

TRINITY COLLEGE FOR WOMEN,  
(ARTS AND SCIENCE),  
NAMAKKAL - 637 002, TAMIL NADU STATE

(Permanently Affiliated to Periyar University, Salem, 2f and 12 status  
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Website - [www.trinitycollegenkl.edu.in](http://www.trinitycollegenkl.edu.in)

Mob No - 9597311258

Email Id - [principal@trinitycollegenkl.edu.in](mailto:principal@trinitycollegenkl.edu.in)  
[Prltcwnkl22@gmail.com](mailto:Prltcwnkl22@gmail.com)

YRC ACTIVITES FOR THE MONTH OF JULY 2023

S · N o	Date	Name of the Organi zation/D ept	Nature of Programme	Title of the Programme	Name & Designation of the resource Person
1	03.7.23	YRC	International Plastic Free Day	Programme on “Plastic gives a helpful hand, but they are polluting our land”	Dr. S. Kalaivani, AP in Chemistry, Trinity College for Women, Namakkal
2	04.7.23	YRC	World Zoonoses Day	Programme on “A brief outline of world zoonoses day	Mrs. V. Abirami, AP in CS Trinity College for Women, Namakkal
3	07.7.23	YRC	World Forgiveness Day	Programme on “The 5 R’s of Forgiveness – (Responsibility, Regret, Repentance, Reconcile & Restitution)	Mrs. K. Gowrimala AP in English Trinity College for Women, Namakkal
4	11.7.23	YRC	World Population Day	Programme on “A small family will protect the environment”	Mrs. Aruna Selvaraj, President, Namakkal Inner Wheel Club, Namakkal
5	12.7.23	YRC	World Paper Bag Day	Programme on “Why should we select to use paper bag in the place of	Dr. R. Suba, AP in Commerce, Trinity College for

				polythene bags”	Women, Namakkal
6	12.7.23	NSS, YRC & RRC in association with Dept. of PD	Dengue Awareness Programme	Fight Dengue... Save Life  (□□□□□□□□□□ □□□□□□□□□□□□..... □□□□□□ □□□□□□□□□□□□□)	Dr. V. Paulselvan, Chief Medical Officer, Konur Primary Health Centre, Namakkal – 637 207 & Mr. I. Selvan, Block Health Supervisor, Namakkal Block, Namakkal Dt
7	15.7.23	YRC	World Youth Skills Day	Webinar on “How to develop youth skills through the Naan Mudhalvan Scheme?”	Online Event  Dr. B. Vishnupriya Coordinator, Naan Mudhalvan Scheme Trinity College for Women, Namakkal
8	19.7.23	YRC	YRC Orientation Programme	Youth Red Cross – Orientation Programme for the first year undergraduate students	Mrs. V. Kalaivani, YRC Programme Officer, Trinity College for Women, Namakkal
9	25.7.23	YRC	World Drowning Prevention Day	Programme on “Drowning – Precautions, Preventions and Realities “	Mrs. V. Archana, Physical Director, Trinity College for Women, Namakkal
10	26.7.23	YRC	International Day for the Safeguard of the Mangrove Eco System	Programme on “An overview of mangroves in India”	Mrs. V. Gokila, AP in Mathematics Trinity College for Women, Namakkal
11	28.7.23	YRC	World Nature Conservation Day	Programme on “Conserve paper – save the plants”	Mrs. D. Prabha, AP in Comp. Sci., Trinity College for Women, Namakkal
12	30.7.23	YRC	World Day Against Trafficking	Programme on “Human Trafficking in India- An analysis”	Ms. K.P. Theepika, AP in CDF Trinity College for Women, Namakkal

### Observation of International Plastic Free Day - 03rd July 2023

On account of International Plastic Free Day, The Youth Red Cross of Trinity College for Women, Namakkal conducted an awareness programme on 03.07.2023. Dr. S. Kalaivani, Assistant Professor in Chemistry, Trinity College for Women, delivered on the topic of “Plastic gives a helpful hand, but they are polluting our land”.

Dr.S. Kalaivani pointed out the global situation in plastic waste management and the significance of intelligent use of plastic. She also

stressed the issues produced by micro and nano plastics, health and environmental risk because of excessive use of plastics. More than 100 volunteers from YRC benefited through this event.

