR	commerce
146	N.abinaya	I YEAR	B.com
147	N.G.Swetha	II YEAR	Commerce
148	M.Meena	II YEAR	Commerce
149	G.Dhivya	II YEAR	Commerce department
150	R. Rajasri	II YEAR	Computer science
151	S. Thasbika	II YEAR	Commerce
152	R jayasri	II YEAR	Commerce
153	Vasanthi.S	III YEAR	Department of commerce
154	S.Dharanya	I YEAR, II	Commerce
155	K. Chandra praba	II YEAR	Commerce
156	Anu	II YEAR	Commerce
157	S. Bahirathi	II YEAR	Commerce


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158	R. Kowsalya	II YEAR	2 computer application
159	L. rubika	III YEAR	Computer application
160	J. rajashree	II YEAR	Commerce
161	S. Dhanyashri	II YEAR	Computer science
162	M. Meena	II YEAR	Commerce
163	Maheswari S	II YEAR	Computer science
164	SRIMATHI R	II YEAR	Computer science
165	S YUVARANJANI	III YEAR	Department of commerce
166	Swetha s	III YEAR	B. Com
167	R SRINITHI	III YEAR	B. Com
168	P. dharani	II YEAR	Computer science
169	P Sowmiya	III YEAR	Department of Commerce
170	K Keerthana	II YEAR	Commerce
171	S Deepa	II YEAR	Commerce
172	Keerthana M	II YEAR	Commerce
173	R Logeshwari	II YEAR	Computer science
174	Hemadharshini	II YEAR	Commerce
175	G Dhivya	II YEAR	Commerce department
176	Sneha. v	III YEAR	Commerce
177	L. Harini	III YEAR	Commerce
178	Kowsika. P. S	III YEAR	Commerce
179	Prabha T	III YEAR	Department of Commerce
180	S. swetha	III YEAR	BCA
181	S. Leena	III YEAR	B.COM
182	C. Rubika	III YEAR	Commerce
183	P. iswariya	III YEAR	Bachelor of commerce
184	Naveena. B	III YEAR	Commerce
185	S. Thasbika	II YEAR	Commerce
186	N G Swetha	II YEAR	Commerce
187	K. Mithra Devi	III YEAR	Commerce
188	K. Mithra Devi	III YEAR	Commerce
189	M. keerthana	I YEAR	B.com(ca)Commerce
190	K. Akshaya	I YEAR	B.com(ca)
191	N.M. Preethi	I YEAR	Commerce
192	Sabaritha	I YEAR	Commerce
193	K. Mithra Devi	III YEAR	Commerce
194	Ranjitha	I YEAR	Commerce
195	Shivani	I YEAR	Commerce
196	S. Nafisha suhana	I YEAR	B.com CA
197	Dhivya Logu	I YEAR	Commerce
198	J. Aanisha	I YEAR	B.com ca
199	K. bhawya	I YEAR	Commerce
200	G. kavya	I YEAR	Commerce
201	N. Thahani Naveeth	I YEAR	1st B.COM(CA)
202	S. keerthana	I YEAR	1 B.com(CA)
203	A. Irinoviya	I YEAR	Bcom CA
204	N. Madhubala	I YEAR	BCA
205	N. Madhubala	I YEAR	BCA
206	N. Madhubala	I YEAR	BCA
207	Swathi	III YEAR	Bachelor of computer
208	N. Madhubala	I YEAR	BCA
209	S. sowmiya	I YEAR	BCA
210	Swathi	III YEAR	Bachelor of computer
211	S. Bhuvana	II YEAR	Commerce
212	S. Hemadharshini	II YEAR	Commerce


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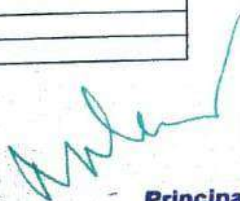
213	S Bhuvana	II YEAR	Commerce
214	S Santhiya	II YEAR	Computer Science
215	S Kaviya	II YEAR	Computer application
216	P Aarthi	II YEAR	Computer science
217	Yamuna M	II YEAR	Computer science
218	A Jayalakshmi	II YEAR	Computer application
219	S Santhiya	II YEAR	Computer science
220	C Priyadharshini	II YEAR	Commerce
221	B Thanvarshini	II YEAR	Department of Commerce,
222	Madhumitha E	II YEAR	Commerce
223	S. Prabhavathi	II YEAR	Computer Science
224	Deepa.s	II YEAR	Commerce
225	S Deepa	II YEAR	Department of commerce
226	C Priyadharshini	II YEAR	Commerce
227	R Kiruthika devi	II YEAR	Computer science
228	P. Mowliga	II YEAR	Commerce
229	R kaviya	II YEAR	Commerce
230	P. Dharani	II YEAR	Computer science
231	Dharani.M	II YEAR	Commerce
232	S. Bhuvana	II YEAR	Commerce
233	N.Shahana kowzar	II YEAR	Commerce
234	V. Sangavi	II YEAR	Commerce
235	S.Janani	II YEAR	Commerce
236	Abinaya. S	II YEAR	Commerce
237	Mathiyarasi. S	II YEAR	Commerce
238	T.Valarmathi	II YEAR	Commerce
239	S. Devika	II YEAR	Commerce
240	M.Dharshini	II YEAR	Commerce
241	P.Kiruthika	III YEAR	B.Com
242	S.Archana	II YEAR	Commerce
243	Mathiyarasi. S	II YEAR	Commerce
244	S.B Devadharshini	II YEAR	Commerce department
245	G. Hemalatha	III YEAR	Bcom
246	S.Hemadharshini	II YEAR	Commerce
247	M.sumaiya fathima	III YEAR	B.com
248	P.Monika	II YEAR	Commerce
249	S.Archana	II YEAR	Commerce
250	Abinaya. S	II YEAR	Commerce
251	S.Janani	II YEAR	Commerce
252	Tharshini.U	II YEAR	Commerce
253	S.santhiya	III YEAR	B.com
254	S.santhiya	III YEAR	B.com
255	R.Kiruthika devi	II YEAR	Computer science
256	R.sripundevi	II YEAR	Commerce
257	R.sripundevi	II YEAR	Commerce
258	V.gayathri	II YEAR	Commerce
259	P.Harini	II YEAR	2nd Bcom CA
260	Shivani	I YEAR	Commerce
261	S. Mahadharshini	II YEAR	Commerce
262	S.Deepika	III YEAR	Commerce
263	Lathika R	II YEAR	Commerce
264	S.sowmiya	I YEAR	BCA
265	M.deepashree	II YEAR	Commerce
266	M.deepashree	II YEAR	Commerce
267	B.Yogabrintha	II YEAR	Computer science


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268	R.Vivekadevi	II YEAR	Computer application
269	P.Monika	II YEAR	Commerce
270	P.monika	II YEAR	Commerce
271	S.Savithiri	II YEAR	Commerce
272	P.Kiruthika	III YEAR	B.Com
273	Sowmiya. M	III YEAR	Chemistry
274	K.suvasri	III YEAR	Chemistry department
275	V.thilagavathi	II YEAR	2-BSC Chemistry
276	Monika	III YEAR	Costume design and fashion
277	Boomika. E	III YEAR	Costume design and fashion
278	R.Thirisha	II YEAR	Bsc chemistry
279	Anuprabha.V	III YEAR	Chemistry
280	Gayathri. A	III YEAR	Costum design and fashion
281	Gayathri	III YEAR	Chemistry
282	T.pavithra	II YEAR	Chemistry
283	G.Vineha	III YEAR	Chemistry
284	Krishnapriya. P	III YEAR	Chemistry
285	R.SANTHIYA SHREE	II YEAR	COSTUME DESIGN AND
286	Sandhya.c	III YEAR	B.sc chemistry
287	M. Kiruthika	III YEAR	Chemistry
288	Nithya.k	I YEAR	CDF
289	Rashika s	III YEAR	Chemistry
290	V. Devadharshini	III YEAR	Chemistry
291	Kowsalya	III YEAR	B. Sc chemistry
292	Cibika	I YEAR	CDF
293	Dharshini	I YEAR	CDF
294	R.Abirami	II YEAR	Bsc Chemistry
295	V. Sangamithra	I YEAR	B.Sc CDF
296	J. Rizwana begam	I YEAR	B. Sc CDF
297	P. Kavi	II YEAR	Costume design and fashion
298	R.saranya devi	III YEAR	Bsc cdf
299	B.Ayesha Bee	III YEAR	B.Sc(Costume Design And
300	M.Naveena	II YEAR	Bsc Chemistry
301	S.Gobika	II YEAR	Chemistry
302	V.Abinaya	II YEAR	B,Sc chemistry
303	R.Nivishna	III YEAR	Chemistry
304	Gk.kokilavani	II YEAR	Chemistry
305	Nithya Varshini S	II YEAR	II B.SC. Costume Designing &
306	Srimathi.R	I YEAR	Bsc.CDF
307	Keerthana, A	I YEAR	Bsc. CDF
308	M. Kansiya begam	III YEAR	Cotume design and fashion
309	S. Kowsalya	III YEAR	Chemistry
310	M.A.Sameeha	II YEAR	Costume design and fashion
311	P.B.Atchaya Sri	II YEAR	B.sc Costume designing and
312	A.S.Nasiren begum	II YEAR	CDF
313	A.sameena begam	II YEAR	B.sc costume design and
314	T.Boomathi	III YEAR	Chemistry
315	N.vahetha banu	I YEAR	Costume design and fashion
316	S.karthika	I YEAR	Chemistry
317	B.K.sowmithaa	I YEAR	Chemistry
318	N.cibika	I YEAR	B.Sc CDF
319	Nithya Varshini S	II YEAR	II B.SC. costume Designing &
320	S. Aishwarya	III YEAR	Chemistry
321	A. Nandhini	III YEAR	Chemistry
322	A.C.Sneha	I YEAR	Bsc - Chemistry


