

## Programme on “SSP”

The Department of Computer Science, Trinity College for Women, Namakkal conducted a programme on “Strengthening of Studier’s Perspicacity” in the title of “Join the Fun to Pick the One that Fits our Style” on 30<sup>th</sup> July 2025 in the Trinity Auditorium. The various events like, opposite action reflex game, blow and move challenge, reaction focus drill, lyric recall challenge, free bangle transmission, sequential step imitation relay, newspaper fold survival game, musical chair, etc.,

## **DETAILS OF GAMES LIST**

### **1. Opposite Action Reflex Game:**

A cognitive-motor training game where players perform the opposite of a given stimulus, enhancing response inhibition and executive functioning.

#### **Benefits:**

Improves cognitive flexibility, reaction time, and neural processing speed through controlled sensorimotor conflict resolution.

### **2. Blow & Move Challenge Game:**

A sensorimotor coordination task where players use controlled breath to move lightweight objects, engaging or facial and respiratory musculature.

#### **Benefits:**

Enhances pulmonary function, fine motor control, and breath regulation, supporting speech development and neuromuscular coordination.

### **3. Reaction Focus Drill Game:**

A neurocognitive training task involving rapid responses to visual or auditory stimuli, targeting attention and sensorimotor integration.

#### **Benefits:**

Boosts selective attention, processing speed, and visuomotor coordination by reinforcing stimulus discrimination and rapid decision-making.

#### **4. Lyric Recall Challenge Game:**

A memory retrieval task where participants recall and complete song lyrics, activating auditory-verbal and episodic memory pathways.

##### **Benefits:**

Enhances lexical retrieval, working memory, and temporal sequencing through engagement of language networks and associative recall mechanisms.

#### **5. Free Bangle Transmission Game:**

A cooperative fine motor activity where players pass bangles without using their hands, promoting body coordination and nonverbal communication.

##### **Benefits:**

Develops proprioceptive awareness, gross motor planning, and teamwork through multisensory integration and kinesthetic feedback.

#### **6. Sequential Step Imitation Relay Game:**

A motor-cognitive relay activity where participants observe and replicate a series of movements in precise order, emphasizing procedural memory.

##### **Benefits:**

Enhances sequential processing, motor planning, and imitation skills by reinforcing neural pathways for action execution and memory encoding.

#### **7. Newspaper Fold Survival Game:**

A spatial constraint challenge where players remain balanced on progressively folded newspaper sheets, emphasizing postural control and adaptability.

##### **Benefits:**

Improves dynamic balance, spatial awareness, and lower-limb stability through vestibular engagement and proprioceptive feedback.

#### **8. Musical Chair Game:**

A rhythmic movement and elimination game where participants walk in a circular path around chairs, responding to auditory cues for rapid seating.

**Benefits:**

Enhances auditory processing, reaction time, and motor coordination through timing regulation, spatial navigation, and competitive social interaction.

## STRENGTHENING OF STUDIER'S PERSPICACITY

### DETAILS OF THE PARTICIPANTS LIST

**GAME NAME: OPPOSITE ACTION REFLEX GAME**

S.NO	STUDENT NAME	CLASS
1	Ms. C.ABINAYA	I-CS-A
2	Ms. S.AFFRIN BANU	I-CS-A
3	Ms. D.ANISHA	I-CS-A
4	Ms. S.NITHIGASRINITHI	I-CS-B
5	Ms. M.PRADEEPA	I-CS-B
6	Ms. K.PRIYADHARSHINI	I-CS-B
7	Ms. V.ABI	I-BCA
8	Ms. S.AISHWARYA	I-BCA
9	Ms. A.ARCHANA	I-BCA
10	Ms. D.BHARATHI	I-AIDS
11	Ms. B.DEVADHARSHINI	I-AIDS
12	Ms. S.DHARANEE	I-AIDS