#### Observation of World Zoonoses Day - 06th July 2023

On July 06, 2023, The Youth Red Cross of Trinity College for Women, Namakkal hosted a seminar programme in accordance with World Zoonoses Day. Mrs. V. Abirami, Assistant Professor in Computer Science, Trinity College for Women, Namakkal spoke on the topic of “A brief outline of world zoonoses day”. She stated about the significance of zoonotic infections in our day-to-day life. In her lecture, she said that zoonotic diseases are responsible for an approximate 2.5 million cases globally in a year and newly come out diseases are challenges in public health sectors. She also stressed the speedy complete dose of vaccination in opposition to dog bites to prevent rabies. More or less 100 volunteers of YRC attended that programme.

#### Observance of World Forgiveness Day - 07th July 2023

The Youth Red Cross of Trinity College for Women, Namakkal celebrated “World Forgiveness Day” on 07th July 2023 on the college premises. Mrs. K. Gowrimala, Assistant Professor in English, Trinity College for Women, Namakkal spoke on the topic of “The 5R’s of Forgiveness - (Responsibility, Regret, Repentance, Reconcile and Restitution)” She highlighted the importance of forgiveness and also she emphasized the quotes of famous leaders and lines from Bhagawat Geeta, Bible and Quran. Forgiveness is good for our hearts. Nearly 100 students of YRC participated that programme.

#### Celebration of World Population Day - 11th July 2023

Owing to world population day, the Youth Red Cross of Trinity College for Women, Namakkal organized a programme with the title of “A small family will protect the environment” on 11.07.2023. Mrs. Aruna Selvaraj, President of Inner Wheel Club, Namakkal was the special invitee. Speaking on the programme, Mrs. Aruna stated that the main aim of the observance of world population day is to create awareness of the need to adopt family planning measures to ensure that families prosper, the resultant effect of which is the prosperity of the nation at huge. Nearly 100 students took part.

#### Observation of World Paper Day - 12th July 2023-

Paper bags are an environmentally friendly alternative to harmful and unfavourable plastic bags. Paper bag day is observed worldwide on July 12. On this subject, the Youth Red Cross of Trinity College for Women, Namakkal conducted an awareness programme entitled “Why should we select to use paper bags in the place of polythene bags” on 12.07.2023. Dr. R. Suba, Assistant Professor in Commerce, Trinity College for Women, Namakkal was the resource person. We are using plastic bags to our advantage. It is very dangerous to our natural environment. Paper bags are our friend due to protection of our nature. Paper bags are easily biodegradable. We should give importance to paper bags instead of plastic bags, she emphasized. More than 100 students benefited through this programme.

#### Dengue Awareness Programme - 12<sup>th</sup> July 2023

The National Service Scheme, Youth Red Cross and Red Ribbon Club in association with the department of Physical Education jointly organized a one day awareness programme in the title of “Fight Dengue... Save Life” (பெரிய குடும்பம் சூழலுக்கு சேதம்..... சிறிய குடும்பம் சூழலுக்கு நன்மை) on 12<sup>th</sup> July 2023 in the College campus.

Dr. V. Paulselvan, Treatment Medical Officer, Government Primary Health Centre, Konur, Paramathi, Namakkal District and Mr I. Selvam, Block Health Supervisor, Namakkal Block, Namakkal District, to address the students, reiterating the proverb “Prevention is better than cure” (□□□□□□□ □□□□□□□ □□□□□□□□). Also, they explained the cause, symptoms and cure for dengue disease. Apart from this, these special invitees participated in the oath event and made students pledge on taking efforts to maintain clean surroundings.

Mr. S. Jayakannan, Mr. K. Rajaganapathi, Mr. P.S. Gowtham and Mr. S. Sangeeth, Health Inspectors, Primary Health Centres, Konur and Namakkal and the staff members of health departments in Namakkal surroundings attended that programme.

Dr. M.R. Lakshiminarayanan, Principal of the College, presided over the programme. Dr. Arasuparameswaran, Director - Academic, highlighted the importance of precaution of dengue fever. The NSS Programme Officers Dr. M. Sasikala, Mrs. S. Jayamathi, the RRC Programme Officer Mr. V. Gokila and The Physical Directress of the College Mrs. V. Archana and 100 students benefited through this programme.