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323	Suvalhi k	I YEAR	Chemistry
324	Shameem Banu M	I YEAR	B. Sc. chemistry
325	A Yasmin bee	II YEAR	cdt
326	S. Suvelha	III YEAR	Chemistry
327	C. Madhumisha	III YEAR	Chemistry
328	M kansiya begam	III YEAR	Costume design and fashion
329	T MIRUTHIKA	I YEAR	Chemistry
330	Nithya k	I YEAR	CDT
331	J. Rizwana begam	I YEAR	B. Sc CDT
332	Krishna Priya	I YEAR	Computer
333	V. Gopika	II YEAR	Computer science
334	M. Kanchana	I YEAR	Mathematics
335	S. Indhumathi	I YEAR	Mathematics
336	T. Karthika	I YEAR	Mathematics
337	Josika. R	II YEAR	Computer science
338	B. Abirami	I YEAR	English
339	S. PRIYANKA	III YEAR	English
340	Varshini	II YEAR	Computer science
341	S. Padma shree	II YEAR	Maths
342	Janani.p	II YEAR	Computer Science
343	S. Karthika	II YEAR	Computer Science
344	P. Rashika	III YEAR	BA. English
345	Abirami V S	III YEAR	English
346	S. PRIYANKA	III YEAR	English
347	N. Dharani	III YEAR	B. sc. Mathematics
348	S. Roshini	II YEAR	B. sc mathematics
349	V. Archana	II YEAR	BSC MATHEMATICS
350	R. Kamrunisha	II YEAR	Computer science
351	A. Naveena	II YEAR	II -bsc computer science
352	S. Nandhitha	II YEAR	II-Bcs cs
353	B. Bavyasri	II YEAR	Computer science
354	N. Santhiya	II YEAR	Computer science
355	Monika Sri B	III YEAR	Mathematics
356	Annappoorani R	II YEAR	English
357	Boomika.R	III YEAR	Mathematics
358	V. Archana	II YEAR	BSC. MATHEMATICS
359	S. PRIYANKA	III YEAR	English
360	Mownika. K	II YEAR	Computer science
361	R. jeevika	II YEAR	Maths
362	M. roshini	II YEAR	Maths
363	P. kavika	III YEAR	English
364	T. Jayashri	III YEAR	Mathematics
365	Gobika. A	II YEAR	Computer science
366	K.M. Karunya	II YEAR	mathematics
367	P. Varshini	II YEAR	Mathematics
368	Gowshikaduraisamy	II YEAR	English
369	K. R. Mevika	III YEAR	Mathematics
370	Nandhini Subramani	III YEAR	Mathematics
371	M. Susmi	II YEAR	Computer science
372	T. Karthika	I YEAR	Mathematics
373	Karthika selvaraj	II YEAR	Computer Science
374	K. Santhiya	II YEAR	Computer Science
375	T. SARANYA	II YEAR	BA. Tamil
376	Sharmila.v	II YEAR	B.A. Tamil
377	S.P. Pavithra	II YEAR	Tamil



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378	A Shanthini	III YEAR	B A Tamil
379	V. Priyadharshini	II YEAR	BA Tamil
380	R Pavithra	III YEAR	Tamil
381	Varshini.m.m	II YEAR	Computer science
382	L.Sugitha	III YEAR	Mathematics
383	BRINDHA A	III YEAR	BA ENGLISH
384	Sudheksha P	III YEAR	B A English
385	MITHUNA SRI M	III YEAR	ENGLISH
386	Nivetha Dhanapal	III YEAR	3rd year
387	K Swathi	III YEAR	BA English
388	K Saparna	III YEAR	B A English
389	T keerthana	III YEAR	BA English
390	M.Gowsalya	III YEAR	English
391	S.Rubika	III YEAR	Mathematics
392	S.M.Subhapradha	III YEAR	Mathematics
393	R.Priya	III YEAR	BA English
394	S.Aliya Thasin	II YEAR	Department of English
395	J. M. Haritha	III YEAR	BA english
396	Kamali.J	II YEAR	Mathematics
397	Kamali.j	II YEAR	Mathematics
398	Kamali.j	II YEAR	Mathematics
399	Kamali.j	II YEAR	Mathematics
400	V shalini	I YEAR	Physics
401	S. Mohanapriya	I YEAR	Physics
402	S.Subhashree	I YEAR	Physics
403	B Santhiya	I YEAR	Department of Physics
404	LOGAPRIYA. T	I YEAR	Physics
405	A. Vinumathi	I YEAR	Mathematics
406	A. Vinumathi	I YEAR	Mathematics
407	Rasika.S	II YEAR	English
408	Threesha	II YEAR	Department of English
409	Dharshini	II YEAR	Department of English
410	R.Devi priya	I YEAR	B.A English
411	Threesha	II YEAR	English
412	S. Shivashini	II YEAR	Department of English
413	R.Devi priya	I YEAR	B.A English
414	S. Shivashini	II YEAR	Department of English
415	S.praveena	I YEAR	English
416	N.Kokila	I YEAR	Physics
417	Thirisha. R	II YEAR	Mathematics
418	R. Thirisha	II YEAR	Bsc -Mathematics
419	Thirisha. R	II YEAR	Bsc- Mathematics
420	B.Vishalini	II YEAR	Mathematics
421	Divya	II YEAR	II Bsc.cs
422	K.Sowmika	I YEAR	English
423	N.kalaimathi	II YEAR	English
424	K. Srivasavi	II YEAR	Maths
425	A. Muzayyina begum	II YEAR	B. SC. MATHEMATICS
426	Safrina Begam.S	II YEAR	Mathematics
427	Safrina Begam.S	II YEAR	Mathematics
428	Safrina Begam.S	II YEAR	Mathematics


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TRINITY COLLEGE FOR WOMEN, NAMAKKAL


DEPARTMENT OF NUTRITION AND DIETETICS

&


DEPARTMENT OF COSTUME DESIGN AND FASHION

SLOGAN COMPETITION NAMELIST- POSHAN MAAH (2022)

S.NO	NAME OF THE STUDENT	YEAR	NAME OF THE DEPARTMENT
1	S.INDHUJA	I YEAR	MA ENGLISH
2	G.PRAMITHA	III YEAR	BA TAMIL
3	R. MADHUMITHA	II YEAR	COMPUTER SCIENCE
4	S.Y.ELAKKIYA	II YEAR	B.Com
5	V.ARCHANA	II YEAR	BSc .MATHEMATICS
6	ATCHAYA SRI P.B	II YEAR	COSTUME DESIGN AND FASHION
7	SANDHIYA.C	III YEAR	B.Sc CHEMISTRY
8	R.NIVISHNAA	III YEAR	CHEMISTRY
9	MITHUNA SRI M	III YEAR	ENGLISH
10	M.KEERTHANA	I YEAR	B.Com (CA)
11	P. THIRISHA	I YEAR	M.A ENGLISH
12	CHITRADEVIR	I YEAR	B.Com (CA)
13	SANJANA.K	III YEAR	B.Sc.NUTRITION AND DIETETICS
14	YUVASRI.N	II YEAR	NUTRITION AND DIETETICS
15	M.SHOBICA	I YEAR	ENGLISH
16	S. PRABHAVATHI	II YEAR	COMPUTER SCIENCE
17	A.RANJITHA	II YEAR	PHYSICS
18	SUSHANTHINIS	III YEAR	NUTRITION & DIETETICS
19	P. KAVI	II YEAR	COSTUME DESIGN AND FASHION
20	T PAVITHRA	II YEAR	B.Sc CHEMISTRY
21	R.SANTHIYASHREE	II YEAR	COSTUME DESIGN AND FASHION
22	R.MAHALAKSHMI	I YEAR	B.Sc MATHEMATICS