**GAME NAME: BLOW & MOVE CHALLENGE:**

S.NO	STUDENT NAME	CLASS
1	Ms. S.ANUSHIKA	I-CS-A
2	Ms. S.BAVADHARANI	I-CS-A
3	Ms. G.BRINDHASRI	I-CS-A
4	Ms. K.RANJANI	I-CS-B
5	Ms. S.RITHIKA	I-CS-B
6	Ms. P.RUBASRI	I-CS-B
7	Ms. M.BARAKATHA NISHA	I-BCA
8	Ms. V.DHARSINI	I-BCA
9	Ms. N.DHANUSIYA	I-BCA
10	Ms. C.DHARANI	I-AIDS
11	Ms. P.DHARSHINI	I-AIDS
12	Ms. P.DHIVYA	I-AIDS

**GAME NAME: REACTION FOCKS DRILL:**

S.NO	STUDENT NAME	CLASS
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1	Ms. K.DEEPIKA	I-CS-A
2	Ms. J.DHARANISHRI	I-CS-A
3	Ms. S.DHARSHINI	I-CS-A
4	Ms. A.SAFRINA BEGAM	I-CS-B
5	Ms. S.SANDHIYA	I-CS-B
6	Ms. M.SARUMATHI	I-CS-B
7	Ms. K.L.HARSHINI	I-BCA
8	Ms. A.JAMUNA	I-BCA
9	Ms. S.KAVIPRIYA	I-BCA
10	Ms. S.DHIVYADHARSHINI	I-AIDS
11	Ms. A.FATHIMA YOUSRA	I-AIDS
12	Ms. R.GOWSIKA	I-AIDS

**GAME NAME: LYRIC RECALL CHALLENGE:**

S.NO	STUDENT NAME	CLASS
1	Ms. V. DHARSHINI	I-CS-A
2	Ms. C.DIVISHA	I-CS-A
3	Ms. J.HARINI	I-CS-A
4	Ms. P.SAVITHA	I-CS-B
5	Ms. A.SHEEMATAJ	I-CS-B
6	Ms. A.SHALINI	I-CS-B
7	Ms. E.NISHA	I-BCA
8	Ms. S.PRATHEEKA	I-BCA
9	Ms. R.PRIYA	I-BCA
10	Ms. S.KANIKA	I-AIDS
11	Ms. N.MAHALAKSHMI	I-AIDS
12	Ms. N.MAHESWARI	I-AIDS
13	Ms. M.SUKITHA	I-AIDS

**GAME NAME: HANDS FREE BANGLE TRANSMISSION:**

S.NO	STUDENT NAME	CLASS
1	Ms. S.JANANI	I-CS-A
2	Ms. V.JANANI	I-CS-A
3	Ms. S.KAMALI	I-CS-A
4	Ms. P.SHALINI	I-CS-B
5	Ms. J.SIVASAKTHI	I-CS-B
6	Ms. S.SONIKUMARI	I-CS-B
7	Ms. M.SUKITHA	I-BCA
8	Ms. B.VEMBU	I-BCA
9	Ms. D.YURTHIKA	I-BCA
10	Ms. S.ZUVARIYA THASIN	I-AIDS
11	Ms. J.NAWFIYA	I-AIDS
12	M.RABIYA	I-AIDS
13	Ms. S.RANJINI	I-AIDS

**GAME NAME: SEQUENTIAL STEP IMITATION RELAY**

<b>S.NO</b>	<b>STUDENT NAME</b>	<b>CLASS</b>
1	Ms. M.KARUNYA	I-CS-A
2	Ms. M.KEERTHIKA	I-CS-A
3	Ms. J.A.KIRANISHA	I-CS-A
4	Ms. R.SONIYA	I-CS-B
5	Ms. S.B.SRIVARSHA	I-CS-B
6	Ms. M.SRIDHARSHINI	I-CS-B
7	Ms. B.RASIKA	I-BCA
8	Ms. S.SANJANA SRI	I-BCA
9	Ms. L.SHERIN	I-BCA
10	Ms. V.ABI	I-AIDS
11	Ms. S.AISHWARYA	I-AIDS
12	Ms. A.ARCHANA	I-AIDS