The YRC Programme Officer Mrs. V. Kalaivani proposed the vote of thanks. More than 100 volunteers of YRC, RRC and NSS took part.

#### Celebration of World Youth Skill Day - 15th July 2023-

Owing to world youth skill day celebration, the Youth Red Cross of Trinity College for Women, Namakkal conducted a webinar event with the title of “How to develop youth skills through the Naan Mudhalvan Scheme?” on 15.07.2023. Dr. B. Vishnupriya, Coordinator of Naan Mudhalvan Scheme, Trinity College for Women, Namakkal was the resource person. The purpose of world youth skills is a celebration of young people utilizing their talents in creative ways. India’s specialty is the availability of a young population. Science and Technology has been developed worldwide. However, it should be the development of our

society, she pointed out. Apart from that, she explained the various youth skill programmes available in the Naan Mudhalvan Scheme of the Government of Tamil Nadu. Nearly 100 students participated through this online event.

#### YRC orientation Programme - 19th July 2023

On behalf of Youth Red Cross, Trinity College for Women, Namakkal conducted the “YRC Orientation Programme” for the benefit of first year undergraduate students on 19th July 2023. Mrs. V. Kalaivani, Programme Officer, Youth Red Cross, Trinity College for Women was the resource person. She highlighted the need for an orientation programme for YRC volunteers and pointed out the vision, mission, fundamental principles, objectives, activities, duties and responsibility of YRC volunteers. All the first year undergraduate students are benefited through this programme.

#### Observation of World Drowning Prevention Day - 25th July 2023

On account of world drowning prevention day, The Youth Red Cross of Trinity College for Women, Namakkal organized an awareness programme entitled “Drowning - Precautions, Preventions and Realities” on 25th July 2023. Mrs. V. Archana, Physical Director of the College was the invited speaker. In the past, monsoon rain fell often. There was plenty of water in rivers, ponds, streams and wells. In particular, people of villages learn to swim at an early age. Now bore wells are coming instead of wells. Due to lack of water in the water bodies, there is no chance to learn to swim for these younger generations. We should learn to swim for our safety, she said. Nearly 100 students attended that programme.

### Celebration of international day for the safeguard of the mangrove ecosystem - 26th July 2023

As a consequence of the celebration of international day for the safeguard of the mangrove ecosystem, the YRC of Trinity College for Women, Namakkal conducted a programme with the title of "An overview of mangroves in India " on 26th July 2023. Mrs. V. Gokila, Assistant Professor in Mathematics, Trinity College for Women, Namakkal was the resource person. Mangroves protect the coastal villages and the people living there from storms, rain and natural disasters. Fish, prawns, crabs and flax have been obtained from the seashore of mangroves. These are the main food and livelihood of fishermen, especially small piscatorial. In 2004, a tsunami occurred in various places throughout the world. The mangroves did not affect these areas, she said. Approximately, 100 students took part.

### Celebration of World Nature Conservation Day - 28th July 2023

World Nature Conservation Day was celebrated at Trinity College for Women, Namakkal on 28.07.2023. The aim of this celebration was to enhance the awareness of safeguarding the natural resources that the Earth is bestowed with. Mrs. D. Prabha, Assistant Professor of Computer Science, Trinity College for Women, Namakkal spoke on the topic of "Conserve the paper - save the plants". She said trees were an important component of the environmental system and tree planting is needed for safeguarding the environment. This event was organized by the Youth Red Cross of the College. More than 100 students took part.

### World Day against Trafficking - 30th July 2023

For world day against trafficking, the Youth Red Cross of Trinity College for Women, Namakkal conducted a programme on 30.07.2023. Ms. K.P. Theepika, Assistant Professor in Costume Design

and Fashion, Trinity College for Women, Namakkal delivered on the topic of “Human Trafficking in India - An Analysis”.

Almost every country in the world is affected by trafficking. Approximately 6 to 8 lakh women and children are trafficked each year worldwide. Women and children are broadly trafficked for begging, organ trade, drug smuggling, domestic work, sex tourism, bonded labour, agricultural labour, construction work, carpet industry, forced prostitution, pornography and also beer bars, camel jockeys and circus troops. In accordance with the National Crime Record Bureau, nearly 8000 children were trafficked for the years of 2018, 2019 and 2020. Nearly 100 students participated in that awareness programme.