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23	YASMIN BEE.A	II YEAR	COSTUME DESIGN AND FASHION
24	R.MAHALAKSHMI	III YEAR	B.Com CA
25	JUBITHA. S	I YEAR	B. Sc MATHS
26	KAVIKA.P	III YEAR	ENGLISH
27	K.KAVIYA	II YEAR	NUTRITION AND DIETETICS
28	S.SARANYA	I YEAR	MA TAMIL
29	S.I LAVARASI	I YEAR	NUTRITION AND DIETETICS
30	T.KEERTHANA	III YEAR	BA ENGLISH
31	B.PUNITHA	II YEAR	COMMERCE
32	S.RAMYA	III YEAR	B.Sc COMPUTER SCIENCE
33	V.ABARNA	III YEAR	PHYSICS
34	SRIMATHI.S	I YEAR	COSTUME DESIGN AND FASHION
35	T.KEERTHANA	III YEAR	BA ENGLISH
36	SRIMATHI.S	I YEAR	COSTUME DESIGN AND FASHION
37	KAVIPRIYA E	III YEAR	PHYSICS
38	R.PRIYANKA	III YEAR	B.SC COMPUTER SCIENCE
39	M.KANSIYA BEGAM	III YEAR	CUSTUME DESIGN AND FASHION
40	K PRIYADHARSHINI	III YEAR	PHYSICS
41	K. SWETHA	III YEAR	COMPUTER SCIENCE
42	SUJITHA.M	II YEAR	BSC., NUTRITION AND DIETETICS
43	T.PRABHA	III YEAR	COMMERCE
44	M.SOWMIYA	III YEAR	CHEMISTRY
45	A. KARTHIGA	III YEAR	BACHELOR OF COMMERS
46	E. S. PRAGATHI	I YEAR	B. SC. MATHS
47	T. VALARMATHI	II YEAR	II BCOM CA
48	S.Y.ELAKKIYA	II YEAR	B.COM
49	MONIKA	III YEAR	COSTUME DESIGN AND FASHION
50	NIVETHA DHANAPAL	III YEAR	BA ENGLISH


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51	T. AVARASI	III YEAR	TAMIL
52	N. MANORAJANI	II YEAR	B.SC. NUTRITION & DIETETICS
53	KIRUTHIGA M	II YEAR	COMPUTER SCIENCE
54	G. GOPIKA	III YEAR	BA ENGLISH
55	MADHUMITHA. R	II YEAR	COMPUTER SCIENCE
56	PRIYADHARSHINI, V	II YEAR	TAMIL
57	R. SARANYA DEVI	III YEAR	BSC COSTUME DESIGNING AND FASHION
58	K. DHARANI	III YEAR	COMPUTER SCIENCE
59	R. DEVIPRIYA	I YEAR	B.A. ENG
60	ABINAYA	I YEAR	CDF
61	P. GAYATRI	III YEAR	PHYSICS
62	S.P. PAVITHRA	II YEAR	TAMIL
63	R. MAHALAKSHMI	I YEAR	BSC MATHEMATICS
64	HARINITHA.S	II YEAR	COMMERCE
65	V. PARKAVI	II YEAR	BSC CHEMISTRY
66	KARTHIKA.L	III YEAR	TAMIL
67	SHOBIKA.M	I YEAR	ENGLISH
68	SANJANA.K	III YEAR	B.SC. NUTRITION AND DIETETICS
69	HINDUJA	III YEAR	TAMIL
70	R. MAHALAKSHMI	I YEAR	BSC MATHEMATICS
71	N. SHOBIKA	I YEAR	BSC. N&D
72	C. DHIYAMIRSA	III YEAR	COMPUTER SCIENCE
73	SARANYA. S	I YEAR	MA. TAMIL
74	YAMUNA M	II YEAR	BCA
75	SAFA. A	I YEAR	COSTUME DESIGN AND FASHION DESIGNING
76	K. PRIYADHARSHINI	III YEAR	B.A. ENGLISH
77	THANUJA.S	I YEAR	BSC. MATHS
78	T. SARANYA	II YEAR	BA. TAMIL
79	T. SARANYA	II YEAR	BA. TAMIL
80	P. GOMATHI	III YEAR	B.A. ENGLISH


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81	B.AYFENHA BEE	III YEAR	B.SC CDE
82	V. YUVASHREE	II YEAR	PHYSICS
83	B. THANVARSHINI	II YEAR	B. COM(CA)
84	D.PRIYADHARSHINI	III YEAR	B.COM CA
85	METZA BEBEYANAA B	III YEAR	COMPUTER SCIENCE
86	K.MITHRA DEVI	III YEAR	COMMERCE
87	A.SAMEENA BEGAM	II YEAR	B.SC CDE
88	C.PRIYADHARSHINI	II YEAR	COMMERCE
89	ANUPRABHA.V	III YEAR	CHEMISTRY
90	MADHUMITHA.E	II YEAR	COMMERCE
92	N.HARIPRIYA	III YEAR	B.COM CA
93	N.HARIPRIYA	III YEAR	B.COM CA
94	N.VARSHA	I YEAR	BA ENGLISH
95	K. SWETHA	III YEAR	COMPUTER SCIENCE
96	V.LAVANYA	III YEAR	PHYSICS
97	P. SUDHA	III YEAR	BCOM(CA)
98	KRISHNAPRIYA. P	III YEAR	CHEMISTRY
99	PRIYADHARSHINI. V	II YEAR	BA. TAMIL
100	A. KARTHIGA	III YEAR	BACHELOR OF COMMERS
101	R.SOWMIYA	III YEAR	PHYSICS
102	N.MADHUBALA	I YEAR	BCA
103	N.VARSHA	I YEAR	BA ENGLISH


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TRINITY COLLEGE FOR WOMEN- NAMAKKAL

DEPARTMENT OF CDF & N&D

POSHAN MAAH 2022

- As part of nutrition month celebration, department of **N&D** and **CDF** in association with ICDS, Namakkal Block organized seminar and various competitions among our college students in theme “**POSHAN MAAH 2022**” On **25th September**
- More than 200 students from various departments participated in the Cookery, Online Quiz and Slogan competition.
- The programme ended in an fruitful way with the prize distribution to the winners and a special talk by the resource persons of various fields which were very useful & informative to the students to shape their career.



TRINITY COLLEGE FOR WOMEN, NAMAKKAL -637002
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STATUS GRANTED BY UGC NEW DELHI AND NAAC ACCREDITED BY A+)