**GAME NAME: NEWSPAPER FOLD SURVIVAL GAME**

<b>S.NO</b>	<b>STUDENT NAME</b>	<b>CLASS</b>
1	Ms. S.LITHIKA	I-CS-A
2	Ms. S.LITHIKASRI	I-CS-A
3	Ms. R.LOGAVIYA	I-CS-A
4	Ms. T.SRILEKA	I-CS-B
5	Ms. V.SUBHIKSHA	I-CS-B
6	Ms. P.THARANI	I-CS-B
7	Ms. M.BARAKATH NISHA	I-BCA
8	Ms. V.DHARSHINI	I-BCA
9	Ms. N.DHANUSIYA	I-BCA
10	Ms. M.SHOBICA	I-AIDS
11	Ms. K.SRIMATHI	I-AIDS
12	Ms. E.SUTHESHNA	I-AIDS
13	Ms. K.VINITHA	I-AIDS

**GAME NAME: MUSICAL CHAIR**

<b>S.NO</b>	<b>STUDENT NAME</b>	<b>CLASS</b>
1	Ms. K.MADHUMITHA	I-CS-A
2	Ms. B.MEHARUNNISHA	I-CS-A
3	Ms. P.MENMEHAA	I-CS-A
4	Ms. S.MIRUTHULA SRI	I-CS-B
5	Ms. V.NANDHINI	I-CS-B
6	Ms. S.NESIKA	I-CS-B
7	Ms. V.DHARSHINI	I-BCA
8	Ms. N.DHANUSIYA	I-BCA
9	Ms. G.THILAGAVATHI	I-BCA
10	Ms. M.VAISHNAVI	I-AIDS
11	Ms. M.YOGASRI	I-AIDS

12	Ms. A.NOLOFAR BANU	I-AIDS
13	Ms. S.S.THATCHAYANI	I-AIDS

### WINNERS LIST

S.NO	GAME NAME	WINNERS NAME	CLASS
1	<b>OPPOSITE ACTION REFLEX GAME</b>	Ms. M.PRADEEPA	I-CS-B
2	<b>BLOW &amp; MOVE CHALLENGE</b>	Ms. S.RITHIKA	I-CS-B
3	<b>REACTION FOCKS DRILL</b>	Ms. A.SAFRINA BEGAM	I-CS-B
		Ms. S.SANDHIYA	I-CS-B
		Ms. M.SARUMATHI	I-CS-B
		Ms. K.DEEPIKA	I-CS-A
		Ms. J.DHARANISHRI	I-CS-A
		Ms. S.DHASHINI	I-CS-A
4	<b>LYRIC RECALL CHALLENGE</b>	Ms. V.DHARSHINI	I-CS-A
		Ms. R.PRIYA	I-BCA
		Ms. M.SUKITHA	I-AIDS
5	<b>HANDS FREE BANGLE TRANSMISSION</b>	Ms. S.RITHIKA	I-CS-A
		Ms. V.NANDHINI	I-CS-B
		Ms. J.SIVASAKTHI	I-CS-B
		Ms. P.SHALINI	I-CS-B
		Ms. S.ZUVARIYA THASIN	I-BCA
6	<b>SEQUENTIAL STEP IMITATION RELAY</b>	-----	
7	<b>NEWSPAPER FOLD SURVIVAL GAME</b>	Ms. T.SRILEKA	I-CS-B
8	<b>MUSICAL CHAIR</b>	Ms. V.DHARSHINI	I-BCA

Under the guidance of the faculty members of Computer Science, Dr. N. Elamathi, Dr. R. Navamani, Mrs. S. Bhuvaneswari, Dr. A. Vijayasarithi, Mrs. S. Priya, Mrs. K. Mekala, Mrs. M. Malathi, Mrs. A. Kavitha, Dr. K. Vijayakumari, Mrs. V. Abirami, Mrs. D. Prabha, Mrs. V. Gayathri, Mrs. M. Kiruthika, Mrs. P. Navajyothi and Ms. J. Dharshini, this programme was organized for students.