

Students of Nutrition and Dietetics participate in the national-level conference.

The Department of Nutrition and Dietetics, Namakkal Kavignar Ramalingam Government Arts College for Women, Namakkal conducted a national-level conference titled “Managing stress through Nutrition: A Holistic Approach” on 21st February 2025 on the College campus.

Dr. M.Govindarasu, Principal of the College, presided over the programme.

Dr. R. Sujatha, Associate Professor and Head, Department of Nutrition and Dietetics was the convener of the programme.

Dr. Kayalvizhi Balamurugan, AP of Home Science (FSMD), Kanchi Mamunivar Government Institute for Post Graduate Studies and Research (Autonomous), Pondicherry University, Puducherry, was the chief guest. She delivered the topic titled “Mental Health and Stress Management: Relax, Rejuvenate & Revitalize” and Dr. C. Pandiyan, Professor, Department of Livestock Products and Technology (Dairy Science), Tamil Nadu Veterinary College and Research Institute (TANUVAS), Namakkal, was the special invitee. He spoke on the topic titled “Dairy Foods for Stress Relief: A Healthy Lifestyle”.

Dr. L. Santhadani, Ms. P. Sangavi, Dr. R. Gowri Manohari, Dr. R. Geetha, Dr. S. Deepa, Ms. S. Niranjana Devi and Ms. K. Manimalathi, Assistant Professors of Nutrition and Dietetics of the College also took part.

On behalf of Trinity College for Women, 35 students of Nutrition and Dietetics along with two faculty members (Ms. P. Sri Renugadevi, Assistant Professor & Ms. R. Srivarsini, Lab. Assistant of the Department of Nutrition and Dietetics also took part.

**The details of the students’ participants**

<b>S.No</b>	<b>Name</b>	<b>Class</b>	<b>Remarks</b>
1	Ms. BRINDHA.P	I B.Sc- N&D	Participation
2	Ms. DHARANI.A	I B.Sc- N&D	Participation

3	Ms. DHARANI.S.R	I B.Sc- N&D	Participation
4	Ms. DIVYA.M	I B.Sc- N&D	Participation
5	Ms. FAHIMITHA BANU.S	I B.Sc- N&D	Participation
6	Ms. HASIN MEHMUDA.A.N	I B.Sc- N&D	Poster Presentation
7	Ms. JEGATHAMBIGAI.K.S	I B.Sc- N&D	Participation
8	Ms. KAVIYA.S	I B.Sc- N&D	Poster Presentation
9	Ms. LIBIKA.S	I B.Sc- N&D	Participation
10	Ms. MAHALAKSHMI.S	I B.Sc- N&D	Participation
11	Ms. MANORANJANI.M	I B.Sc- N&D	Participation
12	Ms. NINDHU.A	I B.Sc- N&D	Participation
13	Ms. NIVITHA.R	I B.Sc- N&D	Participation
14	Ms. PREETHISHA.M	I B.Sc- N&D	Participation
15	Ms. RAKSHASRI.K.V	I B.Sc- N&D	Poster Presentation
16	Ms. SANTHIYA.T	I B.Sc- N&D	Participation
17	Ms. SHRE ISHWERYA LAKSHMI.K	I B.Sc- N&D	Participation
18	Ms. SRIMATHI.S	I B.Sc- N&D	Participation
19	Ms. SRISABITHA.G	I B.Sc- N&D	Participation
20	Ms. YUVARANI.G	I B.Sc- N&D	Participation
21	Ms. DHIVYA SRI.S	II B.Sc- N&D	Participation
22	Ms. KAVIYA.M	II B.Sc- N&D	Participation
23	Ms. MANJU.D	II B.Sc- N&D	Participation
24	Ms. RASEENA BE.M	II B.Sc- N&D	Participation
25	Ms. AADHISHWARI.A	III B.Sc- N&D	Participation

26	Ms. ABINAYA.S	III B.Sc- N&D	Participation
27	Ms. DEEPIKA.K	III B.Sc- N&D	Participation
28	Ms. GOBIKA.P	III B.Sc- N&D	Poster Presentation
29	Ms. ILAVARASI.S	III B.Sc- N&D	Participation
30	Ms. KIRUTHIKA.C	III B.Sc- N&D	Participation
31	Ms. NANDHINI.A	III B.Sc- N&D	Poster Presentation
32	Ms. Ms. SHOBICA.N	III B.Sc- N&D	Participation
33	Ms. SRINITHI.R	III B.Sc- N&D	Participation
34	Ms. THIRISA.R	III B.Sc- N&D	Participation
35	Ms. VEDHA.P	III B.Sc- N&D	Participation

On 24.02.2025, all the above said participants (both students and faculty) are greeted by Er. K. Nallusamy, Chairman, Mrs. Aruna Selvaraj, Executive Director, Dr. M.R. Lakshiminarayanan, Principal and Dr. Arasuparameswaran, Coordinator – Silver Jubilee Celebrations