DEPARTMENT OF NUTRITION AND DIETETICS
IN ASSOCIATION WITH
COMPLEAT NUTRITION CARE



ORGANIZE ONE WEEK WORKSHOP ON

DIETARY ASSESSMENT AND CALCULATION

RESOURCE PERSON: Dr.DIVYA MUTHUKUMAR,
FOUNDER OF CNC
VALASARAVAKKAM, CHENNAI, TAMILNADU 600087



DATE:18.01.2023-27.01.2023

TIME-7:30 to 8:30 pm

VENUE: GOOGLE MEET

With Regards

Mr P.SENGODEN, CHAIRMAN

Er.K.NALLUSAMY, SECRETARY

Mrs.ARUNASELVARAJ, EXECUTIVE DIRECTOR

Dr M.R.LAKSHIMINARAYANAN, PRINCIPAL

Dr.ARASUPARAMESHRAN, DIRECTOR -ACADEMIC

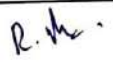

Mr.N.S.SENTHIL KUMAR,ADMINISTRATIVE OFFICER

Mrs.DIVYA MUTHUKUMAR - FOUNDER OF CNC

Mrs R.RUPA AP&HOD/N&D

STAFF MEMBERS & STUDENTS OF N&D

**DEPARTMENT OF NUTRITION AND DIETETICS
CNC WORKSHOP STAFF NAME LIST**

S.No	NAME OF THE STAFF	DESIGNATION	SIGNATURE
1	Mrs.R.RUPA	AP/HOD-N&D	
2	Ms.P.SRIRENUGADEVI	AP -N&D	



HOD

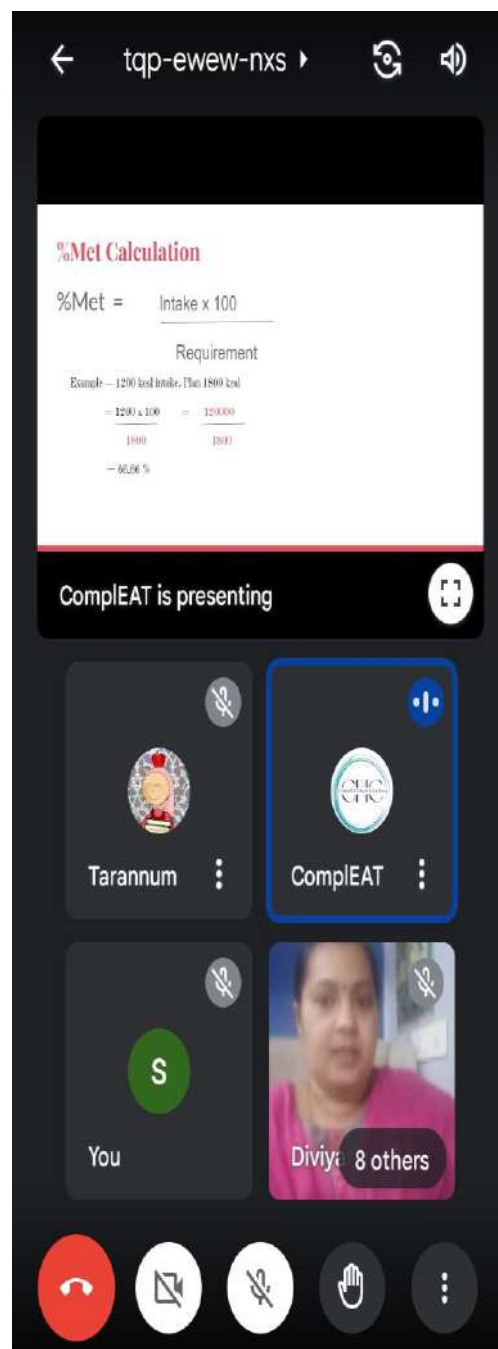
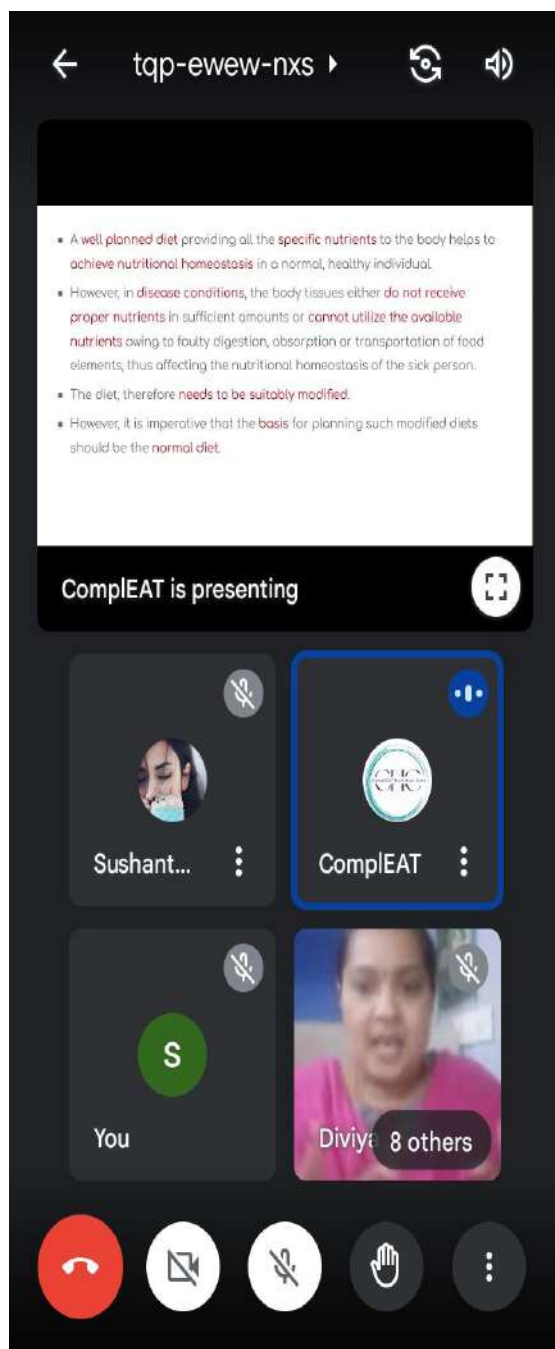

PRINCIPAL
Principal,
Trinity College for Women (Arts & Science),
Namakkal - 637 002.

TRINITY COLLEGE FOR WOMEN, NAMAKKAL
DEPARTMENT OF NUTRITION AND DIETETICS
CNC WORKSHOP STUDENT NAME LIST

S.No	NAME OF THE STUDENT	CLASS	SIGNATURE
1	LAVANYA.V	III B.Sc N&D	V. Lavanya
2	NANDHIKA.K	III B.Sc N&D	K. Nandika
3	NANDHINI.A	III B.Sc N&D	N. Nandhini
4	PRABAVATHI.V	III B.Sc N&D	V. Prabavathi
5	SANJANA.K	III B.Sc N&D	K. Sanjana
6	SUSHANTHINI.S	III B.Sc N&D	S. Sushanthini

R. H.
HOD


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Trinity College for Women (Arts & Science),
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TRINITY COLLEGE FOR WOMEN, NAMAKKAL
DEPARTMENT OF NUTRITION AND DIETETICS

CNC WORKSHOP 2023

- To enhance and enrich the knowledge in the field of dietary assessment and calculation, on well workshop was planned from 18.01.2023 via Google meet.
- Our faculty member and final year students attend the workshop and learned about standardization of measures and various dietary assessment methods.
- This workshop was very much useful to the final year students for their internship programme.



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AND NAAC ACCREDITED BY A+)



DEPARTMENT OF NUTRITION AND DIETETICS
IN ASSOCIATION WITH
ENTREPRENEURSHIP DEVELOPMENT CELL

ORGANIZE

SUMMER FOOD EXHIBITION AND SALE



DATE: 28.2.2023 TO 02.03.2023

VENUE: ROOM NUMBER 3 ENTRANCE

IN THE PRESENCE OF

Mr P.K.SENGODAN, CHAIRMAN

Er.K.NALLUSAMY, SECRETARY

Mrs.ARUNA SELVARAJ, EXECUTIVE DIRECTOR

Dr M.R.LAKSHMINARAYANAN, PRINCIPAL

Dr.ARASUPARAMESWARAN, DIRECTOR -ACADEMIC

Mr.N.S.SENTHIL KUMAR, ADMINISTRATIVE OFFICER

WITH REGARDS

Mrs R.RUPA ,AP&HOD/N&D

Ms.P.SRIRENUGADEVI, AP /N&D

Mrs.V.SOWMIYA, AP/N&D

Mrs.G.NITHYA-EDC COORDINATOR

& STUDENTS OF N&D

ALL ARE CORDIALLY INVITED

TRINITY COLLEGE FOR WOMEN, NAMAKKAL

DEPARTMENT OF N&D AND EDC

FOOD STALL

28.02.2023

S.No	Name of the student	Class	Items	Investment	Profit	Signature
1	B. Gowmitha	II-N&D	Karuppu kavuni kanji	Rs.70	Rs.375	B. Gowmitha
2	N. Manoranjini	II-N&D	Black channa vada	Rs.50	Rs.140	N. Manoranjini
3	K. Kaviya	II-N&D	Badam milk	Rs.100	Rs.140	K. Kaviya
4	G. Thirisha	II-N&D	Sweet paniyaram	Rs.200	Rs.130	G. Thirisha
5	M. Sujitha	II-N&D	Kolukattai	Rs.120	Rs.150	M. Sujitha
6	N. Srinithi	II-N&D	Ragi puttu Butter milk	Rs.230 Rs.65	Rs.230 Rs.110	N. Srinithi


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01.03.2023

S.No	Name of the student	Class	Items	Investment	Profit	Signature
1	B. Gowmitha	II-N&D	Black rice kanji	50	150	B. Gowmitha
2.	P. Gobika	I-N&D	Channa masala	200	150	P. Gobika
3	K. Kaviya	II-N&D	Momos	100	150	K. Kaviya
4	S. Abinaya	I-N&D	Kambu puttu	100	250	S. Abinaya
5	N. Shopika	I-N&D	Carrot laddu Wheat puttu	380	480	N. Shopika
6.	R. Srinithi	I-N&D	Lemon juice	100	300	R. Srinithi
7	N. Srinithi	II-N&D	Navadhani sundal	250	270	N. Srinithi

02.03.2023

S.No	Name of the student	Class	Items	Investment	Profit	Signature
1	K. Kaviya	II-N&D	Momos	100	180	K. Kaviya
2.	G. Thirisha	II-N&D	Sweet paniyaram	40	150	G. Thirisha
3	N. Manoranjani	II-N&D	Ragi kanji	80	100	N. Manoranjani
4	S. Abinaya	I-N&D	Pakoda, Ponda	80	150	S. Abinaya
5	R. Trisha	I-N&D	Mango	100	200	R. Trisha
6.	P. Gobika	I-N&D	Butter milk	35	100	P. Gobika
7	N. Sobika	I-N&D	Potato crispy	100	255	N. Sobika


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TRINITY COLLEGE FOR WOMEN, NAMAKKAL

DEPARTMENT OF NUTRITION AND DIETETICS

SUMMER FOOD EXHIBITION AND SALE

- To create interest and awareness about start-up among students, a summer food exhibition cum sale was organized by the department of Nutrition and Dietetics in association with EDC.
- The exhibition was inaugurated by our Executive Director Mrs. Aruna Selvaraj Madam and with her assistance and support the exhibition was planned and executed.
- Many students of various department eagerly participated and sold their nutritive food items to the students and staff members of our college.



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DEPARTMENT OF NUTRITION AND DIETETICS
&
DEPARTMENT OF COSTUME DESIGN AND FASHION
IN ASSOCIATION WITH
WOMEN EMPOWERMENT WING, NAMAKKAL
ORGANIZE

NUTRI FOOD SALE



DATE:15.03.2023
VENUE: ROOM NUMBER 3 ENTRANCE

IN THE PRESENCE OF
Mr P.K.SENGODAN, CHAIRMAN
Er.K.NALLUSAMY, SECRETARY
Mrs.ARUNA SELVARAJ, EXECUTIVE DIRECTOR
Dr M.R.LAKSHIMINARAYANAN, PRINCIPAL
Dr.ARASUPARAMESWARAN, DIRECTOR -ACADEMIC
Mr.N.S.SENTHIL KUMAR,ADMINISTRATIVE OFFICER

WITH REGARDS
Mrs R.RUPA ,AP&HOD/N&D
Mrs K.PUNITHA,AP&HOD/CDF
FACULTY
& STUDENTS OF N&D AND CDF

ALL ARE CORDIALLY INVITED

TRINITY COLLEGE FOR WOMEN, NAMAKKAL
DEPARTMENT OF N&D AND CDF
NUTRI FOOD SALE NAME LIST

S.No	NAME OF THE STUDENT	CLASS	SIGNATURE
1	A. Nandhika	III-N&D	A. Nandhika
2	K.Sanjana	III-N&D	K. Sanjana
3	V. Prabavathi	III-N&D	V. Prabavathi
4	R. Srinithi	I-N&D	R. Srinithi
5	S. Abinaya	I-N&D	S. Abinaya
6	J. Krishika	I-N&D	J. Krishika
7	N. Shobika	I-N&D	N. Shobika
8	N. Shirinithi	II-N&D	N. Shirinithi
9	G. Thirisha	II-N&D	G. Thirisha
10	M. Sujitha	II-N&D	M. Sujitha
11	R. Srimathi	I-CDF	R. Srimathi
12	A.Safa	I-CDF	A. Safa
13	E. Boomika	III-CDF	E. Boomika
14	B.Ayeeshabee	III-CDF	B. Ayeeshabee
15	R. Santhiya	II-CDF	R. Santhiya
16	P.Kavi	II-CDF	P. Kavi
17	L.Rasiga	II-CDF	L. Rasiga
18	L.Priya	II- Chemistry	L. Priya

HOD

PRINCIPAL

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Trinity College for Women (Arts & Science),
Namakkal - 637 002.



TRINITY COLLEGE FOR WOMEN, NAMAKKAL

DEPARTMENT OF N&D AND CDF

NUTRI FOOD SALE

- In association with Women Empowerment Wing, Namakkal, N&D and CDF departments organized Nutrition based food items sale in our campus.
- Many students have actively participated and sold many nutrient rich recipes which were prepared by them.
- Dr. Mallika Kulandaivelu, Co-ordinator of Women Empowerment Wing, Namakkal was the chief guest of the event and she gave some advices and tips regarding startups and highlighted about the economic independence of women.



TRINITY COLLEGE FOR WOMEN
(ARTS AND SCIENCE), TRINITY NAGAR,
MOHANUR ROAD, NAMAKKAL - 637 002.
Tamil Nadu state, India.

www.trinitycollegenkl.edu.in

(NAAC A+/Permanent Affiliation/ 2f & 12b
status/ AISHE/ NIRF/ ARIAA/ SWAYAM -
NPTEL/ NDLI/ IQAC/ IIC/ UNNAT
BHARAT ABHIYAN)

Eco Green Club

In association with IQAC & IIC
&


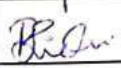
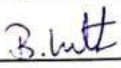


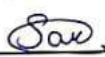

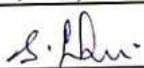
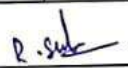
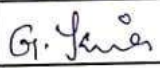


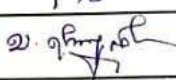
In Cooperation with the department of
Nutrition & Dietetics and the department of
Physics

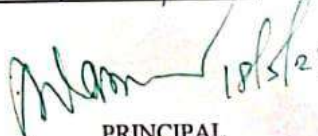
**Ameliorate of Organic Farming - An Event of
Sale of Organic Green Leaves**
(Outturn from Trinity Garden - campus of
Trinity College for Women, Namakkal)

Date : 18.05.2023 (Thursday)
Time : 12.05 PM



TRINITY COLLEGE FOR WOMEN, NAMAKKAL
SALE OF ORGANIC GREEN LEAVES
NAME LIST

S.No	NAME	DEPARTMENT	SIGNATURE
1	Dr.B.LAKSHMI	PHYSICS	
2	Dr.R.SAKUNTHALADEVI		
3	Mrs.B.KAVITHA		
4	Mrs.V.KALAIVANI		
5	Mrs.K.AKILA		
6	Dr.N.SANTHI	CHEMISTRY	
7	Mrs N.THANGAMANI		
8	Dr.S.DEVI	COMMERCE	
9	Dr.R.SUBA		
10	Mrs.KOKILA		
11	Mrs.R.RUPA	N&D	
12	Ms.P.SRIRENUGADEVI		
13	Mrs.V.SOWMIYA		

 18/5/23

PRINCIPAL
Principal,
Trinity College for Women (Arts & Science),
Namakkal - 637 002.



TRINITY COLLEGE FOR WOMEN, NAMAKKAL

DEPARTMENT OF NUTRITION AND DIETETICS

“AMELIORATION OF ORGANIC FARMING – AN EVENT OF SALE OF ORGANIC GREEN LEAVES”

Eco Green Club, in association with the Internal Quality Assurance Cell and Institution's Innovation Council and in cooperation with the department of Nutrition & Dietetics and the department of Physics, Trinity College for Women, Namakkal organized a programme, with the title of “Amelioration of organic farming – an event of sale of organic green leaves” (Outturn from Trinity Garden – Campus of periphery of the College) on 18.05.2023.

The various green leaves like lettuce, fermented spinach, black nightshade, dwarf copper leaves, etc., were sold to the promoters of Trinity Academy and the faculty of the College.

For the purpose of promoting organic farming, this event was held. The Promoters and the faculty members happily purchased these organic green leaves.

Er. K. Nallusamy, Secretary, Mrs. Aruna Selvaraj, Executive Director, Dr. M.R. Lakshiminarayanan, Principal, Dr. Arasuparameswaran, Director – Academic, The faculty of Physics Dr. B. Lakshmi, Mrs. B. Kavitha, Dr. R. Sakunthaladevi, Mrs. S. Mohanapriya, Mrs. V. Kalaivani, The faculty of Chemistry Mrs. N.Thangamani, Mrs. V. Indirakumari, The faculty of Nutrition and Dietetics Mrs. R. Rupa, Ms. P. Sri Renugadevi, Mrs. V. Sowmiya, the faculty of Commerce Dr. S. Devi, Dr. R. Suba also took part in that programme.

Organic farming helps us to reduce water pollution; we consume tasty food and safeguard our health, Secretary Er. K. Nallusamy pointed out.

EXTERNAL ACTIVITIES

S.NO	DATE	NAME OF THE PROGRAMME	PLACE VISITED	PROGRAMME DETAILS
1	18.8.2022	INDUSTRIAL VISIT	MILKY MIST, ERODE	ONE DAY INDUSTRIAL VISIT- ERODE
2	21.11.2022	INDUSTRIAL VISIT	ATLAS TEXTILE EXPORT Pvt.Ltd, KARUR	ONE DAY INDUSTRIAL VISIT- KARUR
3	24.09.2022	FIELD VISIT	ANEMIA AWARENESS CAMP	ONE DAY VISIT- GOPANAMPALAYAM
4	10.03.2023 to 11.03.2023	EDUCATIONAL TOUR	MUNNAR AND KOCHI	BOTANICAL GARDEN, TEA FACTORY, ECHO POINT, KUNDALA DAM, MATTUPATTY DAM, TOP STATION, CAMP FIRE, MUSEUM, VYBIN BEACH, LULU MALL, MARINE DRIVE
5	17.03.2023	INTERCOLLEGIATE MEET	NKR GOVT ARTS COLLEGE FOR WOMEN, NAMAKKAL	MILLET FEST-2023
6	20.03.2023	INTERCOLLEGIATE MEET	PERIYAR UNIVERSITY,SALEM	MILLET BASED COOKATHON

TRINITY COLLEGE FOR WOMEN
DEPARTMENT OF COSTUME DESIGN & FASHION
DEPARTMENT OF NUTRITION & DIETETICS

Date: 16.08.2022

Place: Namakkal

From

Department of CDF & N&D
Trinity College for Women
Namakkal

To

The Chairman & Secretary
Trinity College for Women
Namakkal

Through

The Principal
Trinity College for Women
Namakkal

Respected Sir

Sub: Requesting permission for Industrial Visit-Reg.

We, the Department of CDF and N&D jointly planned to organize one day Industrial Visit to Milky mist - Erode on 18.08.2022(Thursday).So, we kindly request you to give permission for the Industrial Visit.

The students and staffs details for the industrial visit is given below,

S.no	Class	No.of students	Staff incharge	Remarks
1.	II B.Sc- CDF	05	Mrs.K.Punitha.,AP & HOD-CDF Ms.K.P.Theepika.,AP-CDF	
	III B.Sc- CDF	07		
2.	II B.Sc- N&D	04	Mrs.R.Rupa,AP & HOD- N&D	
	III B.Sc- N&D	06		

Thanking You

Yours faithfully

1. K. Punitha - K. Qil
2. R. Rupa - R.

Declarations
Form
16/8/22
Dr. M.R. LAKSHMIARAYANAN,
Principal,
Trinity College for Women (Arts & Science),
Namakkal - 637 002.

TRINITY COLLEGE FOR WOMEN
DEPARTMENT OF CDF & N&D
INDUSTRIAL VISIT NAME LIST

S.NO	CLASS	STUDENT NAME
1	II B.Sc-N&D	DEVADHARSHINI.K.S
2	II B.Sc-N&D	GOWMITHA.B
3	II B.Sc-N&D	KAVIYA.K
4	II B.Sc-N&D	YUVASRI.N
5	III B.Sc-N&D	V.LAVANYA
6	III B.Sc- N&D	NANDHIKA.K
7	III B.Sc- N&D	NANDHINI.A
8	III B.Sc- N&D	PRABHAVATHI.V
9	III B.Sc- N&D	SANJANA.K
10	III B.Sc-N&D	SUSHANTHINI.S
11	II B.Sc-CDF	NASRIN BEGUM A S
12	II B.Sc-CDF	SAMEEHA M A
13	II B.Sc-CDF	SAMEENA BEGAM A
14	II B.Sc-CDF	SANTHIYA SHREE R
15	II B.Sc-CDF	YASMIN BEE A
16	III B.Sc-CDF	AYEESHA BEE B
17	III B.Sc-CDF	BOOMIKA E
18	III B.Sc-CDF	GAYATHRI A
19	III B.Sc-CDF	KANSIYA BEGAM M
20	III B.Sc-CDF	MONIKA T
21	III B.Sc-CDF	PREETHI K
22	III B.Sc-CDF	SARANYADEVI R


Principal,
Trinity College for Women (Arts & Science),
Namakkal - 637 002.



INDUSTRIAL VISIT-SUMMARY

- As part of academic curriculum, Industrial visit was planned on 18.08.2022 to Milky Mist Dairy Food Private Limited, Erode
- 22 students of II & III N&D and II & III CDF enthusiastically visited the Dairy Products Production and Packaging units.
- Student explored the working and packaging process of Dairy Products which were very useful to shape up her carrier in future.



TRINITY COLLEGE FOR WOMEN
DEPARTMENT OF COSTUME DESIGN & FASHION
DEPARTMENT OF NUTRITION & DIETETICS

Date: 18.11.2022

Place: Namakkal

From

Department of CDF& N&D
Trinity College for Women
Namakkal

To

The Chairman
Trinity College for Women
Namakkal

Through

The Principal

Trinity College for Women
Namakkal

Respected Sir

Sub: Requesting permission for industrial visit-Reg.

We, the **Department of CDF and N&D** jointly planned to organize one day industrial visit to "**Atlas Textile Exports Private Limited, Karur**" on 21.11.2022(Monday). We kindly request you to give permission for the industrial visit.

The students and staffs details for the industrial visit is given below,

S.no	Class	No.of students	Staff incharge	Remarks
1.	I B.Sc- CDF	17	Mrs.K.Punitha.,AP & HOD-CDF Ms.K.P.Theepika.,AP-CDF Ms.B.Kavitha.,AP-CDF Mrs.A.P.Pavithra.,AP-CDF	
	II B.Sc- CDF	08		
	III B.Sc- CDF	07		
2.	I B.Sc- N&D	12	Mrs.R.Rupa.,AP & HOD-N&D Ms.P.SriRenugadevi.,AP-N&D Ms.P.Nagadharshini.,AP-N&D	
	II B.Sc- N&D	07		
	III B.Sc- N&D	03		
	TOTAL	54		

Thanking You


Principal,
Trinity College for Women (Arts & Science),
Namakkal - 637 002.

Yours faithfully

1) K. R. R. R.
2) R. R. R.

**TRINITY COLLEGE FOR WOMEN
DEPARTMENT OF CDF & N&D
INDUSTRIAL VISIT NAME LIST**

S.NO	CLASS	STUDENT NAME
1	I B.Sc- CDF	ABINAYA S
2	I B.Sc- CDF	CIBIKA N
3	I B.Sc- CDF	DEEPIKA D
4	I B.Sc- CDF	DHARSHINI M
5	I B.Sc- CDF	KEEERTHANA A
6	I B.Sc- CDF	KEEERTHANA S
7	I B.Sc- CDF	NITHYA K
8	I B.Sc- CDF	PRATHISHKA S
9	I B.Sc- CDF	RASHIGA L
10	I B.Sc- CDF	RIZWANA BEGAM J
11	I B.Sc- CDF	RUBANASRI G
12	I B.Sc- CDF	SAFA A
13	I B.Sc- CDF	SANGAMITHRA V
14	I B.Sc- CDF	SRIHARINI K
15	I B.Sc- CDF	SRIMATHI R
16	I B.Sc- CDF	SRIMATHI S
17	I B.Sc- CDF	VAHETHA BANU N
18	II B.Sc- CDF	ATCHAYA SRI P B
19	II B.Sc- CDF	KAVI P
20	II B.Sc- CDF	NASIREN BEGAM A S
21	II B.Sc- CDF	NITHYA VARSHINI S
22	II B.Sc- CDF	SAMEEHA M. A
23	II B.Sc- CDF	SAMEENA BEGUM A
24	II B.Sc- CDF	SANTHIYA SHREE R
25	II B.Sc- CDF	YASMIN BEE A
26	III B.Sc- CDF	AYEESHA BEE B
27	III B.Sc- CDF	BOOMIKA E
28	III B.Sc- CDF	GAYATHRI A
29	III B.Sc- CDF	KANSIYA BEGAM M
30	III B.Sc- CDF	PREETHI K
31	III B.Sc- CDF	MONIKA T
32	III B.Sc- CDF	SARANYADEVI R
33	I B.Sc- N&D	AADHISHWARI A
34	I B.Sc- N&D	ABINAYA S
35	I B.Sc- N&D	DEEPIKA K
36	I B.Sc- N&D	GOBIKA P
37	I B.Sc- N&D	KIRUSIKA J
38	I B.Sc- N&D	KIRUTHIKA C
39	I B.Sc- N&D	MENAKA S
40	I B.Sc- N&D	NANDHINI A
41	I B.Sc- N&D	SHOBICA N
42	I B.Sc- N&D	SRINITHI R
43	I B.Sc- N&D	VEDHA P
44	I B.Sc- N&D	THIRISA R
45	II B.Sc- N&D	DEVADHARSHINI K S
46	II B.Sc- N&D	GOWMITH B
47	II B.Sc- N&D	KAVIYA K
48	II B.Sc- N&D	MANORANJANI N
49	II B.Sc- N&D	SUJITHA M
50	II B.Sc- N&D	THIRISHA G
51	II B.Sc- N&D	YUVASRI N
52	III B.Sc- N&D	LAVANYA V
53	III B.Sc- N&D	PRABHAVATHI V
54	III B.Sc- N&D	SUSHANTHINI S


Principal,
Trinity College for Women (Arts & Science),
Namakkal - 637 002,



	Decimal	DMS	
Latitude	10.886767	10°53'12" N	
Longitude	78.010901	78°0'39" E	28°C
2022-11-21(Mon) 12:16(pm)			82°F



	Decimal	DMS	
Latitude	10.886778	10°53'12" N	
Longitude	78.010745	78°0'38" E	29°C
2022-11-21(Mon) 01:49(pm)			84°F

INDUSTRIAL VISIT-SUMMARY

- As part of academic curriculum, Industrial visit was planned on 21.11.2022 to Atlas Textile Exports Private Limited, Karur
- 54 students of I, II & III CDF & I, II & III N&D enthusiastically visited the Home Textile Products Production unit & weaving units.
- Student explored the mechanism, working process of Home Textile Products, Quality checking and weaving which were very useful to shape up their carrier in future.

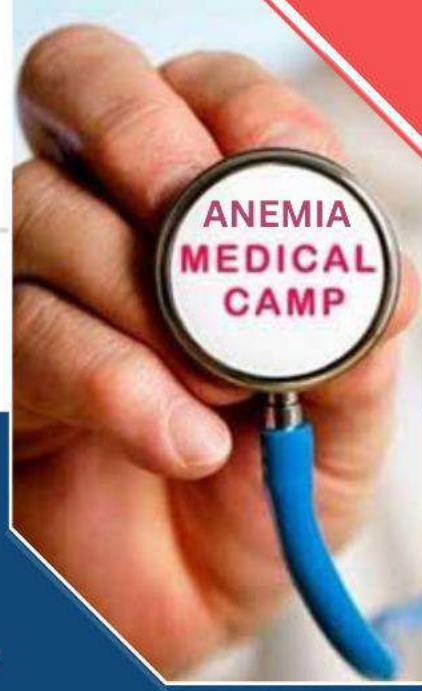


**POSHAN
Abhiyaan**
PM's Overarching
Scheme for Holistic
Nourishment



**ஒருங்கிணைந்த குழந்தை
வளர்ச்சிப் பணிகள் திட்டம்-
கபிலர்மலை - நாமக்கல்
மாவட்டம்**

- இடம் : கோப்பணம்பாளையம்
- நாள் : 24-09-2022
(7.30 AM TO 12 PM)



இலவச இரத்தசோகை பரிசோதனை முகாம்

அனைத்து வயதினரும் இலவசமாக பங்கேற்று
உங்களுடைய ஹீமோகுளோபின் அளவை
தெரிந்துகொள்ளலாம்

Free Checkup

முகாமின் சிறப்பு

**இரத்த சோகையால் ஏற்படும்
பாதிப்புகள்**

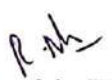
- உடலில் கடுமையான சோர்வு மற்றும் பலவீனத்தை ஏற்படுத்துதல்
- எலும்புகள், மார்பு, வயிறு மற்றும் மூட்டுகள் உட்பட வலி
- கர்ப்பகால சிக்கல்கள்
- இதய பிரச்சனைகள்
- மூச்சு வாங்குதல் மற்றும் பதபடப்பு
- குழந்தைகள் கவனமின்மை மற்றும் சுறுசுறுப்பாக இல்லாமலிருந்தல்

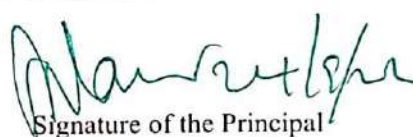
- நீங்கள் இரத்தசோகையில் உள்ளீர்களா இல்லையா என உடனடியாக தெரிந்துகொள்ளலாம்
- மருத்துவர்களின் அறிவுரைப்படி மருந்துகள் இலவசமாக வழங்கப்படும்
- அங்கன்வாடி பணியாளர்களின் ஊட்டச்சத்து கண்காட்சி
- டிரினிட்டி கல்லூரியின் ஊட்டச்சத்து துறை பேராசிரியர்கள் மற்றும் மாணவிகள் மூலம் ஊட்டச்சத்து ஆலோசனை வழங்கப்படும்
- மருத்துவ உதவி : அரசு ஆரம்ப சுகாதாரமையம் கபிலர்மலை

**ஒன்றிணைவோம் உறுதியேற்போம்!!!
இரத்தசோகை இல்லாத தமிழ்நாட்டை உருவாக்குவோம்**

TRINITY COLLEGE FOR WOMEN, NAMAKKAL
DEPARTMENT OF NUTRITION AND DIETETICS

S.No	Name of the student	Signature
1	Ms. V. Prabhavathi	V. Prabhavathi
2	Ms. K.Sanjana	K. Sanjana
3	Ms. S. Sushanthini	M. Sushanthini
4	Ms. A. Nandhini	A. Nandhini
5	Ms. N. Yuvasri	N. Yuvasri
6	Ms. K.S.Devadharshini	K. S. Devadharshini


Signature of the HOD


Signature of the Principal
Principal,
Trinity College for Women (Arts & Science),
Namakkal - 637 002.



REPORT SUMMARY

M/s, Integrated Child Development Services, Kabilarmalai Block, Namakkal District organized "Free Anaemia Medical Camp" (இலவச ரத்த சோகை பரிசோதனை முகாம்) on 24.09.2022 in the village of Koppanampalayam, Kabilarmalai Panchayat Union, Paramathi-Velur Taluk, Namakkal District.

This programme was organized by Mrs. K. Prabha, Child Development Project Officer, Kabilarmalai Block, Namakkal District.

Mrs.R. Rupa, Assistant Professor and Head, Department of Nutrition & Dietetics, Trinity College for Women, Namakkal gave tips for eating nutritional food. Besides, she pointed out the symptoms of anaemia like fatigue, weakness, chest pain, shortness of breath, pale or yellowish skin, irregular heartbeats, dizziness, headaches, etc.,



TRINITY COLLEGE FOR WOMEN
DEPARTMENT OF COSTUME DESIGN & FASHION
DEPARTMENT OF NUTRITION & DIETETICS

Date: 09.03.2023

Place: Namakkal

From

Department of CDF& N&D
Trinity College for Women
Namakkal

To

The Chairman & Secretary
Trinity College for Women
Namakkal

Through

The Principal
Trinity College for Women
Namakkal

Respected Sir

Sub: Requesting permission for Educational Tour -Reg.

We, the Department of CDF and N&D jointly planned to organize two days Educational Tour to Munnar & Kochi and nearby places on 10.03.2023 and 11.03.2023 (Friday and Saturday). So, we kindly request you to give permission for the Educational Tour.

The students and staffs details for the Educational Tour is given below,

S.no	Class	No.of students	Staff incharge	Remarks
1.	I B.Sc- CDF	11	Mrs.K.Punitha.,AP & HOD-CDF Ms.K.P.Theepika.,AP-CDF Mrs.A.P.Pavithra.,AP-CDF	
	II B.Sc- CDF	03		
	III B.Sc- CDF	05		
2.	I B.Sc- N&D	06	Mrs.R.Rupa,AP & HOD- N&D Ms.P.SriRenugadevi.,AP- N&D	
	II B.Sc- N&D	08		
	III B.Sc- N&D	06		
Total		39	05	

Thanking You

[Signature]
9.3.23

Yours faithfully

[Signature]
R. M.

TRINITY COLLEGE FOR WOMEN, NAMAKKAL
DEPARTMENT OF CDF & N&D
B.Sc CDF & N&D TOUR NAME LIST

S.NO	STUDENT NAME	CLASS
1	AYEL SHIA BEE B	III B.Sc CDF
2	GAYATHRI A	III B.Sc CDF
3	MONIKA T	III B.Sc CDF
4	PREETHI K	III B.Sc CDF
5	SARANYADEVI R	III B.Sc CDF
6	ATCHAYA SRI P.B	II B.Sc CDF
7	KAVI P	II B.Sc CDF
8	SANTHYA SHREE R	II B.Sc CDF
9	ABINAYA.S	I B.Sc CDF
10	CHIBIKA.N	I B.Sc CDF
11	DEEPIKA D	I B.Sc CDF
12	DIKSHINI.M	I B.Sc CDF
13	KEERTHANA.A	I B.Sc CDF
14	NITHYA.K	I B.Sc CDF
15	RIZWANA BEGAM.J	I B.Sc CDF
16	SAFA.A	I B.Sc CDF
17	SRIHARINI.K	I B.Sc CDF
18	SRIMATHI.R	I B.Sc CDF
19	SRIMATHI.S	I B.Sc CDF
20	LAVANYA.V	III B.Sc N&D
21	NANDHIKA.K	III B.Sc N&D
22	NANDHINI.A	III B.Sc N&D
23	PRABAVATHI.V	III B.Sc N&D
24	SANJANA.K	III B.Sc N&D
25	SUSHANTHINI.S	III B.Sc N&D
26	DEVADHARSHINI K.S	II B.Sc N&D
27	GOWMITHA.B	II B.Sc N&D
28	KAVIYA.K	II B.Sc N&D
29	MANORANJANI.N	II B.Sc N&D
30	SUJITHA.M	II B.Sc N&D
31	THIRISHA.G	II B.Sc N&D
32	YUVASRI.N	II B.Sc N&D
33	SHRINITHI.N	II B.Sc N&D
34	ABINAYA.S	I B.Sc N&D
35	ILAVARASI.S	I B.Sc N&D
36	KIRUSIKA.J	I B.Sc N&D
37	KIRUTHIKA.C	I B.Sc N&D
38	NANDHINI.A	I B.Sc N&D
39	SHOBICA.N	I B.Sc N&D

R.K.
K. Qui
HOD

Mha 9/3/24
PRINCIPAL



	Decimal	DMS
Latitude	10.104548	10°6'16" N
Longitude	77.119193	77°7'9" E

26°C
79°F

2023-03-10(Fri) 01:25(pm)



TRINITY COLLEGE FOR WOMEN, NAMAKKAL

TOUR- MUNNAR AND KOCHI

- The excursion was planned to Munnar and Kochi for the academic year 2022-2023
- 39 students from N&D and CDF department took part in the tour which was well planned and executed.
- In Munnar, we visited many tourist spots such as Photo point, dams, echo point, cactus garden and so on.
- On the next day, the trip was so enjoyable and visited hill, museums and in the evening we enjoyed DJ boating in Kochi.
- On the whole the trip was so enjoyable and we had some thrilling and memorable moments that will be cherished forever.



NKR GOVT. ARTS COLLEGE FOR WOMEN –NAMAKKAL

(Re-Accredited with 'A' Grade – 3.18 by NAAC Affiliated by Periyar University, Salem)

In Commemoration of International
Millet year 2023

Department of Nutrition and Dietetics Organizes

Millet Fest - 2023

INTER - COLLEGIATE MEET



Date : 17.03.2023


Time : 10:00 AM – 1:00 PM

Venue : Seminar Hall & Auditorium

TRINITY COLLEGE FOR WOMEN, NAMAKKAL
DEPARTMENT OF NUTRITION AND DIETETICS
INTERCOLLEGIATE MEET

S.No	Name of the student	Signature
1	N. Shobika	N. Shobika
2	N. Shrinithi	D. Shrinithi


P. N.
15/3/23
HOD


PRINCIPAL
Principal,
Trinity College for Women (Arts & Science),
Namakkal - 637 002.

**TRINITY COLLEGE FOR WOMEN, NAMAKKAL
DEPARTMENT OF NUTRITION AND DIETETICS
INTERCOLLEGIATE MEET - WINNER LIST**

S.No	Name of the student	Competition/Place
1	N. Shrinithi	Crunchy Snacks/First prize


HOD


PRINCIPAL
Principal,
Trinity College for Women (Arts & Science),
Namakkal - 637 002.



Namakkal, Tamil Nadu, India

Thillaipuram, 657C+CRH, India, Thillaipuram, Namakkal,
Tamil Nadu 637001, India

Lat 11.213322°

Long 78.171948°

17/03/23 02:08 PM GMT +05:30



Namakkal, Tamil Nadu, India

Thillaipuram, 657C+CRH, India, Thillaipuram, Namakkal,
Tamil Nadu 637001, India

Lat 11.213201°

Long 78.171966°

17/03/23 10:45 AM GMT +05:30

TANGI 2021-22 NKRACW- NKL

TRINITY COLLEGE FOR WOMEN, NAMAKKAL

REPORT SUMMARY

In commemoration of International Millet Year 2023, the department of Nutrition and Dietetics, Namakkal Kavignar Ramalingam Government Arts College for Women, Namakkal organized a one day inter-collegiate meet (Millet Fest 2023) on 17.03.2023 in the College campus.

They conducted the following events

Name of the Event	Topic of the Event
Grain Carpet	Goodness of Millet
Logo and Slogan Contest	International Year of Millets 2023
Poster Presentation	Importance of Millets for Nutrition Diet
Millet Magic Recipe Contest	Crunchy Snacks
AD-Act	Millet based product

Dr. R. Sujatha, HOD of Nutrition and Dietetics, NKR Government Arts College for Women, the faculty of the department Mrs. L. Santha Dani, Dr. R. Gowri Manohari, Dr. R. Geetha, Mrs. R. Vanitha and Mrs. S. Niranjana Devi made arrangements. On behalf of Trinity College for Women, the following two students of the Nutrition and Dietetics department have taken part. More number of students in various places of Tamil Nadu participated in those events.

Name, year and degree of the Student	Topic of the Event	Achievement
Ms. N. Shrinithi	II B.Sc., Nutrition & Dietetics	First Prize
Ms. N. Shobika	I B.Sc., Nutrition & Dietetics	Actively participated

The above said two students are greeted by Mr. P.K. Sengodan, Chairman, Er. K. Nallusamy, Secretary, Mrs. Aruna Selvaraj, Executive Director, Dr. M.R. Lakshiminarayanan, Principal, Dr. Arasuparameswaran, Director – Academic, the faculty members of Nutrition and Dietetics Mrs. R. Rupa, Ms. P. Sri Renugadevi and Mrs. V. Sowmiya.



PERIYAR UNIVERSITY

STATE UNIVERSITY - NAAC 'A++' GRADE - NIRF RANK 63 - ARILA RANK 10
Salem - 636 011, Tamil Nadu, India



INSTITUTION'S
INNOVATION
COUNCIL

INTERNATIONAL YEAR OF MILLET



Millet Based Cookathon

«With fire



Without fire »



20 March 2023
Start 10:00 AM



Department of Food Science and Nutrition
Food Production Lab
Periyar University
Salem - 636 011.

Government of India decided to put forward a proposal to United Nations for declaring the year 2022-2023 as the "International year of millets". Millets have been labelled as "Nutri-cereals" by the government of India due to their high nutrition quotient (in the year 2018). The government of India has declared 2018 as the "National Year of Millets" to raise awareness about the health benefits of millets and boost millet production.

In commemoration of International millet year 2022-2023 celebration, interested students and research scholars are invited to display their millet product (with fire or without fire) on 20.03.2023 in the Department of Food Science & Nutrition, Periyar University, Salem.

Cookathon starts by 10:00 AM.

Participants are requested to register through QR code or using the link.

<https://forms.gle/3UuFbZKz9Gd8>



Instructions:

Dear participants, kindly fill the Google form and submit it on or before 17.03.2023.

Participants are requested to adhere to the instructions as mentioned in the registration form.

No registration fee, certificate will be provided for all the participants.

For further Details contact

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Assistant Professor
Dept. of Food Science and Nutrition
Periyar University, Salem.

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Mrs. S. Jothilakshmi
Faculty, B.Voc. Programme
Dept. of Food Science and Nutrition
Periyar University, Salem

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Email for all correspondence: bvocfsn@periyaruniversity.ac.in

TRINITY COLLEGE FOR WOMEN, NAMAKKAL
DEPARTMENT OF NUTRITION AND DIETETICS
INTERCOLLEGIATE MEET

S.No	Name of the student	Signature
1	N. Shobika	N. Shobika
2	N. Shrinithi	N. Shrinithi
3	B. Gowmitha	B. Gowmitha
4	K. Kaviya	K. Kaviya
5	N. Yuvasri	N. Yuvasri
6	K. Sanjana	K. Sanjana


P.M.
17/3/23
HOD


PRINCIPAL
Principal,
Trinity College for Women (Arts & Science),
Namakkal - 637 002.

TRINITY COLLEGE FOR WOMEN, NAMAKKAL
DEPARTMENT OF NUTRITION AND DIETETICS
INTERCOLLEGIATE MEET- WINNER LIST

S.No	Name of the student	Competition/Place
1	K. Sanjana	Fireless Cooking/second


HOD


PRINCIPAL
Principal,
Trinity College for Women (Arts & Science),
Namakkal - 637 002.



TRINITY COLLEGE FOR WOMEN, NAMAKKAL

REPORT SUMMARY

In a consequence of the international year of Millet, the department of Food Science and Nutrition, Periyar University, Salem organized a one day millet based cookathon on 20th March 2023 in the College food and production lab. Dr. T. Poongodi Vijayakumar, Professor and Head, Department of Food Science and Nutrition, the faculty of this department Dr. J. Prakash Maran, Dr. R. Parimaladevi, Dr. S. Thilagavathi, Dr. K. Karthikeyan, Dr. P. Karthika, Dr. M. Deepa and Mrs. Jothimangalam, Faculty, B.Voc Professor, Department of Food Science and Nutrition, Periyar University organized this cookathon. More than 100 students in various Colleges of Tamil nadu state took part in that programme. 4 students of Nutrition and Dietetics took part in that event. Our second year B.Sc., Nutrition & Dietetics students Ms. K. Sanjana got second place in the fireless cooking.

The details were as follows:-

S.No	Name of the student	Year and Degree	Achievements
01	Ms. K. Sanjana	III B.Sc., N & D	Second place
02	Ms. N.Shobika	I B.Sc., N & D	Participated
03	Ms. B. Gowmitha	II B.Sc., N & D	Participated
04	Ms. N. Yuvasri	II B.Sc., N & D	Participated
05	Ms. K. Kavya	II B.Sc., N & D	Participated

The faculty of the Nutrition and Dietetics department Ms. P. Surenugadevi and Mrs. V. Sowmiya were the caretakers for the above said students.

A felicitation function was held on 05.04.2023 in the College campus for the above said participants.

Mrs. Aruna Selvaraj, Executive Director, Dr. M.R. Lakshiminarayanan, Principal, Dr. Arasuparameswaran, Director – Academic & Mr. N.S. Senthilkumar, Administrative Officer took part and they conveyed their best wishes to them.